

Dinner at Villa Serena

April 20

Beef Brisket or Fish

Vegetable & potato

Beverage & Dessert

Beef \$8.00, Fish \$7.00



April 27

Pork Chop or Fish

Macaroni and Cheese

Vegetable

Beverage & Dessert

Pork \$8.00, Fish \$7.00

St. Francis Foundation

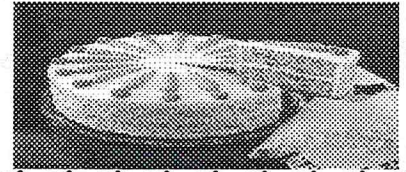
Villa Voice 6800 Mayfield Road
Mayfield Heights, Ohio 44124

Non-Profit Organization
U.S. Postage Paid
Cleveland, Ohio
Permit No.
175

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Ceramics 6:00 Cards	3 3:30 Rosary 7:00 Game Night	4 9:00 Sewing 1:00 Art Class 2:00 Exercise	5 10:00 Stay Well Nurse	6
9 9:30 Ceramics 6:00 Cards	10 3:30 Rosary 7:00 Game Night	11 9:00 Sewing 1:00 Art Class 2:00 Exercise	12 10:00 Stay Well Nurse	13 Good Friday Office Closed
16 9:30 Ceramics 6:00 Cards	17 3:30 Rosary 7:00 Game Night	18 9:00 Sewing 1:00 Art Class 2:00 Exercise 6:30 Program	19 10:00 Stay Well Nurse	20 2:00 Mass 5:00 Dinner 6:15 Program
23 9:30 Ceramics 6:00 Cards 7:00 Program	24 3:30 Rosary 7:00 Game Night	25 9:00 Sewing 1:00 Art Class 2:00 Exercise	26 10:00 Stay Well Nurse 12:30 Lunch 1:00 Bingo	27 5:00 Dinner 6:15 Program
30 9:30 Ceramics 6:00 Cards	April 1 – Daylight Savings Time Turn clocks 1 hr. forward		Sunday, April 8 Palm Sunday, Passover Begins	April 15 Easter Sunday

Birthdays and Anniversaries

April 2001



Birthdays

April	1	Frank Ferrara	#414
	2	Anne Keys	
	3	Mary Cordaro	#219
	4	Lil Stamm	
		Shari Talisman	#821
	5	Richard Schneider	#610
	7	Mary Benke	#433
		Carole Clay	#333
		Cecilia Teresi	
	8	Helen Balutis	#606
	9	Mildred Adelstein	
	10	Mary DiBartolomeo	#730
		Erma DiFranco	#205
		Faye Kraus	#315
		Helen Vargo	
	12	Lucille Caplinski	
	13	Mary Vecchio-Wahl	
	14	Jane Goggin	#410
		Winifred Hellwig	#811
		Mary Levay	
	15	May Heiser	

April

16	Clara Franklin	
	Theresa Hanacek	#508
	Margaret Trivisonno	#229
19	James Kenealy	#423
	Robert Ranft	#422
	Elsie Toth	
20	Dorothy Conley	#311
	Louise Santilli	
23	Rose Mary Corrao	
24	Frank Cragle	#625
26	Phyllis Buchler	
29	Dominic Giammara	#822
30	Flo Kresten	
	Sophie Miller	#227
	Mollie Parrino	
	Louis Tirabassi	#707

Anniversaries

April 11	M/M Louis Calabro
26	M/M John Piascik
30	M/M Anthony Ciofani

So You Think We've Had a Tough Winter? From the Plain Dealer, March 7, 2001: "West and southwest suburbs get brunt; East Side spared." As we experienced about an inch-and-a-half of snow, Summit and Portage counties had a foot dumped upon them and the eastern seaboard and New England had 2 feet and upward. Cleveland schools didn't even cancel classes, which meant a whole lot of disappointed kids. Feel a little better now?

Monday Night Pinochle

<u>February 12</u>		<u>February 26</u>		<u>March 12</u>	
Vera Kozak	569 2.00	Jack Wells	616 2.50	Agnes Puro	604 2.25
Marcie Stianche	557 1.75	Mamie Damanti	567 2.00	Helen Balutis	513 2.00
Mitzi Weber	552 1.25	Mitzi Weber	537 1.50	Howard Barnes	500 1.25
		Marcie Stianche	531 1.00	Jack Wells	487 1.00



Rhyming Replacements

Each pair of words will become a familiar couple when you replace each word with a word that rhymes with it. Thus, *Spies and Therefores* becomes *Whys and Wherefores*



1. Coarse and muggy
2. Worst and past
3. Tree and cheer
4. Charts and towers
5. Board and plaster
6. Dice and wheezy
7. Plume and sword
8. Squash and pare
9. Silk and money
10. Guise and haul
11. Hats and logs
12. Wren and stencil

Answers

Answers: 1. Horse and buggy, 2. First and last, 3. Free and clear, 4. Hearts and flowers, 5. Lord and master, 6. Nice and easy, 7. Room and board, 8. Wash and wear, 9. Milk and honey, 10. Rise and fall, 11. Cats and dogs, 12. Pen and pencil

Just For Laughs...

When I was a kid in the ghetto, a gang started going around harassing people, so some of the toughest kids formed a gang called The Sharks to stop them. The other gang was called The Jehovah's Witnesses. — *Charles Kosar*

Life being what it is, one dreams of revenge. — *Paul Gauguin*

Mahatma Gandhi was what wives wish their husbands were: thin, tan, and moral. — *Anon*

The only time a woman really succeeds in changing a man is when he's a baby. — *Natalie Wood*

Girls are always running through my mind. They don't dare walk. — *Andy Gibb*

Of all the wild beasts of land or sea, the wild-

est is woman. — *Menander*

Nothing is more intolerable than a wealthy woman. — *Juvenal*

A woman talks to one man, looks at a second, and thinks of a third. — *Bhartrihari (ca. 625)*

Women who seek to be equal with men lack ambition. — *Timothy Leary*

Women are like elephants to me. I like to look at them, but I wouldn't want to own one. —

W. C. Fields

Housework can kill you if done right. — *Erma Bombeck*

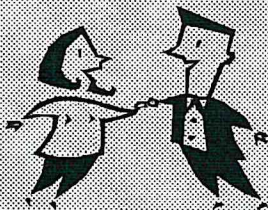
Can you imagine a world without men? No crime and lots of fat, happy women. — *Sylvia*

Veni, vidi, Visa (We came, we saw, we went shopping). — *Jan Barrett*

Meet The New Neighbors

By Lucy Morgan

Helen Eged, Suite 624, moved here on March 1. She was born in Plymouth, Pa., into a family with nine siblings. She spent many years teaching school in Ohio. Helen obtained information about Villa Serena through a publication called "Senior and Housing Source," and having done so is eligible for a nice gift certificate. That's a good thing to remember in case you have someone who might be interested in living here at V.S.



Helen lived previously at the Light of Hearts Villa in Bedford, where she also worked, prior to her retirement.

She says she has met many nice people since moving here, which makes her happy to be here. She enjoys reading, which consumes a good deal of her time, and walking and playing bingo. We're glad to have you, Helen!

Thanks, Lucy - Ed

More From the Hillcrest Senior Circle

The hospital cafeteria is now offering a daily dinner special Monday through Friday from 4 to 5:00 P.M. Sally has been posting the menus on her window for easy reference. The very reasonable price of just \$4.00 will get you an entrée, two side dishes, soup, roll, coffee or fountain drink, and dessert! *You must, however, show your Senior Circle Membership Card to receive this special price.*

Arthritis self-help class are offered on a periodic basis as a collaboration between the hospital and the Arthritis Foundation. *For dates, times, or more info, call Joyce Vazquez at 216-692-7456.*

Watch for upcoming health fair notices.

From Creamettes

Lasagna Rolls

A unique twist on lasagna, an Emilia-Romagna region classic dish.



- 9 Lasagna, cooked as directed
- 1 (15 oz.) container ricotta cheese
- 1 (10 oz.) package frozen chopped spinach, well drained
- 1 cup shredded mozzarella cheese
- ¼ cup grated Parmesan cheese
- 1 egg, slightly beaten
- 1 (26 oz.) jar tomato basil pasta sauce

Preheat oven to 350°. Combine ricotta, spinach, mozzarella, Parmesan, and egg. Spread about ½ cup of mixture on each lasagna noodle; roll up. Pour ½ cup pasta sauce into bottom of a 13 x 9 in. baking dish. Arrange lasagna rolls, seam side down, in dish. Top with remaining sauce. Cover with aluminum foil. Bake 35 minutes or until hot. Garnish as desired.

9 servings

Creamettes hopes you will use their brand of pastas, Sorrento cheeses and Classico Sauce. *Bon appetit!*

It Happened Saturday

The \$50 final fill-up Bingo was won by one of our residents!! She was one of the newcomers to the game, and the newcomers, of whom we have quite a few, have been very lucky. SO, come on down and see if you won't be the next \$50 winner. The rest of the games are almost as much fun and there is always room for one more player. We do have a good time, win or lose. It's only an hour and a half, and we're home before 9:00 P.M., with smiles on our faces after an evening with friends and neighbors. — *Carole Clay*

Pea Brush

I walked down alone Sunday after church
To the place where John has been cutting trees,
To see for myself about the birch
He said I could have to bush my peas.

The sun in the new-cut narrow gap
Was hot enough for the first of May,
And stifling hot with the odor of sap
From stumps still bleeding their life away.

The frogs that were peeping a thousand shrill
Wherever the ground was low and wet,
The minute they heard my step went still
To watch me and see what I came to get.

Birch boughs enough piled everywhere!—
All fresh and sound from the recent ax.
Time someone came with cart and pair
And got them off of the wild flowers' backs.

They might be good for garden things
To curl a little finger round,
The same as you seize cat's-cradle strings,
And lift themselves up off the ground.

Small good to anything growing wild,
They were crooking many a trillium
That had budded before the boughs were piled
And since it was coming up had to come.

— *Robert Frost*

Mayfield Hts. Seniors' Activities

Bus Trips and Excursions:

Thursday, April 5, 7:00 A.M. to 9:00 P.M.

Detroit MGM Casino Cost: \$22 per person, includes bus transportation and a \$15 buffet voucher. Registration forms available at City Hall; checks to Mayfield Heights Recreation.

May 1, Holmes County Amish

June 29, Cedar Point

July 11, White Water Rafting

AARP Provides Free Tax Counseling For Senior Residents

Beginning the first week in February, trained volunteers will be available to assist senior residents of Mayfield Heights with *simple* tax returns. Counseling will be offered on Thursdays, by appointment only, at DeJohn Community Center.

Call to schedule your appointment at 440-442-2626. Bring the following: IRS Tax Form Booklets, W-2 Wage Statements, your 1999 Tax Return, your Social Security Form 1099, and any Interest or Dividend Form 1099's you may

Cleveland Area Events of Interest April, 2001

- 4/1 Daylight Savings Time Begins
- 4/7 Family Concert, Cleveland Orchestra, "The Mozart Experience" at Severance Hall
- 4/7, 8 "Robinson Crusoe," Ohio Theater Discovery Theater
- 4/7 to 5/4, "Swing," Palace Theater

Who Likes Music? Well, I do, for one, and the type of music I like particularly (classical) can be found in abundance, usually free, and in live performance, at the Cleveland Institute of Music in University Circle, about 25 minutes down Mayfield Rd. Recitals, orchestral and chamber music, and vocal (including opera). Interested? Simply call 216-791-5000 for a schedule.

Hillcrest Hospital Senior Services

The Meridia Senior Circle of Care has a wide variety of services available to us by calling **440-449-4804**.

Healthcare Counselors to help you with your bills. This service is free and available to seniors. Call for appointment.

Senior Circle Supper Club. Third Tuesday of every month. Tuesday, April 17, at 3:30 PM (*new time*), hospital cafeteria, Roast Turkey Breast, Dressing w/Gravy, Glazed Carrots, and Pumpkin Pie, **Entertainment sponsored by Judson Retirement Community.** Cost, \$3.50. All meals include a salad, side dishes, beverage and dessert. Tickets at the hospital cashier, in the Hillcrest Atrium Lobby 9:00-3:30 weekdays.

Free Healthcare Lectures. Wednesday, April 11, at DeJohn Community Center, 6306 Marsol Rd., "*Before It's Too Late - Protecting Your Assets and Planning for Long Term Care,*" Rachel abb-Effron, Esq., Attorney at Law. Free refreshments at 9:30 AM, lecture from 10:00 to 11:00. Reservations required in advance. Please call **216-430-8432**.

Senior Fitness Programs. Classes are held at Our Savior Lutheran Church, 2154 SOM Center Rd., every Tuesday and Thursday from 9:30 to 10:30 A.M. Cost, \$2.00 per session. Call for information **440-449-4804**.

Matinee Movies. Tuesday, April 24, at 2:00 P.M., "Inherit the Wind" starring Jack Lemmon and George C. Scott, PG, 1 hr. 53 min., in the Hillcrest Hospital Ross Auditorium, (Lower Level). Movie, popcorn, and soft drinks are free. Reservations at **216-430-8432**.

Thanks to Karla Lindsey

From St. Francis of Assisi's Bulletin

We all have our own song to sing, and the notes we choose tell us who we really are. While some find energy in high-powered dissonance, others prefer melodies of peace and harmony.

Just as a reed needs someone's breath to have a musical life, so, too, I need God to breathe a melody of goodness through me as I go about my busy days. Too often when I am frantic and pressured, I slip into trying to do everything all by myself. I think I have to control all the pieces and messiness around me. Often, I miss the possibility of allowing God's goodness to sing through my being. Life becomes just another day to get through, rather than a melody of good to be sung and shared.

I become an instrument of God when I let go of my own need to have everything go well or to avoid failure or to please others. I become God's song when I open up and trust that God's energy moving through me will create goodness and harmony through who and how I am. There will be times of frustration and confusion. We will not always want to do the things we are called to do. But this dissatisfaction can be the means of carving an opening for God's breath to come through.

Church signs to make you chuckle... and think:

How will you spend eternity; smoking or non-smoking?

Do not wait for the hearse to take you to church.

Forbidden fruit creates many jams.

If you can't sleep, don't count sheep: talk to The Shepherd.

People, like tea bags, need to be in hot water to show their strength.

April showers bring the flowers, or so the famous song tells us. We embrace the longer and warmer days and begin to spend time outdoors. Gardeners are starting to prow1 about, dreaming of ripe tomatoes, onions and green beans.

Flowers appear and everything is brighter even on a rainy day.

Rain or shine, plenty of great activities are happening at the Villa Serena. On **Wednesday, April 18th at 6:30 PM** the law firm of **Phillips & Mille, Dennis Mille, Esq. and Gregory Costabile Esq.**, will present a free legal seminar covering Health Care Power of Attorney, estate planning, probate avoidance and new Ohio laws regarding estate tax. Mr. Mille is one of only eleven Certified Elder Law Attorneys in Ohio and time after the program is set aside to draft a Health Care Power of Attorney at no charge for anyone attending. This very informative program is not one to miss. On **April 20th**, be here for a fine dinner and dancing to the melodies of **Ralph Szubski**. He's called

"Accordion Man" but his tunes cover a very wide range of dance music from many nations. It's great to have him back so try to be there for this fun evening.

Make sure you don't miss **The Men of Chagrin on Monday April 23rd at 7 PM**. This popular men's chorus is comprised of 24 men singing a variety of music including classical and Rhythm and Blues, spiritual and non-sacred and older tunes. These men have quite a fine reputation in the Cleveland area and we're glad they're making their Villa debut. This is a special sound that will surely delight you.

Feeling lucky? **Brown Bag Bingo** is where you should be **Thursday April 26th**. Still waiting for that big winner – and it could be you!

The fine sound of The Euclid Senior Band, now called **The Silver Tones**, will return **April 27th** for a night of dancing following a wonderful Villa Serena dinner. This group of senior musicians has pleased our audiences many times and you will want come back and enjoy them again.

St. Francis Foundation and
Villa Serena
Senior Citizens
Center
5800
Mayfield Rd.
Mayfield Hts.,
Ohio 44124
440-449-3977
Cathy Jaspersen,
Administrator
Mike Ward, Editor
Genevieve Devney
Editor Emeritus
Staff
Josephine Andrews
Naomi Carle
Carole Clay
Bert Morhart
Lucy Morgan
Dorothy Pentava
Gene Zachary

