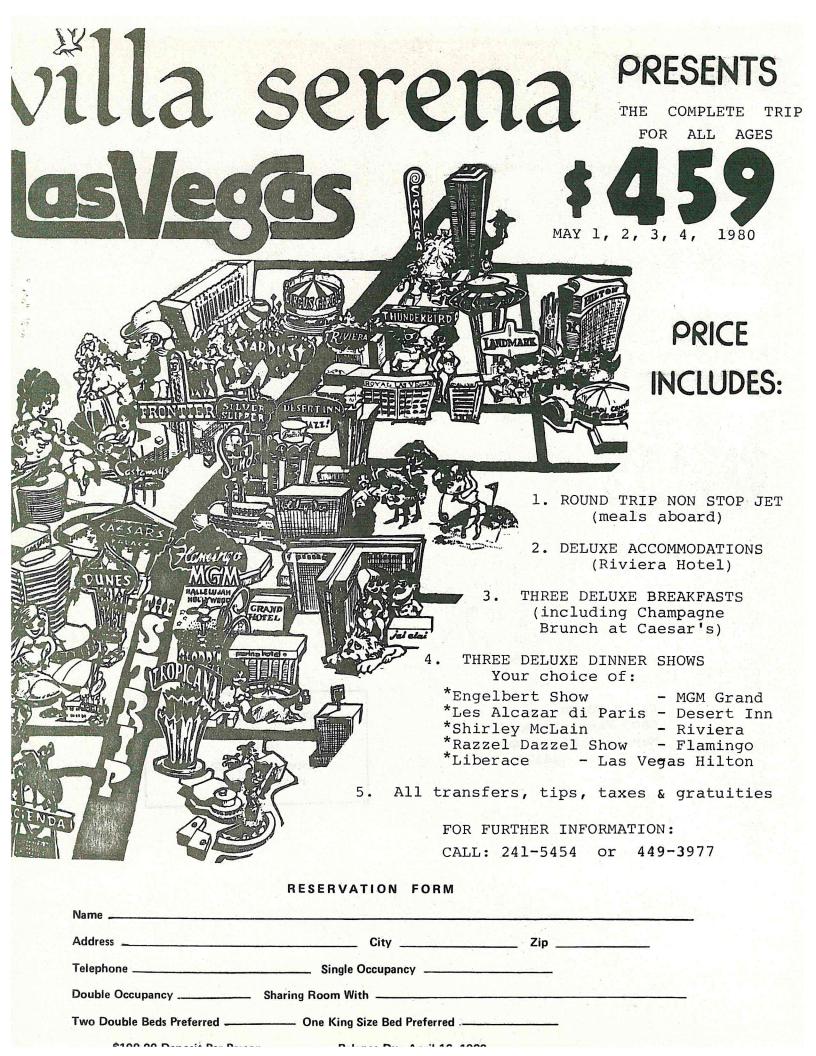
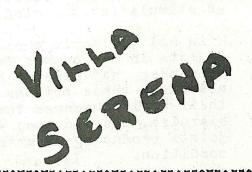
VILLA VOICE 6800 Mayfield Road Mayfield Hts., Ohio 44124

NON-PROFIT ORG. U.S. POSTAGE PAID Cleveland, Ohio Permit 175



## Food For Thought

The Greatest Sin	
The Best Day	Today
The Biggest Fool	
The Most Agreeable Companion	One who would not have you
Any	Different From What You Are
The Best Town	Where you succeed
The Great Bore One v	who will not come to the point
A Still Greater Bore One	who keeps on talking after he
	has made his point
The Greatest Deceiver	One who deceives himself
The Greatest Invention of the Devil	
The Greatest Secret of Production	
The Best Work	그리고 그 그 그 그 그 그 그 그 그 그 그 그 그 그 그 그 그 그
	B. C. M. 아이지, 1985년 1987년 1일 1일 1일 1일 1일 교육을 1일 N. 경기 (1985년 원리) 12 1
The Best Play	
The Greatest Comfort The	일반 :
The Greatest Mistake	your work well
The Greatest Mistake	Giving up
The Most Expensive Indulgence	
The Cheapest Stupidest and Easiest Th	1841 - BANGARAN BANG
The Greatest Troublemaker	
The Greatest Stumbling Block	
The Most Ridiculous Asset	<i>Pride</i>
The Worst Bankrupt The So	oul that has lost its enthusiasm
The Cleverest Man One who alwa	ys does what he thinks is right
The Most Dangerous Person	Liar
The Most Disagreeable Person	The Complainer
The Best Teacher One	who makes you want to learn
The Meanest Feeling of Which Any Hu	man Being Is Capable –
	eeling Bad at another's success
The Greatest Need	: - ( ) - (
The Greatest Puzzle	
The Greatest Mystery	
The Greatest Thought	
The Greatest Thing, Bar None, In All T	



AMERICA'S MOST DISTINGUISHED "SENIOR CITIZENS RESTAURANT"

6800 Mayfield Road Mayfield Heights, Ohio

## How to stay well ----

Continuing our monthly column this tome will concentrate on the second cause of an unhealthy body. Blood is the continuously flowing life force of our body, stopping it causes death. If its flow throughout the body would be impeded a pathological situation would ultimately develop. It is essential that we maintain this flow at its optimum capsacity. When we are at rest or sleep our flow(blood pressure) is reduced to allow the organs to also rest. While these organs are at rest metabolic action is continuing in order to expell the dead cells and toxic elements that are constantly being produced. These dead cells constitute a sort of toxic condition which if not excreted clog the channels of the blood and lymph system causing impediments. When we are active the dead cells are brought to the various excretory organs in our body. The need and purpose of exercise is to push these dead cells through their routes to be expelled in the quickest manner. We might compare it o to a cleansing effect similar to turning on the faucet to flush waste through the drains of your house. A rapid flow of water can discharge adhered particles in the pipes which have clogged them, preventing a build up, but if water is only a trickle waste will build up to impede the flow.

So it is in the blood stream. Particles of dead cells, fats, cholesterol and food chemicals do the same thing by impeding the flow of blood. It is necessary to flush this effluvia out of the body as soon as possible to prevent particle build-up, bacterial multiplication and decay which produces toxic poisons.

For the elderly the best form of exercise is walking. Walking should be done vigorously at a quick pace. When possible do a little jogging for a short distance then walk thru another short distance and repeat. If you have any kind of heart condition walking vigorously will

improve it. By gradually extending the distance you can walk without discomfort you will improve your circulation. Those with no heart impediment can practice walking rapidly up stairs For those needing a milder exercise use a stationary bicycle for a daily indulgence. Other forms of active exercises are roller skating, dancing, tennis, soft ball, badminton, table tennis, hiking, swimming track jogging and rowing. Don't bass up climbing hills.

One important thing to remember is that exercise improves both body and mind, keeps one youthful looking and prevents undesirable wrinkles. An uncomfortable body from overweight or pain quickly produces an irritable mind. To achieve proper functioing of the body one must eat raw nutritious food in the right combinations to prevent overweight and lassitude,

One of the best ways to control body weight, achieve more energy and keep a clear mind is thru the practise of Yoga exercises. Join a neighborhood class and you will be surprised how your digestion, blood pressure and weight and mind will gradually imopove.

When you are depressed, tense, bored, or have insomnia get out and take a walk vigorously. By moving the blood rapidly to the point of persperation it has a chance to expell toxic poisons and clearing the arteries as well as stimulating the mind.

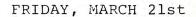
With all the toxic chemicals one injests in our common foods, it is no wonder that elderly peoplecannotiflush these poisons out of their bodies because they do not exercise. Instead they lodge in the joints producing an arthritic condition.

Lawrence Blazey

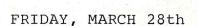
#### VILLA SERENA DINNER MENU

#### FRIDAY, MARCH 7th

Choice of Baked Fish or Baked Ham Sweet Potatoes Vegetable Dessert



Choice of Baked Fish or Short Ribs of Beef Buttered Noodles Vegetable Dessert



Choice of Baked Fish or Fresh Roast Pork Potatoes Vegetable Dessert



#### FRIDAY, MARCH 14th

SPECIAL AT. PATRICK'S DAY DINNER

Corned Beef and Cabbage and all the trimmings

"including the "brew"of the day"

#### TO OUR LOYAL DINNER SUPPORTERS:

Through this column, we wish to take this opportunity to thank all of you for the fine support you have given to us for our dinners. We pledge to continue our desire to bring you only the best and finest of foods it is possible to obtain at a price which all of our senior citizens will be able to afford. Should you have any suggestions as to what you especially like to eat, please let us know, we shall endeavor to prepare any type of foods you might like "a la Mary Hillen style" - you can't beat that!!!!!!!!

31 9:30-3:30 Ceramics 10-12 Red Cross	7:30 Pinochle	7.4 9:30-3:30 Ceramics 10-12 Red Cross 3:30 Rosary		17 9:30-3:30 Ceramics 10-12 RED Cross 3:30 Rosary	7:30 Pinochle	R:30 Ceramics Red Cross WW I Vets Rosary	3:30 Rosary 7:30 Pinochle	3:30 Ceramics 2 Red Cross
SPECIAL EVENTS:  Every Saturday at 8:00 P.M Game Night SUNDAY, MARCH 2nd - BIG BINGO - 2:00 P.M.  FRIDAY, MARCH 14th - ST. PATRICKS DINNER & BIRTHDAY-ANNIVERSARY PARTY AND ENTERTAINMENT	8:00 Game Night	25 9-1 Sewing Class	8:00 Game Night	18 9-1 Sewing Class	6:30 Mens Club 8:00 Game Night	Sewir	8:00 Game Night	4 9-1 Sewing
	8:00 Travelog	10-12 Boutique 1-3 Boutique 1-3 Painting 2-3 Dancercise	7:30 Card Party	19 10-12 Boutique 1-3 Boutique 1-3 Painting 2-3 Dancercise	7:30 CPR HEART LECT	2 Bout: Bout: Paint Dance	2-3 Dancercise 7:30 Card Party	2 Boutique Boutique Painting
	8:00 Game Night	10-12 Church Insp. 1-3 Knit. & Croch. 3:15 Prof. Kall 3-4 Needlepoint	8:00 Game Night	20 10-12 Church Insp. 1-3 Knit. & Croch. 3:15 Prof. Kall 3-4 Needlepoint	8:00 Game Night	13 10-12 Church Insp. 1-3 Knit. & Croch. 3:15 Prof. Kall 3-4 Needlepoint	3-4 Needlepoint 2:30 lst Thurs.Mass 7:00 Mens Pool Tourn. 8:00 Game Night	01 10
	5:00 DINNER	28 10-12 Inter. Bridge 1-3 Adv. Bridge	5:00 DINNER 7:00 MOVIE	21 10-12 Inter. Bridge 1-3 Adv. Bridge	5:00 ST. PATRICKS DAY DINNER, ETC.	10	1-3 Adv. Bridge 5:00 DINNER	10

7:30

Pinochle

3:30

Rosary

FRIDAY, MARCH 21st - MOVIE NIGHT

(Showboat)

#### UNCLE RUDY'S TRAVEL NEWS

#### HI FRIENDS!!!!!

Mary, SATURDAY, MARCH 8th on your calendars. We will be going to the Coliseum for the Ice Follies Show, Matinee Performance which starts at 11:00 A.M.

After the show, we will have dinner at the Brown Derby in Boston Heights. Bus leaves the Villa Serena at 9:45 A.M. Total cost of the show and dinner is \$16.50 per person.

Call 461-2457 for reservations.

Yours in friendship.

--Uncle Rudy--Rudolf Freed

\*\*\*\*\*\*\*\*

#### HOBBY SHOW REMINDER

The Mayfield Heights Commission on Aging is sponsoring a Hobby and Craft Show to be held on TUESDAY, MARCH 4, 1980, at the Mayfield Heights Community Center Building, Marsol Road, Mayfield Heights, Ohio.

Now is the time to get your very special hobby and craft projects ready to exhibit, sell or just demonstrate. Anything you have made and are proud of and want to show to your neighbors will be acceptable.

Call the Commission on Aging office if you desire to participate in this very worthwhile and fun day to show off your work.

\*\*\*\*\*\*\*\*

#### MARCH SHOPPING TRIPS

March 12 - Richmond Mall
March 18 - Euclid Mall
March 26 - Mentor Mall

#### VALENTINE-ANNIVERSARY GALA

With remembrances of 13 years at the Villa Serena, with red hearts, flowers and arrows for decorations, and with corks popping, we toasted the future years at the Villa, hoping for continued success and peaceful living.

The dinner, full of surprises as promised, was one of the most delicious and elegant ever offered at the Villa -- really super!!

Before the entertainment began, our little neighbors in the Kindergarten Class at St. Francis had a special treat for all present. A variety of Valentines made by these youngsters was a friendly gesture, and we do thank them and want them to know their efforts were very much appreciated.

Entertainment was furnished by vocalist, June Anthony and the Band consisting of Cass Telakua, Don Daly, Sammy Parr and Ed Liberatore, played and sang songs from long ago and modern love songs filled the air. The audience was encouraged to sing a long.

Also included in the evening's fun were the celebrants of February Birthdays and Anniversaries. Two "very young" golden age couples danced to the Anniversary Waltz and were very gratifying to watch.

Starting our 14th year, we hope for blessings and continuance of the Villa Serena spirit.

-- Irene McDonough --

\*\*\*\*\*\*\*\*

MORE POOL NEWS - - As we go to press we find we forgot to mention in the Pool News column that Joe Bentler had made a financial report of their financial status - CHEER UP, FELLAS!!! Mr. Bentler has not skipped town with your money - heard him say thou he's planning a trip to MEXICO real soon!! Is it one way?????????

WE TRIPPED THE LIGHT FANTASTIC

Did we ever!!!. "We could have danced all night" and that's just about what we did and as the song goes on to say "and still had asked for more" and that is just exactly what we did-asked for another evening as beautiful as the one we enjoyed on January 25th. Through the unusual talents of Mike Jacobs and his great band we danced to "Glenn Miller, Paul Whiteman, Tommy Dorsey" and all of the big name bands, even enjoyed the "old Euclid Beach" atmosphere, as beautiful colored spotlights replaced the usual lighting, so warm, so romantic and so nice. Didn't forget the Bunny Hop, the Charleston and ever so many other fun numbers. It was really tremendous and we hope that it won't be too long before that truly great "Mike and his group" will be back to "Light up our Lives", again.

--Eileen Bentler--

\*\*\*\*\*\*\*\*\*

#### BOWLING FUN

How many of you know that for a long time now, we have some pretty good bowlers in our midst and that every week they bowl in the name of the Villa Serena.

Well every Friday afternoon finds a number of our residents enjoying themselves bowling at Mayland Lanes. This year there are 85 members in the Friday League for Senior Citizens. Our bowlers are Eva Kleinhans (123) Amelia Nagy (124) John Nagy (138) John Ramunna (150) Palmina Ramunna (111) - all good averages. The fun they have far surpasses their averages. Two of our ladies, Doris Somnitz & Mary Thomas find Monday is better to bowl and they too are having a great time.

\*\*\*\*\*\*\*\*\*

#### DEVOTIONAL HOUR SCHEDULE

Rev. Ken Barhydt March 6 Highland Road Baptist

Rev. Frank Van Bergen March 13 -St. Clare Catholic

Rev. George Hickson March 20 -United Methodist

Rev. Graham Smith March 27 -Good Shephard Episcopal

We are so proud to have these services available at the Villa these many years and to have those loyal ones who attend every week and remember as you enter the doors each time, try to be quiet, be thoughtful, be reverent, breathe a little prayer for those who are worshipping with you, for those who minister, for those who are in need and finally for yourself.

When leaving wait until the speaker leaves the room and then how about extending a cordial word to your neighbor who might be a stranger and could become your best friend.

You will be surprised how much more friendly the services will become.

\*\*\*\*\*\*\*\*\*

#### POOL NEWS

Our fabulous pool players' dinner was a huge success. It was very well arranged and the good was very delicious.

Thanks to the men who arranged the tables and served the food. Chesler had a few words to say about the world situation and then presented the awards to the winners of the pool tournament.

In a special drawing, Anthony Puleio and Bill Pace won new cue sticks donated by the Villa Serena. thanks to the men for their cooperation.

--Lad Cimler-Joe Bentler--

\*\*\*\*\*\*\*\*\*

#### UP AND DOWN THE HALLWAYS

We hope to hear that our Villa friends will soon be well mough to come home from the hospital.

Our best wishes to: George Lash,

James Micale, Margaret Denne,

Zara Joseph, Joseph Slaminka,

John Pazderak, Rose Ardito, Angela

Kmet, Emily Lisy, Helen Sigman.

AS we go to press, we are glad to know that some of our friends listed above are already home and recuperating beautifully. We are glad to hear this.

Our best wishes also to <u>Joe</u> <u>Czernicki</u>, who broke his arm recently.

\*\*\*\*\*\*\*

Our sincere sympathy to the family of John Gallagher, who passed away this month. He was a fine resident and will be missed.

Our sympathy also to George
Lisy on the loss of his brother
and to Lenore Tarro on the loss
of her sister-in-law.

\*\*\*\*\*\*\*

THIS WAS OVERHEARD BY YOURS TRULY AFTER OUR VALENTINE PARTY OF LAST THURSDAY.

"Where else but at the "Villa Serena, can you come down on Thursday morning, for a beautiful church service, listen to a fine lecture by Prof. Kall, enjoy a fabulous dinner and be entertained with a marvelous program of songs and merriment with so many friends "all in one day and under the same roof"

WHAT A BEAUTIFUL THING TO SAY!!!
THANKS TO THE LOVELY LADY FOR THOSE
KIND WORDS.

\*\*\*\*\*\*\*\*\*

Some of our vacationers are Rosemary Belz who is visiting her daughter in Orwell - Allan Heckaman on his winter jaunt to Florida. Amelia & John Nagy also leaving for the land of sunshine.

\*\*\*\*\*\*\*\*\*

Thanks to Mr. & Mrs. Schultz and to Ralph Keeler for the books they have donated to the library.

\*\*\*\*\*\*\*\*

Our very special thanks to Mae Gaghan, Clara Corea, Sylvia Koptis, Flossie Podojil, Anne Klein, Kate Blumer, Mae Brazis for the very beautiful corsages every one received on Valentine's Day. To Dorothy Jacobs for the beautiful center pieces and to Jean Tatone and Aurora Polinek for being such nice hostesses and passing out all the corsages to our guests.

\*\*\*\*\*\*\*\*

We sincerely hope our "dancing doll MARIE MORGAN is out of the hospital and recuperating.

\*\*\*\*\*\*\*

Don't miss the Big Bingo which has once again been scheduled for Sunday, March 2nd. You will have a great time and maybe win some "loot" - Come and join us at 2:00 P.M. on the 2nd. - We'll be glad to see you!!!!

\*\*\*\*\*\*\*

OOPS!! I GOOFED AGAIN!!! In reading this column over, I find I did not include my "SWEET ALICE" ALICE GRAFF, that is, who also helped our lovely corsage makers, Ten lashes to me, Alice!!!!!!

\*\*\*\*\*\*\*\*\*\*\*\*\*\*

IF YOU FIND MISTAKES
IN THIS PUBLICATION,
PLEASE CONSIDER
THAT THEY ARE THERE
FOR A PURPOSE. WE
PUBLISH SOMETHING
FOR EVERYONE, AND
SOME PEOPLE ARE
ALWAYS LOOKING
EOR MISTAKES

Learning about our heart and what keeps us going has always been something we need to know more about and in this area we are never to old to learn.

We are happy to be able to welcome Earl and Judith McFarland to the Villa Serena on Wednesday, March 12th at 7:30 P.M.

They are representatives of the Heart Association and will talk to us about the Cardio Pulmonary Resusitation Program sponsored by the Association and about our participation in it.

It proves to be a most interesting program. There have been many requests from our residents and members in having some one from this organization talk to us about this program. Many of you have also indicated a desire to take the required course in Cardio Pulmonary Resusitation which we will offer at the Villa if enough of you are interested, so please come down on March 12th, it will be an evening well spent.

#### FRIDAY NITE AT THE MOVIES

Have a night out at the movies. We are going to have an old favorite on Friday, March 21st at 7:00 P.M.

It is the musical "SHOWBOAT" which many of you will remember and have enjoyed in the theatre in the past.

Come down and enjoy it, it will make a nice evening and put a smile on your face.

See you at the movies!!!!!

\*\*\*\*\*\*\*\*\*

At our February 12th meeting, all members of the Mens Club who helped make the recent Pancake Breakfast a success were singled out for a special "Thanks, Men" for a job well done. Our thanks, too, to Mary Calogero, who organized and directed the entire operation.

We were glad to see George Lash at the meeting. He and Jim Micale are out of the hospital and looking fit as ever. We are hoping John Pazderak and Joe Slaminka will also return to the Villa soon.

During our meeting, <u>Bill Pace</u> came through with another example of his seemingly never ending generosity. Bill donated an ample supply of get well cards for use by the Club's Welfare Committee. Thanks, Bill, for your donation.

By next month we hope to have a definite date set up for the presentation by representatives of a Savings & Loan institution and a commercial bank of the various forms of certificates they have to offer. Here's a great opportunity for all of us at the Villa to learn how we can get the most out of our income-producing dollars from these sources.

Our next meeting is scheduled for Tuesday, March 11th at 6:30 P.M.

--Bill Nau--President

EDITOR'S NOTE: Our very sincere thanks to the men also for their recent help in the Pancake Breakfast. The comradery, friendship, fun displayed by every one working is equal to the deliciousness of the pancakes served by them - You are great "fellas" - Mary says, she may even fire her regular "smiling sexy" waitresses and hire you "singing, swinging, sensational" men!!!!!! OOPS, better not tell the girls, she said that!!!!

How will they blow? Soft and gentle as the bleating of a baby lamb, or blustery and fierce as a roaring lion. However they blow, we know that they'll blow in "Spring" and hope for everything good. Doesn't it make your heart sing and your spirits glow to realize that another beautifulseason is at hand and that you've been given the God-given privilege to welcome and enjoy what is ahead -- the loveliest time of the year. New life is always so awesome and so thrilling and as many times as we've seen the dawn of a new spring, it is still a beautiful thing to see the tiny crocus, the yellow daffodil and the tall tulips peeking through the green earth. Oh sure, we'll have some snow and winter too, but know, that just like upsets and heartaches, worries and tears in our own lives, they won't last and hope springs eternal.

Put on a bit of green and sing out "Top-o-the mornin' to you" cause we're all Irish on March 17th, St. Patricks Day.

--Eileen Bentler--

\*\*\*\*\*\*\*\*

#### A FUN AFTERNOON

Good fellowship, lots of laughter and the happy call of "Bingo" was the order of the day February 3rd. Every table filled with friends, neighbors, white cards, pink cards, orange cards and more different kinds of cards, markers hard candy, soft candy, good luck charms and what have you. What a great gathering and what great prizes. Fives, tens and twenty dollar bills flowed like honey as many luck winners found they had an "H" a "T" an "X" or a fill up, even the losers were good Time out for refreshments gave us time to visit- A super Sunday, hope we can do it again, as only the Villa can!! --Eileen Bentler--

Card Party winners for January 23rd were, Hettie Johnson, Sarah Welke, John Nagy, John Schultz, Anne Skiger and Flossie Podojil and for February 6th, Rose Liedberg, Dewey Voorhees, Helen Burns, Sarah Welke, Sylvia Koptis, Mike Volino, Florence Gardner, and Edna Carr

Pinochle winners: 1/21/80		
Lucille Sherwood	678	\$3.00
Edna Carr	661	2.50
Hilda Griffin	648	1.50
Rose Liedberg	641	1.00
1/28/80	500	4 00
Lucille Sherwood	698	4.00
Harry Guda	677	3.00 2.00
Joe Kubik	676 669	1.00
Burdette Doll	609	1.00
2/4/80	712	2 00
Kate Blumer	713 675	3.00 2.50
Joseph Rak Mike Perella	666	1.50
Thelma Lilje	645	1.00
Therma birje	043	
2/11/80	602	3.00
Flossie Podojil	693 671	2.50
Josephine McNamara Helen Burns	661	1.50
Charlotte Sadowsky	640	1.00
Charlotte badowsky		
2/18/80		
Ford Christian	738	3.00
Lucille Sherwood	657	2.50
Joe Rak	649	1.50
Burdette Doll	637	1.00

### VETERANS OF WORLD WAR I AND LADIES AUXILIARY

The next meeting of the Veterans of World War I will be held at the Villa Serena on Monday, March 10th at 1:30 P.M.

\*\*\*\*\*\*\*\*\*

--Mike Perella--Con Marie Jackson Pres. Aux

\*\*\*\*\*\*\*\*\*\*

WALK FOR YOUR LIFE!!!

After an unsuccessful attempt last year, the Fleas are once again asking to come back to the Villa Serena - in addition, so many of our residents and our friends are asking why we can't attempt another "Flea Market" Sale. Much enthusiasm is now developing in this area, so we are going to plan another one.

The date has been set for <u>Saturday</u>, April 19, 1980, during the hours of 10:00 A.M. to 3:00 P.M.

Start collecting your donations, check your apartments. Ask your family and friends. Remember, your donations are what help this occasion to be a tremendous success. All funds that are realized will go to help us in the operation of our Center.

There are, however, some very strict ground rules we are going to set for this coming event. EVERYTHING MUST BE IN GOOD CONDITION AND MUST BE CLEAN. ALL CLOTHING MUST BE ON HANGARS AND NOT SOILED OR TORN. WE WILL NOT ACCEPT ANY ITEMS WHICH WE FEEL ARE NOT USEABLE TO SOMEONE ELSE.

You can begin to bring in your donations right away. They will be accepted by our able Chairladies, Aurora Polinek and Jean Tatone on each Monday and Tuesday, from 2:00 P.M. to 4:00 P.M.

We will also need many volunteers to help. Please sign up RIGHT NOW in the office so we can get an early start.

In the meantime, start telling your friends to come. They may find some bit of treasure they have wanted for a long time.

Our dining room will be open for refreshments.

LET'S ALL GET ON THE BANDWAGON!! BRING ON THE FLEAS!!!!!! A report on a conference made public by the Nat'l Institute of Health reveals that walking normally has been found to stop demineralization of bones, reduce aging of the lungs and cardiovascular systems, help control obesity, improve circulation, reduce arthritic problems, greatly reverse late onset diabetes in overweight people, and improve mental attitudes Most of us don't realize that even a mild, short walk causes the heart to beat rapidly and work harder, raising the pulse rate. If that happens for a short time every day, the heart's stamina is increased. A moderate walk is comfortable and safe for most people. Unless you're in training for the Olympics, it isn't necessary to do more. A misconception about walking is that it stimulates the appetite and will cause you to eat more. On the contrary, a half-hour walk will make you feel more keenly alive, and you will be less bored, hence want

Walking puts every part of your body to work, particularly the muscles of the feet, calves, the thighs, buttocks and abdomen. As these muscles expand and contract, they will help your heart pump its every 24 hour quota of about 72,000 quarts of blood through some 100,000 miles of capillaries, veins and arteries that make up your body's circulatory system.

to eat less.

EDITOR'S NOTE: This article was reprinted from a recent issue of Modern Maturity. It is specifically printed so that those of you who do not exercise a little by walking can make a resolution to do so. Many people would desire to have a walking facility with such beauty as we do and yet so many are content to just sit and complain about their aches and pain We guarantee you would not have any if you took a lovely walk around our beautiful grounds each day.

TRY IT-YOU'LL LIVE LONGER!!!!!!

\*\*\*\*\*\*\*

May your memories be warm ones, may your dreams be dear. May your moments all be happy, may your joy last through the year.

The Board of Trustees and Villa Serena Staff

--Eileen Bentler--

#### MARCH BIRTHDAYS

Flower: Jonquil

Birthstone: Aquamarine

MAR	CH	MARCH	
1	Mabelle Heidy #511	1	Fred Tarzano
3	Rose DePaolo #708	2	Josephine Hirter
3	Rae Stirman #520	3	Blanche Rini
5	Joseph Belko #215	4	Dorothy Tubman
5	Hazel Barrett #728	6	Florence Hefner
5	Emil Stegkamper #714	. 647 T	Sylvia Rose
7	Ruth Storey #211	. No. 7 6 8	Catherine Kaspar
9	Josephine McNamara #331	7.10	Louise Kinnaman
9	Domenic Tatone #630	8	Margaret Garin
12	Mary Thomas #818	8	Josephine Patterson
13	Wilmer Nau #830	8	Walter Schutt
14	Anthony LoCastro #632	10	Esther Wofeld
15	Vincent Corrado #328	10	Sylvia Forman
15	Florence Gardner #303	10	Hilda Fromet
20	Walter Nye #103	11	Estelle Manley
20	Elizabeth Cuyler #504	13	Barbara Adam
22	Helen Stavropoulos #403	13	Louise Miller
23	Charles Guild #819	15	Ruth Gordon
26	Ethel Blakeney #422	15	Belle Safier
27	Jennie Levy #225	15	Doris Siegel
28	Helen Sigman #702	17	Gertrude Harrison
29	·	17	Charles Stella
30	Sarah Welke #617	18	Sally Corea
31	Caroline Casper #217	18	Gertrude Hatch
		21	Marie Cordas
		22	Margaret Onacila
	사용 사람들은 중요하다 사람이 어느 그 그릇	25	Lillian Rachelson
		26	Marie Matelock
		27	Marie Morgan
		28	Rose Welch
		30	Dora Kohn
		30	Mary Uprichard

#### ANNIVERSARIES

March 1 - Mr. & Mrs. Frank Klein #516
March 9 - Mr. & Mrs. Gordon Groenwold #616

#### THE VILLA VOICE

Volume XII

MARCH, 1980

Number 3

THE VILLA SERENA SENIOR CITIZENS CENTER

6800 Mayfield Road Mayfield Heights, Ohio 44124 Telephone: 449-3977

Howard I. Chesler, Administrator

\*\*\*\*\*\*\*

#### DANCING AFTER THE PARTY

The "Party's over, its time to call it a day" are words to a song familiar to so many of us from the so called "old school", but at the Villa Serena we will not allow them to be true, because on Friday, MARCH 14th, right after our St.Patty's celebration, for those of you who love to dance, there will be more time to dance to your heart's content in much the same style as our last dance night at the Villa, with soft lights and all. So if you are not too tired and you want to continue to celebrate the day of the "Irish" just stick around, you, 11 be happy you did.

May be for the good sports, we might have an extra drink of "brew" or two, if you promise not to drive!!!!!!

#### THE IRISH ARE COMING

Those jolly leprechauns are going to have a real swingin' time at the Villa Serena on Friday, March 14th. Its the day we have set aside for our St. Patrick's celebration and our Birthday-Anniversaries all rolled into one.

Don't miss this really gala affair. We're serving "Mr. Jiggs" favorite food, luscious corned beef and cabbage with a few more trimmings. Dinner will be served beginning at 5:00 P.M. Price will be \$5.00 per person. Be sure to get yours early.

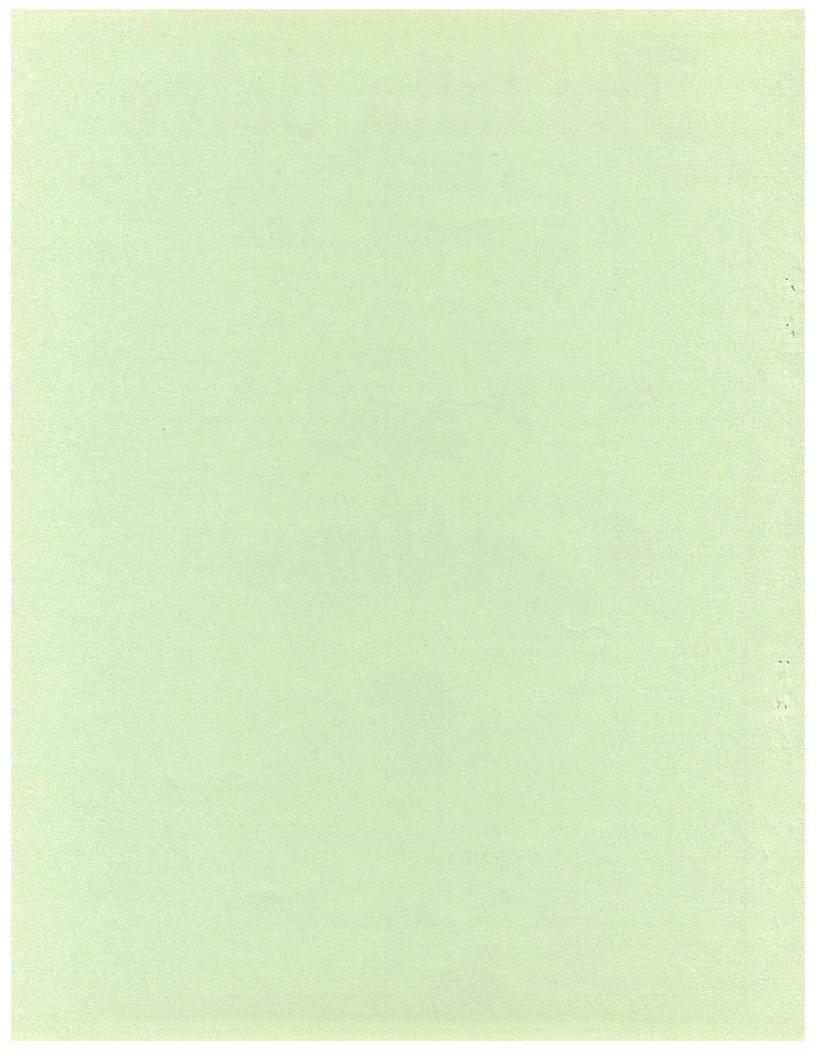
The celebration begins in the Red Room at 7:00 P.M.when we will once again welcome back Sheila Murphy and her Irish Dancers who thrilled us so much last year with their beautiful dancing and costumes.

Make this a must on your list of social engagements for March. We have so many good sports at the Villa Serena Senior Citizens Center so how about joining in the spirit of the evening by making it a must that there be a "wearin' of the green". Regardless of your ethnic background, you are all going to be "Irish" on this nite.

We will be offering that good "Old Mountain Brew" for those of you who want to get "potted" and "stewed" at dinner, but remember this, if you land in jail, DON'T CALL US, WE'LL CALL YOU! HIC!!!!!!

Find that "bit of green" to wear and join in the fun.

\*\*\*\*\*\*\*\*



# The Villa Voice

MARCH 1980 MARCH WINDS OH YEH