

# villa serena

Still the most affordable option for...

A new adventure in active retirement living.

Efficiency suites \$241.00 to \$296.00

One bedroom suites (for two persons) \$353.00

Rent includes heat, electric, and water.

EQUAL HOUSING OPPORTUNITIES

*St. Francis Foundation*

**Villa Voice** 6800 Mayfield Road  
Mayfield Heights, Ohio 44124

Non-Profit Organization  
U.S. Postage Paid  
Cleveland, Ohio  
Permit No.  
175

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 Fourth of July Office Closed No Mail	5	6
9	10 3:30 Rosary 7:00 Game Night	11	12 10:00 Stay Well Nurse 6:30 Ice Cream Social 7:30 Music	13
16	17 3:30 Rosary 7:00 Game Night	18	19 10:00 Stay Well Nurse	20 2:00 Mass
23	24 3:30 Rosary 7:00 Game Night	25	26 10:00 Stay Well Nurse	27
30	31 3:30 Rosary 7:00 Game Night			

*From For John F. Kennedy*

God nodded His approval of as good.  
So much those heroes knew and understood —  
I mean the great four, Washington,  
John Adams, Jefferson, and Madison —  
So much they knew as consecrated seers  
They must have seen ahead what now appears:  
They would bring empires down around our ears  
And by the example of our Declaration  
Make everybody want to be a nation.  
And this is no aristocratic joke  
At the expense of negligible folk.  
We see how seriously the races swarm  
In their attempts at sovereignty and form.  
They are our wards we think to some extent  
For the time being and with their consent,  
To teach them how Democracy is meant.  
“New order of the ages” did we say?  
If it looks none too orderly today,  
‘Tis a confusion it was ours to start  
So in it have to take courageous part.  
No one of honest feeling would approve  
A ruler who pretended not to love  
A turbulence he had the better of.  
Everyone knows the glory of the twain  
Who gave America the aeroplane  
To ride the whirlwind and the hurricane.  
Some poor fool has been saying in his heart  
Glory is out of date in life and art.  
Our venture in revolution and outlawry  
Has justified itself in freedom’s glory.  
Come fresh from an election like the last,  
The greatest vote a people ever cast,  
So close yet sure to be abided by,  
It is no miracle our mood is high.

— *Robert Frost*

The Liberty Bell was rung to observe Independence Day from 1777 to 1846 with the exception of 1778, when the bell was removed and hidden from the British who occupied Philadelphia.

**Mayfield Hts. Seniors’ Activities**

**Bus Trips and Excursions:**

**July 11, White Water Rafting**

7:30 A.M. to 9:00 P.M. Charter bus leaves and returns to Mayfield High School main parking lot to Youghiogheny River, Ohiopyle, Pennsylvania.

Cost: \$59, includes transportation on deluxe charter bus with video movies for your pleasure, guided service, lunch on the river, helmets, life jackets, rafts, and paddles.

**To Register:** Contact City Hall before June 20, 440-442-2626, ext. 267

**Summer Concerts in the Park:**

Tuesday, July 17, Marsol Rd. Gazebo, The Tony Carmen Band, 7 to 9 P.M.

Tuesday, July 31, Oakville Park Pavilion, Oakville Rd., Tony Fortunato Band, 7 to 9 P.M.

“The Liberty Bell” was originally named the “Province Bell.” It got its name after the Declaration of Independence had its first reading in Philadelphia, the first U.S. capitol, in Independence Square.

**Cleveland Area Events of Interest  
July, 2001**

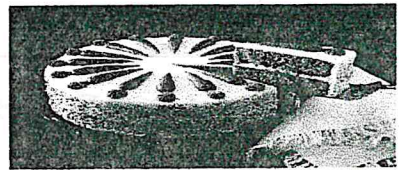
**Kidsfest;** Interactive family fun, Nautica Complex. Call 440-247-2722

**July 4, Festival of Freedom,** Annual Fourth of July celebration, Edgewater Park on the West Shoreway.

**July 5 through September 16, Unfolding Beauty, Japanese Screens,** Cleveland Museum of Art.

# Birthdays and Anniversaries

## July 2001



### Birthdays

July	1	Ika Berkov	#518
	2	Tatyana Khorishko	#207
		Paul Meade	
	3	Yolanda Meade	
	4	Josephine Marcelli	
	5	Rose Walsh	#419
	8	Adele Kirsch	#509
	9	Carmella Barber	
	11	Judith Cole	
		Marge Reynolds	#224
	12	Ruth Gore	
	13	Frank LaBono	#631
		Irene Santilli	
		John Siracusa	
	15	Anthony Cicarella	#616
		Philip Correnti	#325
		Helen Farone	
	16	John Hatras	
	17	Henry Brandon	#722
		Steven Polivchak	#612
		Theresa Santora	
	18	Sara Korot	
		Suzanne Marinch	
		Gertrude Pierce	
	19	Jean Antonacci	#617
		William Faragher	#834
		Marie Rautzen	
	20	Julia Abelowitz	
		Edith Fatica	

### July

20	Ann Liptak	
	Ann Sapir	
21	Marcella Stianche	#507
22	Ruth DeSantis	
	Cylvia Krupp	
	Cecilia Turk	#220
23	James Nokes	
	Tom Thomas	#801
25	Irvin Cobb	#322
	John Hruska	
	Mary Anne Rabek	
26	Eleanor Bader	
	Ava Berkov	#518
28	Helen Bandza	
	Idella Hoffer	
	Sr, Rose Mancini	
	Richard Rosich	
29	John Carozza	#222
	Lois Toth	

### Anniversaries

July	1	M/M John DeSantis
		M/M Paul Meade
	11	M/M Hy Kaplan #316
	15	M/M James Nokes
	18	M/M Tony Gentile
	26	M/M Louis Balasz #218
	30	M/M Dom Antonacci #617

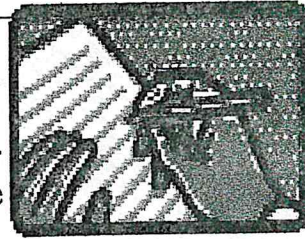
**Suggestions** for this page are always appreciated. Let me know what you would like. - Ed.

### Monday Night Pinochle

<u>May 21</u>		<u>June 4</u>		<u>June 11</u>		<u>June 18</u>	
Agnes Puro	575 200	Laila Nagy	568 2.00	Laila Nagy	598 2.00	Marey Stianche	584 2.50
Marcie Stianche	546 1.50	Jennie Cellura	549 1.75	Jack Wells	542 1.50	Vera Kozak	547 2.00
Vera Kozak	545 1.00	Mary Welker	529 1.25	Agnes Puro	528 1.00	Marie Kavalunas	528 1.50
Nancy Menage	533 1.00	Agnes Puro	525 1.00	Stella Benjamin	517 1.00	Agnes Puro	523 1.00

## Shuffle

Two six-letter words with their letters in the correct order are combined in each row of letters. To solve, separate them. Hint: the two words are related.



Example: SMYESTHTEOMD = SmSeSthTEoMd = SYSTEM, method

- |    |              |       |       |
|----|--------------|-------|-------|
| 1. | DSOOKEDTCLHE | _____ | _____ |
| 2. | TSHRTERIANDG | _____ | _____ |
| 3. | WBHLIEATECNH | _____ | _____ |
| 4. | STSEURCUDRYE | _____ | _____ |
| 5. | FROPRLAICNCE | _____ | _____ |
| 6. | TEKETAPTLOTE | _____ | _____ |
| 7. | TUHMUBUBUBLT | _____ | _____ |
| 8. | PEHUOMPALNSE | _____ | _____ |

Answers →

Answers:

1. Doodle, sketch 2. Thread, string 3. Bleach, whiten  
4. Sturdy, secure 5. Frolic, prance 6. Teapot, kettle  
7. Tumult, hubbub 8. People, humans

## Just For Laughs...

There is so little difference between husbands you might as well keep the first. — *Adela Rogers St. John*

Marriage is really tough because you have to deal with feelings and lawyers. — *Richard Pryor*

Marriage could catch on again because living together is not quite living and not quite together. Premarital sex slowly evolves into premarital sex. — *Gerald Nachman*

Where I come from, when a Catholic marries a Lutheran, it is considered the first step on the road to Minneapolis. — *Garrison Keillor*

I was married by a judge. I should have asked for a jury. — *George Burns*

I wouldn't trust my husband with a young

woman for five minutes, and he's been dead for 25 years. — *Brendan Behan's mother*

I am a marvelous housekeeper. Every time I leave a man, I keep his house. — *Zsa Zsa Gabor*

I am determined my children shall be brought up in their father's religion, if they can find out what it is. — *Charles Lamb*

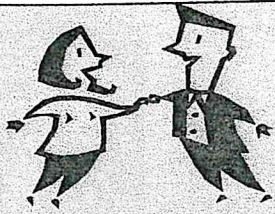
I could now afford all the things I didn't have as a kid, if I didn't have kids. — *Robert Orben*

My mother had a great deal of trouble with me, but I think she enjoyed it. — *Mark Twain*

I take my children everywhere, but they always seem to find their way back home. — *Robert Orben*

## Meet the Neighbors

by Lucy Morgan



That's Helen Stubnar in 204. She moved here in April of this year.

Helen was born in Cleveland and her family then moved to Lyndhurst, where she was educated at St. Gregory's and Brush H. S., where she later worked as a secretary.

She also worked for a doctor in downtown Cleveland, where she met her husband, a young man from Rocky River. After his 4 year stint in the army, they made their home in Westlake.

This union was blessed with seven children, five girls and two boys. One lives on Brainard Rd. and others live out of state. She is 23 times a grandmother and 7 times a great-grandmother.

Her hobbies are sewing and crocheting. She finds the people here at V.S. to be very friendly, and she is happy to be here.

Welcome Minnie Downey, who moved into 306 in May. She was born in Birmingham, Alabama, and moved to Cleveland as a teen, after her graduation from high school. She then worked for the Cleveland Board of Education, where she was a cashier for twenty years, and from which she is now retired.

Minnie has four children, three girls and one boy. One daughter is a lawyer living in Highland Heights, another is a computer analyst, and the third lives in New York. Her son lives in Maple Heights, and works at Lucent Technologies, as an electrical technician. They all graduated from Cleveland State University.

Minnie spent years singing in a gospel group at various churches and for many affairs around Cleveland. She now enjoys playing bingo here at our games, and looks forward to time that she spends with grandchildren.

From Creamettes

## Brunch Frittata

Frittata is the Italian word for omelet.



- 8 oz, angel hair, cooked as directed
- 4 eggs, slightly beaten
- ½ cup grated Parmesan cheese
- ¼ cup milk
- ½ tsp. Salt
- ⅛ tsp. Pepper
- ¾ cup shredded provolone cheese
- ½ cup *each* green bell pepper, chopped tomato, and sliced ripe olives
- 1 (26 oz.) jar pasta sauce

Preheat oven to 350°. Coat 9-inch pie plate with vegetable cooking spray. In medium bowl, combine eggs, Parmesan, milk, salt, and pepper; mix well. Stir in angel hair; evenly distribute in pie plate. Sprinkle with provolone, green pepper, tomato, and olives. Cover with aluminum foil. Bake 20 minutes. Uncover; bake 15 minutes longer. Heat pasta sauce. Serve frittata warm, topped with pasta sauce.

6 to 8 servings

Creamettes also suggests you use fettuccine, linguine, and rotini as alternate pastas for this menu, and hopes you will use their brand of pastas, Classico Fire-Roasted Tomato and Garlic Pasta Sauce, Sorrento Provolone Cheese, and Eggland eggs.

*Bon appetit!*

## Did You Know?

The first Independence Day was celebrated on July 4, 1777. Although the 4th has been accepted as the official birthday of the United States, the signing of the Declaration of Independence actually was in August!

## Hillcrest Hospital Senior Services

The Meridia Senior Circle of Care has a wide variety of services available, Call 440-449-4804.

• **Healthcare Counselors** to help you with your bills. This service is free and available to seniors. Call for appointment.

• **Senior Circle Supper Club.** Third Tuesday of every month. Tuesday, July 17, at 3:30 PM. Cost, \$3.50 All meals include a salad, side dishes, beverage and dessert. Tickets at the hospital cashier, in the Hillcrest Atrium Lobby 9:00-3:30 weekdays. Starting in July, these dinners will be held off site. July's will be at Homewood Residence in Richmond Heights. Ask for a transportation coupon when buying your ticket.

• **Free Healthcare Lectures.** Wednesday, July 11, at DeJohn Community Center, 6306 Marsol Rd., "Nutritional Changes As We Age," Felicia Vatakis, MS, RD, LD, Clinical Nutrition Manager, Hillcrest Hospital. Free refreshments at 9:30 AM, lecture from 10:00 to 11:00. Reservations required in advance. Please call 216-430-8432.

• **Senior Fitness Programs.** Classes are held at Our Savior Lutheran Church, 2154 SOM Center Rd., every Tuesday and Thursday from 9:30 to 10:30 A.M. Cost, \$2.00 per session. Call for information 440-449-4804.

• **Matinee Movies.** Tuesday, July 31, at 2:00 P.M., "Mighty Joe Young" starring Charlize Theron and Bill Paxton, PG, 1 hr. 54 min., in the Hillcrest Hospital Ross Auditorium, (Lower Level). Movie, popcorn, and soft drinks are free. Reservations at 216-430-8432.

• **Tai Chi for Health.** Call 440-449-6223 for reservations and details.

*Thanks to Karla Lindsey*

## *From St. Francis of Assisi's Bulletin*

Our trouble with prayer is that we are often self-conscious. Prayer leads us out of ourselves and into God. But it takes practice. If we are afraid to pray because we might get distracted and be unable to concentrate, we will never pray. We only learn to pray by praying. By practicing and preparing our minds to pray, we develop the skills that will allow us to lose ourselves in the music of God. We will then be graceful and fluid in our prayer because we are no longer self-conscious, but God-conscious. This is the only kind of prayer that can bring us healing.

*A kindergarten teacher asked her class, "What sound does a cow make? The class responded "Moo." She then asked them, "What sound does a cat make?" They replied, "Meow." Finally the teacher asked, "What sound does a mouse make?" One little boy quickly shouted, "It goes click!"*

Many consider Vatican II to be the most significant religious event since the Protestant Reformation with an immense effect on every facet of Catholic life. Certainly, it had a profound effect on the Catholic laity. The gifts of God's Spirit, suddenly released from this vast reservoir, changed the Catholic landscape in a startling way.

The Council saw the Church as a community intimately linked to all humankind, sharing its joys and sorrows, interested in everything of human value. Vatican II took us back to the earliest days of the Church, when Paul declared that every baptized person was gifted by the Spirit with the power to build up the Body of Christ. The Council fathers felt the same.

Summertime, and the living is easy! The warm weather, bright skies and colorful flowers always lift our spirits. These are often called the "dog days" of summer as the heat can send children skipping through the lawn sprinkler or into a wading pool while the adults sit in the shade with a cool drink and the dog "can't find enough places to lie down".

In past summers July was the time for picnics in the park or at the beach. Taking the kids to Euclid Beach Park for the rides and gooey food was a fun time for the whole family. Family reunions were often planned for summer when the children were out of school. It was a great time for them to spend with far flung cousins perhaps catching fireflies or waving sparklers. A trip to see local fireworks was a big event on the fourth of July.

This Independence Day, all of us need to pause and reflect on the many freedoms wrought for Americans by men named Jefferson, Adams, Franklin, Sherman, Livingston and many others. This document

contains only a few phases any of us remember but is a lengthy list of grievances against the British government. It is little wonder those early colonists rallied against their political bands to the British Empire. For over two hundred years, patriots have guarded, fought for and died protecting our equality and unalienable rights. When your heart soars to see the night sky filled with bursts of light and hear cracks and bangs of fireworks, remember it's Independence Day.

To celebrate at Villa Serena, join your friends and neighbors at our annual **Ice Cream Social on July 12th** at 6:30 P.M. Welcome back **The University Heights Concert Band** for a rousing performance of John Phillip Sousa and other merry tunes. We plan to be outdoors at 7:30 for music in the cool summer evening or in the Red Room if it rains. Don't miss an opportunity for old fashioned fun!

No other activities are planned for July or August as our hard working kitchen crew and loyal band of kitchen volunteers take a summer rest. See you in the fall!

St. Francis Foundation and  
Villa Serena  
Senior Citizens  
Center  
6800  
Mayfield Rd.  
Mayfield Hts., Ohio  
44124  
440-449-3977  
Cathy Jaspersen,  
Administrator  
Mike Ward, Editor  
Genevieve Devney  
Editor Emeritus  
Staff  
Josephine Andrews  
Naomi Carle  
Carole Clay  
Bert Morehart  
Lucy Morgan  
Dorothy Penkava  
Gene Zaehary



Fourth of July