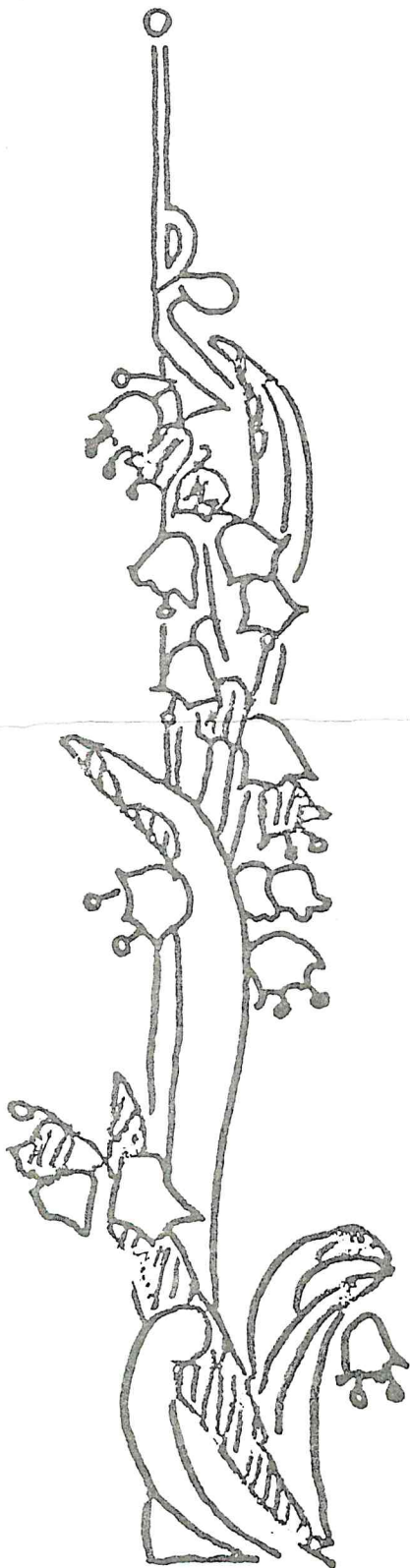


VILLA VOICE
6800 Mayfield Road
Mayfield Hts., Ohio
44124

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HOWARD CHESLER
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Cleveland, OH 44113



SUNDAY, FEBRUARY 5th

PANCAKE BREAKFAST

Juice
Pancakes
Sausage
Coffee & Tea

\$ 3.75 per person

(Purchase your tickets early)

FRIDAY, FEBRUARY 10th

Choice of Baked Fish
or Breaded Pork Chops
Macaroni & Cheese
Vegetable
Dessert

\$ 6.00 per person

TUESDAY, FEBRUARY 28th

MARDI GRAS DINNER

Appetizer
Choice of Barbecue Ribs
or Baked Chicken

and the rest, including
special dessert

\$ 7.50 per person

THE AUTO

An auto is a helpful thing;
I love the way the motor hums,
I love each cushion and each spring,
The way it goes, the way it comes;
It saves me many a dreary mile,
It brings me quickly to the smile
Of those at home, and every day
It adds unto my time for play.

It keeps me with my friends in touch;
No journey now appears too much
To make with meetings at the end:
It gives me time to be a friend.
It laughs at distance, and has power
To lengthen every fleeting hour.
It bears me into country new
That otherwise I'd never view.

It's swift and sturdy and it strives
To fill with happiness our lives'
When for the doctor we've a need
It brings him to our door with speed.
It saves us hours of anxious care
And heavy heartache and despair.
It has its faults, but still I sing:
The auto is a helpful thing.

E. Guest

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6 9:30-12:00 Ceramics 11:30-12:30 Line Dance 12:30 Bowling 6:30 Pinochle	7 9 - 1 Sewing 1 - 2 Exercise 3:30 Rosary	8 10-12 Boutique 1-3 Boutique	9	10 1 - 3 Bridge	
13 9:30-12:00 Ceramics 11:30-12:30 Line Dance 12:30 Bowling 6:30 Pinochle	14 9 - 1 Sewing 1 - 2 Exercise 3:30 Rosary	15 10-12 Boutique 1-3 Boutique	16	17 1 - 3 Bridge	
20 9:30-12:00 Ceramics 11:30-12:30 Line Dance 12:30 Bowling 6:30 Pinochle	21 9 - 1 Sewing 1 - 2 Exercise 3:30 Rosary	22 10-12 Boutique 1-3 Boutique 7:00 Joe Frank	23	24 1 - 3 Bridge	
27 9:30-12:00 Ceramics 11:30-12:30 Line Dance 12:30 Bowling 6:30 Pinochle	28 9 - 1 Sewing 1 - 2 Exercise 3:30 Rosary 5:00 Dinner 6:30 Program	<p><u>COMING EVENTS</u></p> <p>Sunday, 5th 10:00 - 1:00 Breakfast</p> <p>Friday, 10th 5:00 Dinner 6:30 Entertainment</p> <p>Tuesday, 28th 5:00 Dinner 6:30 Entertainment</p>			

V I L L A S E R E N A A C T I V I T I E S

LINE DANCING

Congratulations to all those who participated in the line dance program. It was a lot of fun and you all were awesome! It was so enjoyable for those present to watch you strut your stuff. I was so proud of you.

We are now ready to learn some new dances. There is no stopping us now.

Beth Parnin

* * * * *

BIG BINGO AND LUNCH

On Wednesday, January 18th, there was a large group who brown bagged it and then played bingo. A nice change of pace. Sorry to say no one won the big prize tho.

An enjoyable afternoon was had by all and we will definitely do it again some day. Watch for it.

Carole Clay

* * * * *

COMMUNION SERVICE

Communion service will be on Friday, February 3rd, at 3:00 P.M. in the Red Room. A representative from St. Francis Church presides. Please join us.

* * * * *

A POEM TO SHARE

Being a friend
is really an art
A wonderful talent
That comes from the heart!
It's knowing the kind thing
To do or to say,
Listening or talking
A problem away.
It's laughing and sharing
And being together,
In good times and bad times,
In all kinds of weather.
It's someone on whom
You can always depend
What a blessing it is
To Have such a friend!

(Author unknown)

Josephine Gentile

* * * * *

JOE FRANK

Joe Frank, our news reporter, commentator will be here again in February on the 22nd. If you have never heard him, please come on down and you will surely enjoy his talks. Remember the date and the time is 7:00.

* * * * *

INTERESTED IN PLAYING BRIDGE?

If you are interested in bridge, we want you to know that we have a fully accredited bridge teacher who will come to the Villa Serena for classes. Many of you may be interested so please sign up in the office now. That way we will know how many will be attending.

* * * * *

EXERCISE CLASS

Happy Ground Hog Day!! I was reading an article about the effects of music on exercise. I was so happy to find that one of the things that I love so much is so good for us. Music and exercise go together so well because of the rhythm of the music influences the rhythm of our bodies. I have often wondered if teenagers like the crazy rhythm of rock and roll because their hormone systems are at such an unrhythmical stage. I guess having six teenagers to raise makes me question everything.

But I do know that we exercise better to music than without. Music influences our respiratory rate, blood pressure, stomach contractions and the level of stress hormones in the blood. Music may get you in tune with your body, regulating your breathing and increasing your endurance. Did you ever feel that you could dance all night? Music will also help you exercise with more gusto because you try to keep up with the beat. Your body wants to move.

Music therapy is a relatively new area of research. The findings are only positive. Music also has a positive effect on the immune system. It helps control the stress hormones that take a toll on our wellness. Music has also been helpful in reducing chronic pain. I have personally found this to be true.

It is also important to share some of your favorite tunes

(Continued next column)

Exercise Class (Continued)

with the next generation. How else will they know what good music really is?

Beth Parnin

* * * * *

JANUARY BIRTHDAY DINNER

This was celebrated on January 13 by a large number of birthday and anniversary people.

After dinner our Villa Serena Line Dancers gave us a great show. I hope you didn't miss that one. Those young ladies danced for over a half hour to all the latest line dancing music. Their ability, stamina and showmanship was so entertaining. Beth Parnin, their very able leader, danced right along with them.

Keep it up ladies. You surely have learned your lessons and are doing a super job.

Carole Clay

* * * * *

WEDNESDAY CARD PARTY WINNERS

January 4th winners were Ed Vojta, Sophie Mazur, Jennie Cellura, Frances Mickovic, Ellen Guarnieri and Marcy Stianche.

January 14 winners were Thelma Olsen, Sophie Mazur, Evelyn DeFlorentis, Thelma Lilje, Ellen Guarnierie and Jane Schowinsky.

The dates for February will be the 1st and the 15th. See you then.

Len Shoemaker

* * * * *

WELCOME FEBRUARY

While it may be the shortest month of the year, it is full of so many lovely moments and memories, and also very special occasions.

The month starts off with that little sleepy eyed Ground Hog who will crawl out to greet us with his prediction of will we have six more weeks of winter or not. (Although who can complain, we have had some beautiful days in January).

Then we celebrate that wonderful day for lovers, Valentine's Day with flowers and hearts and cupids and darts-filling us with joy. Try spreading that joy around with a happy smile, a little kindness, a special thoughtfulness to someone, they may not be Valentines, but they are certainly real tokens of "love".

Hey, and lets not forget that little log cabin to remind us of the birth on February 12th of an unforgettable president, Abe Lincoln.

And while we are looking at cherry trees and hatchets, don't they just remind you of our very first president, George Washington, who was born on February 22nd and who never told a lie!! (I'll bet he did tell a few little white lies!!!)

And lets not forget our own Villa Serena's birthday. What a lovely month!!!!!!!

* * * * *

PINOCHLE WINNERS

Jan 2		
Jennie Cellura	593	\$2.50
Marcy Stianche	575	2.00
Frances Mickovic	574	1.50
Thelma Olsen	556	1.00
Carl Schock	540	.50
Howard Barnes	540	.50

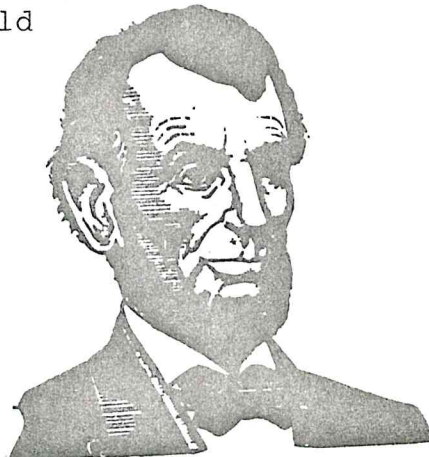
Jan. 9		
Marcy Stianche	583	2.00
Frances Mickovic	573	1.75
Bill Dilley	550	1.25
Carl Schock	550	1.25

* * * * *

BOCCI TIME IS COMING

Yes, spring will soon be here and that means bocci games will start. We now have the courts in the yard and the equipment is also available so why not take advantage of the situation. It is really a fun game. If you have never played bocci, now is the time to learn. Please contace Mary Calogaro now so we can make plans for the games.

* * * * *



VALENTINE PANCAKE BREAKFAST

We have tested the waters!! And the men of the Villa Serena say "sure we will be glad to serve as hosts of another special "Valentine Pancake Breakfast". So we are going ahead and planning one.

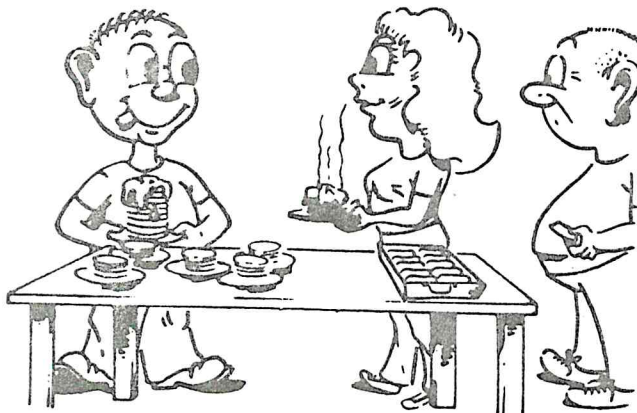
It will be held on SUNDAY, FEBRUARY 5th. Serving time will be from 10:00 A.M. to 1:00 P.M.

Please do invite your family and friends. They will love our pancakes and they will all love being served their breakfast by our "handsome" and "savve" men of the Villa Serena.

Cost is \$3.75 per person for Juice, Pancakes, Sausage, Coffee or Tea. You'll love it, we guarantee!!!!

Please make your reservations with the office as soon as possible.

* * * * *



A TRIBUTE TO THE VILLA VOICE

While this month we are busy remembering anniversaries that have become associated with the Villa Serena, we must not forget that February also marks TWENTY FIVE years - YES WE SAID TWENTY FIVE YEARS!!!!!!.

Who can ever forget the ones who were a part of this long history, Ethel Blakeney, Eileen Bentler, Mike Suvak, Vernon Morgan, Edith Madge and so many others who were part of the early days of the Villa Voice.

Lets not forget the true devotion of Gino Colage. He has been at his job each and every month for the past 18 years. What a tribute to him for his devotion.

And to those who are now working hard at putting the Villa Voice together every month. You see their names on the staff page of our paper. They are truly dedicated in seeing that the Villa Voice is delivered to you in a timely manner.

And lest we forget, we want to point out that in twenty-five years not one single issue of the Villa Voice has been missed. Every month, 12 months a year for twenty-five years!! That adds up to over 300 issues. what a record!!!!!!

Many thanks to our present staff who are keeping this record alive.

* * * * *

Happy Anniversary!

TWENTY- EIGHT YEARS AND HEADING FOR THIRTY

It seems as if we just celebrated our twenty-fifth anniversary and here we are now celebrating twenty-eight years and ever so close to the big "thirty year mark". What a record has been set by the Villa Serena. It started as an infant, the first born of senior housing programs back in the '60s when no one had even heard of senior citizens building. It was the foresight and dedication of our sponsors the St. Francis Foundation, at that time under the leadership of our dear friends, Frank Alesci and Frank Pitrone and the Order Italian Sons and Daughters of America under the great leadership of our beloved Michael "Mickey" Rini, together with Howard Chesler, who persevered against the greatest of odds and obstacles tossed in their way because people did not know what the Villa Serena was going to be or what it would do for the senior citizens. But they pressed on and did not give up in their pursuit of serving the senior citizens. They finally won their battle when the Villa Serena was opened in February, 1967 and to this day our dedicated sponsors have not forgotten the promises they made those many years ago. Their successors are still devoted to senior citizens.

We have progressed from those infant years and early days of learning and living and the word "LOVE" has always been our theme as we have said so many times during the past years. This will always continue to be our theme.

Now we have a world full of automation and so much technical progress and medical progress in all areas of our lives, but as we begin to look forward, remember a great proverb of old: "That to be happy a person must always remember the past with warmth, appreciate the present in its fullest and must develop hope for the future.

Let's not forget the early days. May we never lose the taste of success and may each one of us in our own way pray that the Father of all men will continue to watch over us and give us lengthy days and happy hearts of strength. You may not agree with us 100%, but we still feel that at the Villa Serena we have friendship, spirit, cooperation and YES, THE GREATEST HOME ON EARTH!!!!

May there be more "Happy Anniversaries for the Villa Serena" and all who live within and come through our doors.

MARDI GRAS IS HERE!!!!!

It has become traditional with us now for so many years that we celebrate the beginning of the Lenten Season with a super evening of dinner and dancing. So, prepare yourself for this special event by joining us on TUESDAY, FEBRUARY 28th.

Naturally, we will be serving everyone's favorite of our very own Barbecue Ribs and Chicken with all the usual trimmings right down to a very tempting and tasty luscious dessert

We implore you to get into the swing of the festive occasion when we stuff ourselves with food and have the greatest fun before we begin the traditional Lenten season. make it even more fun by wearing a Mardi Gras mask or costume. Put your imagination to work. It will be so much fun to see who can have the best of costumes or masks.

We will once again welcome back our very favorite dance combo of ED AND GILDA CIFANI. You certainly won't want to miss them.

This year, we are also once again going to crown a "King" and "Queen" of the Mardi Gras. Who knows - - maybe you might be the winner. So you won't want to miss this chance!!!

GET YOUR TICKETS EARLY!! As you know space is limited.

* * * * *

ANOTHER BIG BINGO

On SUNDAY, FEBRUARY 5th beginning at 1:30 P.M. we will have our "Big Bingo Bash".

So many of you have said that it is so nice to have an activity on Sunday to help pass the idle hours.

As you have noticed elsewhere in the Villa Voice we will also be having a Pancake Breakfast on the same day. So, if you are attending our Pancake Breakfast and attending the Bingo also, you will be given an extra Bingo card to help you win even more money.

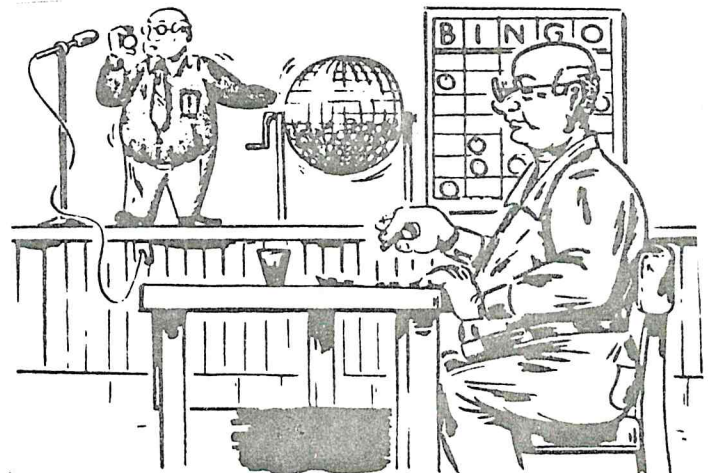
As usual cards will be 3 for \$5.00 and \$200.00 if you have a fill up in 57 numbers or less.

Do come and join us for Breakfast and Bingo.

Our Pancakes are fabulous; our Bingo is much fun. What much more can we ask. Just spending a lovely afternoon with friends.

Incidentally, bring along your family and friends. They are most welcome to come and enjoy the afternoon with you.

* * * * *



BIRTHDAYS AND ANNIVERSARIES

FEBRUARY 1995

FEBRUARY

3	Helen Fekete	722
5	Margaret Halkowitz	621
6	Rosemary Belz	806
	Agnes Cisek	805
	Vernita Coleman	711
7	Vera Kozak	416
	Ethel Zelna	732
10	Pauline Bradac	226
	Carmen Buzzelli	512
11	Mary Pilar	829
12	Ann Delisio	729
15	John Pazderak	503
17	Irene Beres	533
19	Mercedes Dirner	630
	Dominic Vaccariello	704
20	Albert McMunn	818
21	Liluccia Fedor	733
24	Carmella Belcon	232
25	Mary Jane McMunn	818
26	Christina Stech	525
	Mary Weir	313
28	Margaret Poe	306
	Basil Pinzone	814
	Eleanor Turocy	217

FEBRUARY

2	Beulah Fleishman
	George Haggerty
4	Josephine Taddeo
	Ann Rothenberg
5	Isabelle Byron
6	Emmeline Didlock
	Joseph Kovatch
	Ruth Widrich
10	Viola Orifici
11	Fifi Brescia
12	Margaret Kovach
	Harriet Summan
14	Helene Burt
16	Mildred Kossoff
17	George Zak
	Alma Mink
18	Ida Goldman
20	Estella Wierber
21	Virginia Barbarino
22	Ann Paradise
	Al Brauer
	Maria Siegel
23	Josephine Mecca
24	Frances Barskitis
26	Ruth Katz
27	Madelyn Arcuri
28	Josephne Carrao
	Dorothy Drembus
29	Vickie Collins
26	Lillian Freiberg

ANNIVERSARIES

12	Mr. & Mrs. James Cordaro	330
	Mr. & Mrs. Salvatore Cordaro	831
	Mr. & Mrs. Joseph Skarnus	
14	Mr. & Mrs. Frank Stianche	507
22	MR. & Mrs. Joseph Heiser	
23	Mr. & Mrs. William Hanson	

· HAPPY BIRTHDAY ·

· HAPPY ANNIVERSARY ·

THE VILLA VOICE

Volume XXVII

FEBRUARY, 1995

Number 2

THE VILLA SERENA SENIOR
CITIZENS CENTER
6800 Mayfield Road
Mayfield Hts., OH 44124
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Howard I. Chesler,
Administrator

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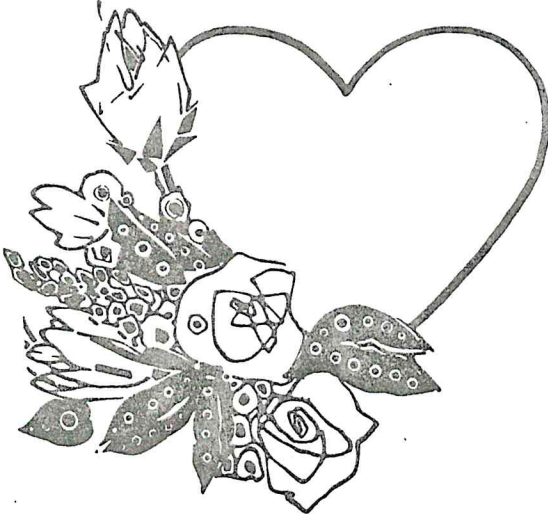
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Vormelker, Gene Zachary,
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Andrew Hromco, Carole clay.

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Printer: Gino Colage

Advisor: MarY L. Calogero

* * * * *

Happy
Valentine's Day!



BIRTHDAYS-ANNIVERSARIES

It is going to be another evening of celebrating the birthdays and anniversaries of our many wonderful residents and members who were born or married in this month representing "love" "love" and more "Love". What a great month to be born in and an even lovelier time to have been married.

Join us for dinner on FRIDAY FEBRUARY 10, 1995, We will again welcome back the lovely Lisa Schiff who with her beautiful and melodious voice who can sing songs as no one else can. She will sing some of your favorite love songs because this will be the "love in" celebration which will leave us all with the nicest feeling of warmth and joy in our hearts.

Please remember that in order to receive your discount if you are celebrating your birthday or anniversary with us, you must advise the office at the time you are purchasing your tickets so that we will be able to acknowledge your special day.

Come celebrate your special day with us, hear the songs of Lisa Schiff and we guarantee you will go home "humming a happy tune".

* * * * *

The Villa Voice

February
1995

