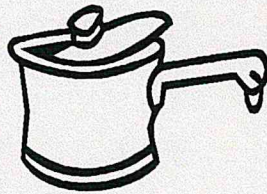


Midget Pot Roast

Taste of Home magazine, realizing that cooking for one or two can be difficult, offers some suggestions that we will visit from time to time. Try this one.

- 2 beef shanks (about 1½ lbs.)
- 3 tbsp. all-purpose flour *divided*
- 1½ cups cold water *divided*
- ½ cup beef broth
- 1 tbsp dry onion soup mix
- 1 garlic clove, minced
- 1 tsp Worcestershire sauce
- ¼ tsp dried thyme
- 1 large potato, peeled and diced
- 2 carrots, cut into 2 in. lengths
- 6 boiling onions
- Salt and pepper



Sprinkle meat with 1 tablespoon flour, place in a shallow baking dish. Mix 1 cup water, broth, soup mix, garlic, Worcestershire sauce and thyme. Pour over meat. Cover and bake at 325° for 1½ hours. Turn meat, add potato, carrots, and onions. Cover; return to oven for 30-45 minutes or until meat and vegetables are tender. Remove meat and vegetables and keep warm. To prepare gravy, skim fat from pan juices. Measure 1 cup of the juices and place in a small saucepan. Combine remaining flour and cold water; stir into juices. Cook and stir until thickened and bubbly; cook and stir 1 minute longer. Season with salt and pepper. Serve with meat and vegetables.

Yield: 2 servings.

From The Parish Newsletter, Dec. 27

Suggestions to improve your self-esteem:

Get rid of all memories that bring bad thoughts and bad relationships.

Think "I can do that," rather than, "That's impossible.

Get motivated. Find out what it is that makes life, work, and family exciting.

You know that you need to exercise your body. You also need to exercise your mind by thinking positive, rather than negative, thoughts.

Maintain a relationship with God. No person is too small for God's love. No problem is too big for God's power.

Communion Service is held every Sunday at 11:00 A.M. Join in this week.

The Griswolds enjoyed their usual disasters as *National Lampoon's Christmas Vacation*, with Chevy Chase, was shown in the Red Room on Sunday, December 20.

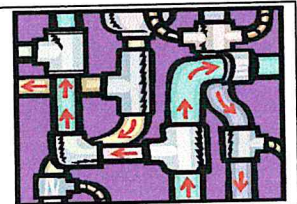
Wanted Badly Bingo callers. Anyone wishing to volunteer, please see Pauline.



*Happy Birthday,
Villa Serena
32 This Month*

A Housekeeping Tip

Pour a half cup of baking soda, followed by a half cup of vinegar, into each of your drains once a month. This will help prevent clogs and reduce any foul odors which otherwise might occur.



Elevator Work Completed

On January 15, the last work on the elevator system was completed, the latest in a long line of safety improvements here at Villa Serena. In response to the requirements of the Mayfield Heights fire department and the city's building code, automated devices were added which would give firemen total control of the elevator system in case of an emergency.

While this has involved a long process and a lot of long waits for elevators, we can now be confident of a state of the art system to assure our safety.

The elevator control devices, along with the in-suite fire alarms and the automatic fire



doors at the end of each hallway provide one of the best systems that is available at this time for apartment complexes such as ours.

In case of a fire (God forbid), the fire doors will close, and the elevators will return to the first floor. If the alarm is ringing, residents should not try to use the elevators, but should use the stairs to reach safety.

If you should set off your smoke detector by accident, try to get as much of the smoke out your windows as is possible to avoid causing a false alarm which would result in fire engines being sent here.

This process has been costly and lengthy, but greater safety is always a worthwhile goal.

AARP Warns Against Telephone Fraud

The January, 1999 *AARP Bulletin*, noting that seniors are the favorite target for swindlers who use the telephone, recommends the following guidelines for self-protection:

- Call the local organization for which funds are being solicited. Ask if they are sponsoring a fund-raising campaign.

- Ask for written information. Legitimate charities will give addresses, phone numbers, and information about how funds are used.

- Watch for familiar sounding names. Some phony groups use names that sound close to those of well known organizations.

- Refuse high pressure tactics. Legitimate charities won't demand cash immediately.

For further information or advice about an appeal for funds, call the National Fraud Information Center at (800) 876-7060.



Quotes For Life

Success: We cannot direct the wind, but we can adjust the sails.

Risk: You cannot discover new oceans unless you have the courage to lose sight of the shore.

Imagination: A mind stretched by new ideas can never regain its original dimensions.

Opportunity: You'll always miss 100% of the shots you don't take.

Effort: Life does not require us to be the biggest or the best, only that we try.

Teamwork: There is no exercise better for the heart than reaching out and lifting people up.

Excellence: Some succeed because they are destined to. Others succeed because they are determined to.

Attitude: If it is to be, it is up to me.

Teamwork: Teamwork is the fuel that allows common people to achieve uncommon results.

Courage: In the end the only people who fail are those who do not try.

Lent Begins Ash Wednesday, Feb. 17

Palm Sunday, March 28

Good Friday, April 2

Easter Sunday, April 4

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200

The first part of the document discusses the importance of maintaining accurate records of all transactions. It emphasizes that every entry should be clearly documented, including the date, amount, and purpose of the transaction. This ensures transparency and allows for easy reconciliation of accounts.

The second section focuses on the role of the auditor in verifying the accuracy of the financial statements. It highlights the need for a thorough review of all supporting documents and the importance of identifying any discrepancies or irregularities. The auditor's report provides a clear opinion on the reliability of the financial data.

The third part of the document addresses the challenges of managing complex financial systems. It suggests implementing robust internal controls and regular audits to minimize the risk of errors and fraud. Additionally, it stresses the importance of clear communication and collaboration between all stakeholders involved in the financial process.

Finally, the document concludes by reiterating the significance of accurate financial reporting for the overall success of the organization. It encourages a proactive approach to financial management, ensuring that all financial activities are properly recorded and reported.



The villa

Villa Serena

February, 1999

Voice

Volume XXXII
Number 2

February is Anniversary Month at Villa Serena. We are now 32 years young – and still look wonderful!

Is it a coincidence that the month we celebrate love we also celebrate the Villa's anniversary?

We look back over many years at the dedication of our sponsors, The St. Francis Foundation and Order of Italian Sons and Daughters of America and to Howard Chesler and Mary Calogero who gave much effort and love.

A measure of success of Villa Serena is the warmth and friendship of past and present residents and loyal members who participate in our wonderful activities. The Board and Staff continue to pledge love, dignity and respect to Senior Citizens. This is a very special place and there will be many happy anniversaries to come. There are plenty of other notable events in February such as Valentines Day, Presidents Day and "Day of the Furry Critter", the groundhog. Lenten season begins but not before two Villa traditions. Our **Pancake Breakfast** will

be on **February 7th** from 10 AM to 1 PM. Invite your friends and family but please call to let us know how many we can expect, though our tickets will be available at the door. **Fat Tuesday or Shrove Tuesday, February 16th** is the traditional **Mardi Gras** celebration so get out your "glad rags" and join us for Frank and Zadie's special chicken 'n rib dinner. **The Rico Trio** will again provide a high step-pin' good time.

On **Wednesday, February 24th**, the **Belvoir Singers** will entertain at 11:30 AM prior to another **Brown Bag Bingo**. These ladies have sung three-part harmony, Broadway tunes and oldies, for 40 years and we're delighted to have them back.

Our Birthday and Anniversary dinner will be **February 26th** when we welcome the **George Samson Trio**. George played with the old Sammy Watkins band and the Ohio Bell Chorus. It's nice to have him back.

Villa Serena Sold? See page 3.

Villa Serena
Senior Citizens
Center
6800
Mayfield Rd.
Mayfield Hts.,
Ohio 44124
440-449-3977
Cathy Jaspersen,
Administrator
Mike Ward
Editor
Genevieve
Devney
Editor Emeritus
Staff
Josephine
Andrews
Naomi Carle
Bertha
Morehart
Dorothy Penkava
Mary Weir
Gene Zachary

