

VILLA VOICE
6800 Mayfield Road
Mayfield Hts., Ohio
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VILLA SERENA DINNER MENU

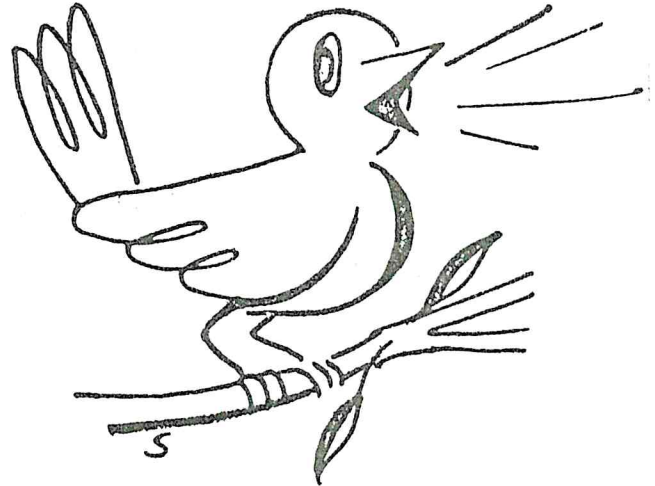
MONTH OF APRIL, 1996

WEDNESDAY, APRIL 10th

PASSOVER DINNER

Wine
Matzo Ball Soup
Chicken
Vegetable
Potato
Dessert

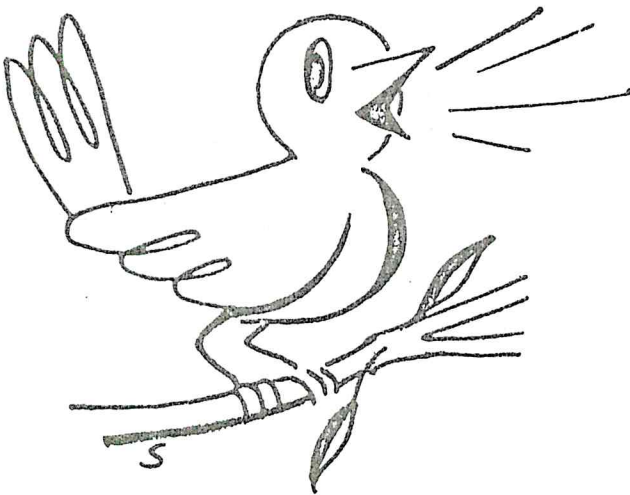
\$ 7.50 per



FRIDAY, APRIL 19, 1996

Choice of Baked Fish or
Brisket of Beef
Potato
Vegetable
Dessert

\$ 6.50 per



FRIDAY, APRIL 26, 1996

Choice of Baked Fish
or Breaded Pork Chop
Macaroni & Cheese
Vegetable
Dessert

\$ 6.00 per

BE A FRIEND

Be a friend. You don't need money;
Just a disposition sunny;
Just the wish to help another
Get along some way or other;
Just a kindly hand extended
Out to one who's unbefriended;
Just the will to give or lend,
This will make you someone's friend.

Be a friend. You don't need glory.
Friendship is a simple story,
Pass by trifling errors blindly,
Gaze on honest effort kindly,
Cheer the you who's bravely trying,
Pity him who's sadly sighing;
Just a little labor spend
On the duties of a friend.

Be a friend. The pay is bigger
(Though not written by a figure)
Than is earned by people clever
In what's merely self-endeavor.
You'll have friends instead of neighbors
For the profits of your labors;
You'll be richer in the end
Than a prince, if you're a friend.

Edgar Guest

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

ALL ACTIVITIES ARE CANCELED DURING HOLY WEEK

1	2	3	4	5
8 9:30-12:00 Ceramics 11:30-12:30 Dancing 6:30 Pinochle	9 1 - 2 Exercise 3:30 Rosary 7:00 Game night	10 9 - 1 Sewing 5:00 Dinner	11	12
15 9:30-12:00 Ceramics 11:30-12:30 Dancing 6:30 Pinochle	16 1 - 2 Exercise 3:30 Rosary 7:00 Game night	17 9 - 1 Sewing	18	19 5:00 Dinner 6:30 Program
22 9:30-12:00 Ceramics 11:30-12:30 Dancing 6:30 Pinochle	23 1 - 2 Exercise 3:30 Rosary 7:00 Game night	24 9 - 1 Sewing 7:00 Joe Frank	25	26 5:00 Dinner
29 9:30-12:00 Ceramics 11:30-12:30 Dancing 6:30 Pinochle	30 1 - 2 Exercise 3:30 Rosary 7:00 Game night	<p>COMING EVENTS</p> <p>Wed. 10th 5:00 Passover Dinner Fri. 19th 5:00 Dinner Fri. 26th 5:00 Dinner</p>		

V I L L A S E R E N A A C T I V I T I E S

A P P H I L 1 9 9 6

HOLIDAY MASHED POTATOES

12 medium potatoes
8 ounces cream cheese
1/4 stick butter or margarine
1/2 cup sour cream
1/2 cup milk
2 eggs slightly beaten
Salt and pepper
1/4 cup chopped onion

Mash potatoes and add cream cheese and butter. Beat together until melted. Mix in sour cream.

To the milk add eggs and onions and add to potato mixture. Add salt and pepper. Beat well until light and fluffy. Place in greased casserole and refrigerate several hours or over night.

Bake in pre-heated oven at 350 for 45 minutes until lightly browned on top. This makes 12 servings.

Ardell Gecsy

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ZUCCHINI BARS

3 cups thinly sliced zucchini
1 cup Bisquick
1/2 cup grated Parmesan cheese
1/2 cup finely chopped onion
2 tbsp. chopped parsley
1/2 tsp. seasoned salt
1/2 tsp. dried oregano leaves
Dash pepper
1 clove garlic, finely chopped
1/2 cup vegetable oil
4 eggs slightly beaten

Mix all ingredients and spread in a greased 9 X 12 baking pan. Bake at 350 for 30 minutes or until golden brown. Cut into 1 X 2 inch rectangles. Can be frozen.

Rose Vitale

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CORN MEAT MUSH (POLENTA)

Cook according to instructions on box. After it is cooked, place in 8 X 8 pan and chill until firm. For variety, slice, top with sausage and sauce and grated cheese. Fry in pan and cover with sour cream or syrup.

Rose Lowery

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WANT SOME WAYS TO CUT FAT?

Top such breakfast foods as pancakes and oatmeal with fresh fruit or applesauce instead of butter.

Spread non-fat cottage cheese or jelly instead of butter on toast or bagel.

Choose Canadian bacon instead of regular bacon.

Enjoy non-fat yogurt instead of regular yogurt sprinkled with crunchy cereal or chocolate syrup.

Make tuna salad with light mayo, non-fat yogurt or mustard instead of regular mayo.

Buy such cold cuts as turkey, chicken and lean roast beef instead of fattier bologna, salami and corned beef.

Buy fatty salad-bar extras such as sunflower seeds, chow mein noodles, bacon bits and croutons. Need extra crunch? Crumble melba toast and toss.

Saute foods in chicken or vegetable stock or tomato juice or wine instead of frying in oil or butter.

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EXERCISE CLASS

When we get very busy, or life gets too complicated, or we've gone through some tough times, we sometimes forget to keep our sense of humor. Research has found that a chuckle a day keeps the doctor away. Laughter increases disease fighting hormones and strengthens your immune system. It has been found to keep healthy people healthy and helps sick people recover much quicker. Humor has a healing power. Lots of smiles can cut stress hormones in half, can destroy viruses and tumor cells, and benefits the heart, lungs and muscles.

The key is to strive for a positive emotional state of mind. One thing that helps is to not take ourselves and others too seriously. We are funny people who do funny things every day. Do you know any good jokes? Spread them around. Do you ever watch Seinfeld? Do you hang around happy people? Especially try to appreciate the sense of humor of family members. I know my kids are hilarious. Most of the time they don't even know it. But they sure make me laugh.

Beth Parnin

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AN IDEA FROM "ONE DAY AT A TIME"

There are two days we should not worry about. One is yesterday because it is gone with its faults, pains, mistakes. We have no control over that day. We can't bring back a word or deed

One day at a time (Continued)

from yesterday.

The other day we should not worry and fret about is tomorrow. It has great expectations, maybe a lot of fear of the unknown. Tomorrow will come, cloudy or sunny. It will be here, maybe with promise.

The day we have is TODAY so lets make it a good one. We need not worry about yesterday or fear tomorrow. Just experience TODAY because that is what we have. No dread, no regret. MAKE IT A GOOD ONE.

Josephine Gentile

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MONDAY PINOCHLE WINNERS

<u>Feb. 26</u>		
Mary Blasko	559	\$2.50
Vic DiBartolo	556	2.00
Winnie Hellwig	549	1.50
Marcy Stianche	533	1.00
E. DeFlorentis	527	1.00
<u>March 4</u>		
Carl Schock	596	2.00
Marcy Stianche	536	1.75
Thelma Olsen	509	1.25
Agnes Puro	505	1.00
<u>March 11</u>		
Marcy Stianche	620	2.50
Eddie Mack	597	2.00
Vic DeBartolo	596	1.50
Ruby Jacobs	579	1.00
Jennie Cellura	569	1.00
<u>March 18</u>		
Mamie Damanti	529	2.50
Winnie Hellwig	529	1.75
Vic DeBartolo	529	1.75
Jennie Cellura	512	1.00
Marcy Stianche	506	.50
Carl Schock	506	.50

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A GREAT DAY FOR THE IRISH!!

What a perfect St. Patrick's Day it was at the Villa Serena on Friday, March 15th. The tables were all decorated in green. So many of our celebrants were all dressed in green making it a very pretty sight. Everyone enjoyed the delicious dinner of Corned Beef and Cabbage including that very favorite brew of "Budweiser Lite".

After dinner it was off to the Blue-Red Rooms where we were introduced to two new performers at the Villa Serena, Valerie Vacco and Anthony Rolando, with two perfect names for St. Patrick's Day.

They were absolutely wonderful. Anthony on both piano and accordion, (he is a two time national champion) and Valerie with her very bubbly personality singing those marvelous songs we all knew and loved. Everyone sang right along with both of these marvelously talented people. The entire evening was so enjoyable and uplifting. The standing ovation they received was very well deserved.

After the program ended, all we heard was "when will they be back again?". If you were not with us, you missed a perfectly lovely evening. They are going to definitely become part of our regular Villa Serena family and we can assure you they will be back very soon.

Our thanks to all who participated and helped to make this a super St. Patrick's day at the Villa Serena!!!!

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A SPECIAL REMEMBRANCE

Within the past few weeks, America paid tribute and honored those astronauts who lost their lives five years ago in space.

One of those astronauts was Dr. Judith Resnick. This great tragedy had a very close connection with the Villa Serena in that Sarah Belfer one of our very lovely members was the mother of Judith Resnick.

Each year on the anniversary of this great loss, Sarah Belfer remembers her daughter and her achievements by making a very special donation to the Villa Serena for the beautiful flowers we have at Easter time and during the summer.

We want to express our very sincere appreciation to Sara for her kindness to the Villa Serena in memory of her daughter.

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TUESDAY AND SATURDAY BINGO

Come on down. It is an hour and a half of fun whether you win or lose.

The pots are not too big but the price of the cards is just right. It's 50¢ a card and well worth it for the good time you'll have.

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IN SYMPATHY

We all offer our sympathy to our mailman Marvin Wax. His mother passed away recently. Mr. Chesler and Mary Calogero join us at this time.

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OUR PANCAKE BREAKFAST!!

GOSH OH GOLLY WHAT A DAY!!

It was our Pancake Breakfast of course. Who could ask for a more beautiful sunshiny day. To add to this we had an overflowing crowd of Pancake lovers some 200 of you who enjoyed what we "blatantly" say are the very best pancakes anywhere.

Where could you go to get juice, pancakes (soooo large) sausage, coffee for just a mere \$3.50 It was a bargain if there ever was one. The beauty of it all was the wonderful comradery that existed among the persons attending.

We want to thank our very hard-working men, Don Gisondo, Lou Tirabassi, Chuck Kozak, Fred Montello, Frank Gecsy, they are very special "fellas". BUT!! in defense of our "gals" they did have to come to their rescue and we sincerely want them to know that we so much appreciate them, Ardell Gecsy, Josie Gisondo, Carol Cordaro, Felicia Lanese. Also to the kitchen crew, Dorothy, Zadie and Mary Calogero. Zadie and Mary say they don't care if they never see another pancake for the next year. Over 1000 of them were made.

Everyone had aching backs, sore legs and arms and soooo!!! very tired, but it was well worth it.

Don't worry, we'll be back again soon for another go around after we get some well earned rest!!

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BIRTHDAY-ANNIVERSARY TIME!

We try our very best every month to not forget those of our many residents and members who have a birthday and anniversary celebrations during the month of April.

Come join us for dinner on FRIDAY, APRIL 19th and we will be happy to acknowledge the fact that you were born and that you were married. We promise not to ask for your birth certificates or your marriage certificates.

Please once again may we remind you that you must let the office know in advance so that you will be able to get your dinner discount.

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WEDNESDAY CARD PARTY WINNERS

March 13 winners were Jennie Cellura, Mary Blasko, Very Kozak, Winnie Hellwig, Carl Schock and E. DeFlorentis

Why not join the group for some fun?

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JOE FRANK NEWS REPORTER

As usual, on the last Wednesday of the month, Joe Frank comes to the Villa to report the latest news and comments. Very interesting. Why not join the group on Wednesday, April 24th, at 7:00 P.M.? We will be glad to see you.

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IT'S APRIL AND SHOWERS

Oh wonderful - - The end of winter, the promise of Spring. Can you believe that it is really here. Beautiful April with April Fool's Day (not as much fun as it was when we were young, though).

The Easter baskets, budding tulips and lilies. I was going to say new Easter Bonnets and dainty white gloves to wear, but I think I would be dating myself. No more Easter Bonnets no more white gloves and gone are the days of that beautiful Easter Corsage. Oh, well, it's still a lot of fun to remember them.

The income tax envelopes must be sealed and mailed off to their destination to you know where!!!

The first baseball will be thrown out and we'll have a big prayer that when the last one is thrown out this year our team will be "you know where".

Too much mud in some parts of the country, bursts of flowering bushes in others. Please don't complain about the rain "cause you know, April showers bring May flowers". It may sound corny, but its true. Dear Mother Nature is responsible for all this and sends the glorious sun shining through to brighten our lives and forget about the hectic winter we have just had.

Wind and rain, Easter and Pass-over, Spring vacations, everything starting to bloom. Enjoy this beautiful month of April.

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REMEMBER!!!!

It just occurred to me as I was writing this month's articles that it is also APRIL FOOL!!!

Do you remember the pranks we used to play on our friends and our teachers. When I think back about them now, I realize that some of them were not especially funny, but at that time they seemed very clever to us kids. Gosh, I'm happy that along the way I managed to get some sense - at least I hope so.

Do you remember calling the druggist and asking him if he had Prince Albert in the Can??? Those poor druggists probably could have happily hung us from the first tree.

Anyway, in spite of it, we did all look forward to April Fool Day. What fun the kids are missing out on today. It seems they don't seem to care about this anymore!

Anyway, Happy April Fool Day to all of you and please don't turn over any garbage cans, soap store fronts and don't call the druggist anymore, they won't even know what we are talking about!!!!

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LOSE ANOTHER HOUR

That time of year has come when we put the clock ahead and lose an hour out of our night's sleep.

On Saturday, April 6th, make sure you turn clock ahead before you go to sleep so you can awake on the same schedule of time the next morning.

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DON'T GET SHUT OUT!!!!!!

The Women's League dinner is approaching and we don't want you to miss out on this very lovely evening.

Tickets are going very fast (maybe they are already gone), but be sure to check with the office as soon as you can.

It is on WEDNESDAY, APRIL 24th at the Casa DiBorally \$18.00 per person.

Do remember that all proceeds from this dinner are for the benefit of the Villa Serena.

Transportation will be provided.

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PASSOVER DINNER

Our Passover Dinner has now become a yearly tradition at the Villa Serena. Everyone enjoys this no matter what your religious beliefs.

In observance of this holiday, we will serve a traditional Passover Dinner to be held on WEDNESDAY, APRIL 10th.

Come to dinner and enjoy that luscious Matzo Ball Soup. It will make you feel so good and prepare you for the very delicious chicken and goodies to follow.

Come and break "matzo" with us in celebration of Passover.

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FRIENDSHIP - HOW TO KEEP IT!!!!

When you are talking to a friend
Be sure there is no doubt
But that you know about what you are speaking,
And what it is all about!!!!

Be sure that what you are saying is all true,
Then you will always find
Your friendship will be treasured
And returned in kind.

So if you want to keep a friend
Beware of what you say.
And never talk about someone
In a mean and jealous way.

Don't tell a friend what you have heard.
Before you know it is a fact
That way you save yourself a lot of grief,
And your friendship will stay in tact.

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NOSTALGIA

What a wonderful and memorable evening we all enjoyed when Dan Buttolph brought his movies, voices and songs of all the favorite radio programs we all enjoyed when we did not have televisions to watch.

Seeing faces like Fibber McGee and Molly, Kate Smith, Lum and Abner, Fred Allen, Bergan and McCarthy, Jimmy Durante and so many more were just super. We all participated in answering the many questions he had about who were the names of so many of our favorites. If you did not come, you certainly missed a lovely hour of "nostalgia".

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BIRTHDAYS AND ANNIVERSARIES

APRIL 1996

APRIL

2	Fred Ohman	334
3	Rose Mencini	719
7	Carole Clay	333
8	Helen Balutis	606
10	Faye Kraus	315
14	Winifred Hellwig	528
	Jane Goggin	410
	Mary Levay	807
16	Theresa Hanacek	508
	Marge Trivisonno	229
18	Viola DelGreco	301
20	Benno Hentemann	318
24	Frank Cragle	625
	Helen Kohut	631
25	Max Keane	418
29	Mary Frances Dunlap	502
	Dominic Giammaria	822
30	Sophie Miller	227
	Louis Tirabassi	707

Happy Birthday

ANNIVERSARIES

14	Mr. & Mrs. Sam Zupnik
29	Mr. & Mrs. Don Gisondo 607

Happy Anniversary

APRIL

1	Stanley Rychlinski
4	Lillian Rubin
5	Alice Huston
7	Celia Teresi
8	Freida Lublime
	Paul Rosa
9	Mildred Adelstein
10	Helen Vargo
11	Helen Howald
12	Lucille Caplinsky
	Harriet Connelly
15	Mae Heiser
	Patrice Haggerty
16	Kathryn Bova
	Edna Graham
	Terri Feldman
	Clara Franklin
17	Jeannette Falzarano
19	Aileen Spencer
	Elsie Toth
	Carmen Giancola
20	Dorothy Conley
	Louise Santilli
	Kathleen Sullivan
	Emma Perz
	Lillian Tenenbaum
21	Lena Mastrangelo
	Edna Mehlek
	Frances DiSanto
22	Angela Martin
23	Ruth Decker
24	Stanley Linek
26	Phyllis Buchler
	Rose Cohen
27	Elizabeth Droscik
29	Marie Garbo
30	Rose Kaplan
	Flo Kresten

Happy Birthday

T H E V I L L A V O I C E

Volume XXIX

MARCH, 1996

Number 3

THE VILLA SERENA SENIOR
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DANCE!! DANCE!! DANCE!!

There is just no way we can ever do any scheduling without having a dance on our program. I do believe if we had a dance every single week our residents and our members would be the happiest people on earth.

Love of dancing, singing and music seem to be the very thing that we all enjoy so very much. It seems to be the one thing that succeeds in chasing away the "blues and the blahs" of life and lets the smiles and delightful feelings within ourselves come through.

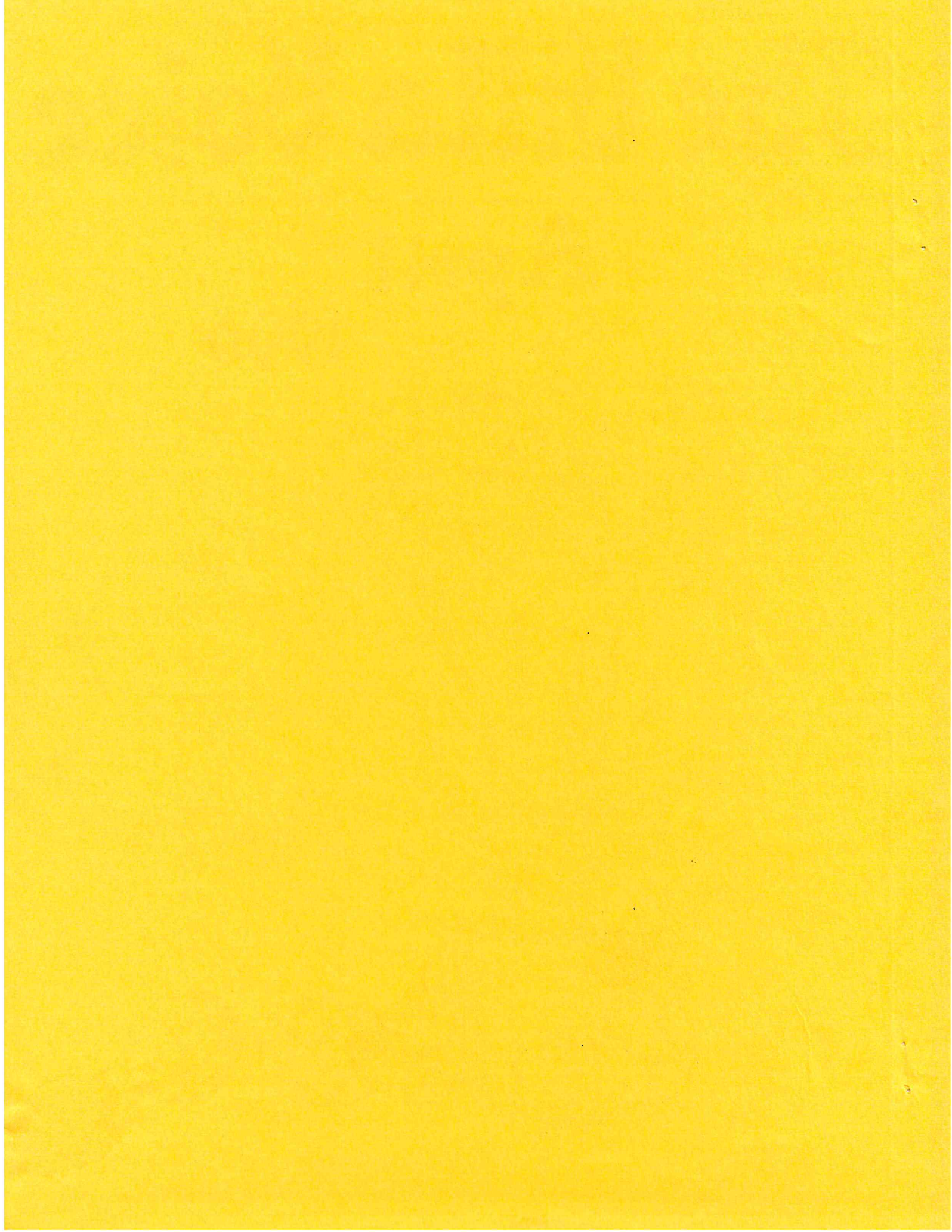
So, we give in!!!! It's going to be dance time at the Villa Serena on FRIDAY, APRIL 19th. It also seems that our favorite fella RICH D'AMATO has become so special to us that the voices are loud and clear that we must have him back. We all love his music, his songs and his wonderful personality.

As you can see, you are in for a truly great evening you just cannot miss.

The days are getting longer, Spring is in the air and at the Villa Serena music has become a very definite and entertaining part of our lives.

Join us after dinner when we adjourn to the Red-Blue Rooms to have the time of our lives!!!

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The Villa Voice

April

1996



Happy Easter