

## Dinner at Villa Serena

June 11

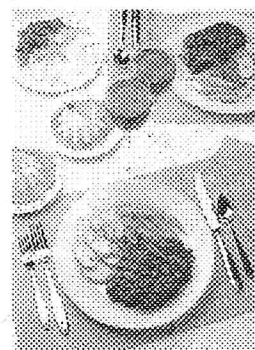
Swiss Steak or Fish

Potatoes

Vegetables

Dessert

Swiss Steak \$8.00, Fish \$7.00



June 25

Ribs or Chicken

Sweet Potatoes & Cole Slaw

Dessert

Dinner – \$8.50

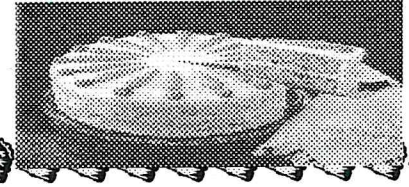
*St. Francis Foundation*

**Villa Voice** 6800 Mayfield Road  
Mayfield Heights, Ohio 44124

Non-Profit Organization  
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Cleveland, Ohio  
Permit No.  
175

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>1</b> 3:30 Rosary 7:00 Game Night	<b>2</b> 7:00 Cards	<b>3</b> 10:00 Stay Well Nurse	<b>4</b>
<b>7</b> 6:00 Cards	<b>8</b> 3:30 Rosary 7:00 Game Night	<b>9</b> 7:00 Cards	<b>10</b> Last Day of School 10:00 Stay Well Nurse	<b>11</b> 5:00 Dinner 6:30 Program
<b>14</b> Flag Day 6:00 Cards	<b>15</b> 3:30 Rosary 7:00 Game Night	<b>16</b> 7:00 Cards 7:00 Italian Chorus	<b>17</b> 10:00 Stay Well Nurse	<b>18</b> 2:00 Mass
<b>21</b> Summer Starts 6:00 Cards	<b>22</b> 3:30 Rosary 7:00 Game Night	<b>23</b> 7:00 Cards	<b>24</b> 10:00 Stay Well Nurse 12:00 Lunch 1:00 Brown Bag Bingo	<b>25</b> 5:00 Dinner 6:30 Program
<b>28</b>	<b>29</b>	<b>30</b>	<b>July 1</b> 7:00 University Heights Band and Ice Cream Social	<b>Sunday, June 20</b> <b>Father's Day</b>

# Birthdays and Anniversaries June 1999



## Birthdays

June

1	Lee Gorgone	
2	Carol De Florentis	
	Anthony Roberts	
3	William Hanson	
	Irene Parker	
5	Marjorie Hardman	
	Michael Pipoly	
	Rose Vitale	#620
6	Mae Clarke	
	Ann Wallace	
7	Joseph Nocifora	
11	Sylvia Fishman	
	Mary Weber	#806
12	Theresa Piancentini	
13	Eleanor Havel	
	Florence Malkes	
14	Carmella Connally	
	Joseph Damanti	#516
15	Jerry Cellura	#317
	Jean Munich	
	Mary Visdos	#233
16	Ross Federico	
	Herman Lewis	#221
	Marie Nau	#408
17	Jennie Ciofani	
	Anthony Filly	#615

June	18	Ann Janoco	#703
		Isaac Sandler	#807
	21	David Levin	#618
		Marie Potter	#331
	22	Betty Cobb	
	24	June Jones	
		Marie Witwer	
	25	Vito Spadafina	#503
	27	Almenia Cicirella	#616
		Herbert Wagner	#520
	28	Morris Gass	

## Anniversaries

June	11	M/M Joseph Kovach	
	13	M/M Joseph Damanti	#516
	16	M/M Stanley Linek	
	18	M/M Adam Falzarano	
	22	M/M Arthur Benes	
	24	M/M Anthony Roberts	
		M/M John Sangimino	
	25	M/M John Hatras	
		M/M Michael Turocy	#217
	26	M/M George Pokorny	

## Reminders

**Residents:** Be sure the office has your current phone and license plate numbers

**Members:** Don't let your card expire. Keep your membership fee current.

## Answers

1. dRUGstore
2. eleVATor
3. fACTory
4. lieutenANT
5. thoROUGHfare
6. emERAlD
7. arcHITect
8. recTANGLE
9. alMANac
10. sCARf
11. cHALLenge
12. cLOthes
13. shakeSPEARE
14. stEELer
15. scOWL

## Monday Night Pinochle

April 26		May 3		May 10		May 17	
Howard Barnes	587 2.00	Howard Barnes	571 2.00	Anne Panichi	565 2.00	Mitzi Weber	564 2.00
Mitzi Weber	554 1.75	Anne Panichi	533 1.75	Thelma Olsen	549 1.75	Marcie Stianche	564 2.00
Frank Stianche	534 1.25	Thelma Lilje	512 1.25	Mamie Damanti	532 1.25	Agnes Puro	516 1.00
Anne Panichi	519 1.00	Joe Damanti	501 1.00	Gert Pierce	515 1.00	Helen Balutis	513 1.00

### ***This Month's Game – Word-Within-A-Word***

Find a short word contained within a longer one.

**Answers next page**

Example: A young lion...in skin diving gear Answer sCUBa

1. A carpet...in a pharmacy: \_\_\_\_\_
2. A dyer's tub...in a highrise transport: \_\_\_\_\_
3. A division of a play...in a manufacturing plant: \_\_\_\_\_
4. A tiny insect...in a military rank: \_\_\_\_\_
5. An area off the fairway...in a highway: \_\_\_\_\_
6. A period of time...in a green gem: \_\_\_\_\_
7. A popular song...in a building designer: \_\_\_\_\_
8. A sharp flavor...in a 4-sided figure: \_\_\_\_\_
9. A guy...in Poor Richard's publication: \_\_\_\_\_
10. An automobile...in a head covering: \_\_\_\_\_
11. A corridor...in a demanding task: \_\_\_\_\_
12. A parcel of land...in apparel: \_\_\_\_\_
13. A pointy weapon...in a famous playwright: \_\_\_\_\_
14. A snakelike fish...in a Pittsburgh football pro: \_\_\_\_\_
15. A bird of prey...in an angry frown: \_\_\_\_\_

### ***Just For Laughs...***

What dreadful hot weather! It keeps me in a continual state of inelegance. - *J. Austen*

I never lecture, not because I am shy or a bad speaker, but simply because I detest the sort of people who go to lectures and I don't want to meet them. - *H. L. Mencken*

Honest criticism is hard to take, particularly from a relative, a friend, an acquaintance, or a stranger. - *Franklin P. Jones*

Better that a girl has beauty than brains, because boys see better than they think. - *Anon*

I don't make jokes. I just watch the government and report the facts. - *Will Rogers*

Even in civilized man faint traces of monoga-

mous instinct can be perceived. - *B. Russell*

Music with dinner is an insult to both the cook and the violinist. - *G. K. Chesterton*

The place of the father in the modern suburban family is a very small one, particularly if he plays golf. - *Bertrand Russell*

I only like two kinds of men: domestic and foreign. - *Mae West*

If you aren't fired with enthusiasm, you will be fired with enthusiasm. - *Vince Lombardi*

The best cure for hypochondria is to forget about your body and get interested in someone else's. - *Goodman Ace*

First secure an independent income, then practice virtue. *Greek Epigram*

## *Villa Voice Staff, circa 1969*

Looking back at this publication for the month of June, 1969, in the first year of our existence, it was noted that the editorial staff at the time consisted of these residents. Test your memory and see if these ring a bell:

Emma Baker, Twyla Beveridge, Ethel Blakeney, Dorothy Braun, Elsie Brenneman, John Carlozzo, Mollie Cohen, Helga Engberg, Kathryn Ewing, Rudolf Freed, Helen Flynn, Celia Friedman, Bertha Hay, Gladys Hough, Gabriele Holiday, William Jaeger, Anna Lyons, Mary Miller, Edith Madge, Anna Puhala, Nanette Ross, Ruth Schwartz, Marie Shane, Ann Tielman, Arthur Wiedlund.

Any pleasant memories?

## ***Plain Potato Soup***

In June, 1975, Amelia Nagy submitted this recipe. It sounds so good, I thought I'd repeat it.



- 3 Potatoes
- 1 Tbsp. Butter
- 1 Tbsp. Flour
- 1 Small onion
- Dash paprika
- 1 Qt. Cold water
- Salt and white pepper
- 1 Stalk celery or celery salt
- Chopped parsley

Peel and cube the potatoes.

Melt the butter, add the flour. Blend well. Grate in the onion. Fry gently until yellow. Pour the cold water over it gradually. Mix well and bring to a boil. Add the potatoes, and celery, salt and pepper to taste. Boil gently for one hour.

Garnish with parsley. This soup is not supposed to be thick.

## **Food and Drug Interactions**

*A bulletin from the National Consumers League, in cooperation with the U.S. Food and Drug Administration, states that drugs "have powerful ingredients... and diet and lifestyle can sometimes have a significant impact on a drug's ability to work... This may make them less effective or may cause dangerous side effects or other problems. ... Make sure your doctor and pharmacist know about every drug you are taking, including nonprescription drugs and any dietary supplements such as vitamins, minerals, and herbals... remember that many drugs interact with other drugs and may cause serious medical conditions."*

This month, **arthritis and pain** will be the subject of discussion.

*Analgesics and Antipyretics*, such as Tylenol or Tempra, treat mild to moderate pain or fever.

### *Interactions:*

**Food.** For quickest relief, take on an empty stomach.

**Alcohol.** Avoid or limit the use, for risk of liver damage or stomach bleeding. If you consume three or more drinks per day, consult a physician or pharmacist before using.

*Nonsteroidal Anti-Inflammatory Drugs*. NSAIDs reduce pain, fever, and inflammation.

Examples include aspirin (Bayer, Ecotrin), ibuprofen (Motrin, Advil), naproxen (Anaprox, Aleve, Naprosyn), ketoprofen (Orudis), and nabumetone (Relafen).

### *Interactions:*

**Food.** Because these medicines can irritate the stomach, it is best to take them with food or milk.

**Alcohol.** Avoid or limit the use, for risk of liver damage or stomach bleeding. If you consume three or more drinks per day, consult a physician or pharmacist before using.

Buffered aspirin or enteric coated aspirin may be preferable to regular aspirin to decrease stomach bleeding.

*We'll finish this topic next month.*

## Hillcrest Hospital Offers Senior Services

The Meridia Senior Circle of Care has a wide variety of services available to us by calling 440-449-4804.

**Healthcare Counselors** to help you with your bills. This service is free and available to seniors. Call for appointment.

**Senior Circle Supper Club.** Tuesday, June 15, at 4:00 PM, hospital cafeteria, Chicken and Dumplings, door prizes, bingo, or entertainment. Cost, \$3.50. Tickets at the hospital cashier, 9:00-3:30 weekdays.

**Matinee Movies.** Friday, June 25, at 2:00 PM, "The Man In The Iron Mask," in the Ross Auditorium. Movies and popcorn are free, soft drinks are 25¢. Reservations at 216-430-4832.

**Free Healthcare Lecture.** Wednesday, June 9, at 10:00 AM, DeJohn Community Center, 6306 Marsol Rd., Meridia Sleep Disorder Center – *Sleep Disorders*. Refreshments at 9:30. Call 216-430-4832.

**Day Trips.** Wednesday, June 9, Akron, the *American Jubilee Extravaganza*, at the Carousel Dinner Theater. Leave at 9:00 AM, return at 6:30 PM. Side trip to the West End Market. Monday, June 21, Cruise on the Nautica Queen and visit the Steamship William Mather Museum. Leave at 8:00 AM and return at 3:30 PM.

For reservations, call 216-692-8820.

*Thanks to Karla Fish*

## Transportation Services Phone Numbers

Schnurmann-Luther Service Center

Noon time meals 440-461-3622

Hillcrest Hospital Transit 216-797-4014

RTA Paratransit Service 216-781-1110

## Volunteers – The Villa's Blessing

As staff, residents and members look forward to the prospects of summer vacations, we reflect on the many volunteers who, throughout the year, give of their time and energy to the many activities and projects for which The Villa is known. Outsiders constantly compliment Villa Serena on our landscaping, decorations, the workers at Bingo and our dinners and many other extras which other buildings do without. How very fortunate we are.

We will honor our volunteers at our June 25th dinner. The staff and Board appreciate each of you for all you do. Many, many thanks to:

Peg Ackerman	Fred Montello
Louis Allevato	Bert Morehart
Josephine Andrews	Eleanor Nagy
Naomi Carle	Marie Nau
Steve Ciomek	John Ondak
Carole Clay	Dorothy Penkava
Irvin Cobb	Steve Polivchak
Mary Cordaro	Jean Pollack
Clara Corea	Agnes Purro
Genevieve Devney	Frank & Marcie
Tony Filly	Stianche
Sam Fratantonio	Andy Sworan
Frank & Ardel Gecsy	Tom Thomas
Virginia Gervace	Peter Trolli
Josephine Gisondo	Frank Tomala
Tony Glem	Mitzi Weber
Helen Kohut	Mary Weir
Frank Manalo	Dorothy Wilson
Rose Miklos	John Wilson
Jenny Cellura	Gene Zachary

My apologies to anyone omitted and my thanks to all who gave in the past. We are a wonderful community because of all of **all** of you.

Cathy Jaspersen

## *Miriam Brubaker, Madge Sullivan Residents Since May 1*

Miriam Brubaker, after a life filled with travel and a wealth of experiences, has moved into #705. Miriam lived in Akron and Cleveland, where she began her family, and lived in Buffalo, N. Y., while her children were growing up. And grow they did! Seven children, 21 grandchildren, and two great-grandchildren to brighten her life.

She worked at various trades, driving a school bus for a time and, while living in Florida, working as an airplane mechanic. Not your typical female stereotype.

Miriam has her own personal computer and is using it for her personal pleasure and for writing letters to her large family. Her next project is to learn to use the Internet. Go girl!

Madge Sullivan, a twin with six sisters, grew up on Cleveland's East Side, in the E. 105th and Superior neighborhood, attending St. Thomas Aquinas and East High School. She married a lad she grew friendly with through the church youth activities. Her family includes 22 nieces and nephews.

While living in the city, she worked at a number of local firms, including Superior Die Cast and True Temper, where she was the accounting supervisor.

Madge loves to read (her only TV program is "Jeopardy") and her most recent book is John Le Carre's "Single and Single." Hope Madge knows about the wonderful library we have here at Villa Serena. Welcome, Madge.

### *From St. Francis of Assisi's Bulletin*

We're led to believe that older people are feeble, forgetful, and senile. So as we get older, we look for signs that we're falling apart. At age 20 misplacing a pair of glasses isn't evidence of mental deterioration. At age 80, it **still isn't.**

**Myth:** Mental ability declines with age.

**Reality:** People who continue to use their minds, to have absorbing interests, don't decline in intellectual ability unless they suffer from a condition such as Alzheimer's disease.

**Myth:** Memory grows poorer as we get older.

**Reality:** In their 70's, most people experience some drop in their ability to remember recent events. But other types of memory – for knowledge and facts and skills – are not affected by age. There is a difference between getting older and growing into old age.

*The Villa Voice* again, as usual, as always, is in need of any input anyone might care to contribute. All are welcome. –Ed

No price is set on the lavish summer,  
And June may be had by the poorest comer.  
And what is so rare as a day in June?

Then, if ever, come perfect days;  
Then Heaven tries the earth if it be in tune,  
And over it softly her warm ear lays:  
Whether we look or whether we listen,  
We hear life murmur, or see it glisten;  
Every clod feels a stir of might,

An instinct within it that reaches and towers  
And, groping blindly above it for light,  
Climbs to a soul in grass and flowers;  
The flush of life may well be seen

Thrilling back over hills and valleys;  
The cowslip startles in meadows green,  
The buttercup catches the sun in its chalice  
And there's never a leaf or a blade too mean

To be some happy creature's palace;  
The little bird sits at his door in the sun,  
Atilt like a blossom among the leaves,  
And lets his illumined being o'errun

With the deluge of summer it receives;  
His mate feels the eggs beneath her wings,  
And the heart in her dumb breast flutters and sings;  
He sings to the wide world, and she to her nest,  
In the nice ear of Nature, which song is the best?

*James Russell Lowell*

# The villa

Villa Serena

## Voice

June, 1999

Volume XXXII  
Number 6

**J**une is bustin' out all over-it's a month filled with happy times. Happy for graduates on their way to the future with studies behind them and for the happy bride and groom since June is still the month most couples choose to "get hitched". We celebrate Fathers Day this month with fond memories we have of our own fathers and now some of us have grandsons who are fathers. How did it happen so fast? June weather encourages outdoor exercise, gardening and bocci and sitting outside to visit with friends and neighbors. No one appreciates good weather like a Clevelander. June brings many Villa Serena activities to a slow pace but not before a fine month of festivities. Our Birthday and Anniversary dinner will be celebrated **Friday, June 11th**, with the return of our long-time favorite **Rich D'Amato** so plan for a fine summer night of a wonderful Villa dinner and fine dance tunes.

**Wednesday, June 16th at 7 PM** we welcome back **The Italian Choral Group**. These are men and

women of the Italian Sons and Daughters of America whose love of Italian songs and rhythms have kept them singing together with their own musical accompaniment for 18 years. They have played for Italian festivals, the Ohio State Fair and even The Palace. So, plan to be in the Red Room at The Villa for The Choral Group "curtain call". We'll have an afternoon of our fine, fun filled **Brown Bag Bingo Thursday, June 24th**. Bring a lunch at noon and enjoy coffee, dessert and bingo at 1 PM.

The season's finale' will be our **Pre-4th of July** dinner and dance on **Friday, June 25th** with the **Billy Kaye Duo**. Billy was a huge hit in January so don't miss this one. We're going to celebrate our Cleveland Indians at this event so be sure to wear any Indians attire-casual though it may be.

**The University Heights Concert Band** returns **Thursday, July 1st** at 7:30 but be here at 7 PM for our **Ice Cream Social**. There will be plenty of patriotic music to celebrate an early 4th of July. Don't miss these Villa Serena favorites!

St. Francis Foundation  
and  
Villa Serena  
Senior Citizens  
Center  
8800  
Mayfield Rd.  
Mayfield Hts., Ohio  
44124  
440-448-8977  
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FATHER'S DAY