

VILLA VOICE
6800 Mayfield Road
Mayfield Hts., Ohio
44124

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MARCH

It seems we missed each other last month. Some of you said you were disappointed when you did not find my article in the February Villa Voice. Sorry I didn't make it, but here we go again.

In retrospect we should mention the special things about February -- like hearts and valentines and presidents day -- a busy month. Now March, of course, brings the anticipation of Spring with balmy weather and longer, brighter days.

The Cleveland Indians will be back on the scene. Now I don't admit to being superstitious but I do hope the Sports magazines do not feature our Cleveland Indians on the cover. You must remember that's how we got the whammy last year.

Who said sports fans are superstitious? I don't know if there is a basis for that, but I admit I am buying a new orange sweater and nice long brown beads.

While we are on superstitions, did you know that the romantic theme for Valentine's Day started because it was said that birds chose their mates on February 14?

Finally I'll mention one you all know concerning March coming in like a lion and going out like a lamb, or that April borrowed three days from March and they were sick ones.

Enough of this chatter. Let's look forward to spring and try

(Continued next column)

for better outlooks that we can share with those around us. See you soon.

Josephine Gentile

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WEDNESDAY CARD PARTIES

Hi! How about some of you fellows getting a group together for a table of cards on Wednesday evening? We could use the help of at least a table of men. At the last part we had 23 women and three men. That is not so good. We need protection! Come on down.

The winners at the February 3 party were Amelia Nagy, Alma Reinke, Len Shoemaker, Mary Blasko, Flossie Podojil and Helen Lysko.

The winners at the February 10 party were Loretta Copeland, Frieda Vormelker, Pauline Kubik, Thelma Olsen, Evelyn DeFlorentis and Christine Stech.

Len Shoemaker

* * * * *

TRAVELOGUE

Again in March it is time to pack your imaginary bags and join the Neiswanders as they take us on a tour of Austria.

Austria is a very enchanting land and we will visit castles, quiet pasture lands and mountainous areas. All this and beautiful music.

The tour departs on Wednesday March 9th. at 7:00 P.M. Don't miss this exciting trip.

"TO YOUR HEALTH"

Interrupting a Heart Attack: a Recent Advance



Dale Adler, M.D.



Joel Holland, M.D.

To be able to interrupt a heart attack while it is in progress is to gain crucial time for the patient, and very often to save a life. In the past decade, scientific research has focused intensively on this problem. Out of that effort an important new medication has emerged, called TPA, which has now been approved for use by the Food and Drug Administration.

WHAT IS TPA?

TPA (tissue-type plasminogen activator) is a clot-dissolving drug. A heart attack is caused by the formation of a clot in one of the arteries that is supplying essential blood to the heart. TPA, administered intravenously, restores blood flow to the heart by dissolving the clot. Because TPA is "clot specific" — acting only on a blood clot — it represents an advance over previous medications for interrupting heart attack, which had a blood-thinning effect throughout the body. Recent studies show that TPA is already dramatically increasing the survival rate for heart attack patients.

HOW IMPORTANT IS THE PROMPT ADMINISTRATION OF TPA?

Ideally, TPA should be administered within the first hour of the onset of a heart attack. If there is too long a wait, the heart muscle, deprived of blood supply, will suffer damage.

HOW DO YOU KNOW IF YOU'RE HAVING A HEART ATTACK?

Any sudden discomfort in the chest area is one sign of a heart attack. But this classic symptom of chest pain only occurs in about 50% of heart attack victims. Often there is severe pain in the jaw, neck, or left arm. Dizziness, fainting, sweating, nausea or shortness of breath can also be symptoms. If you suspect that you are having a heart attack, you should be taken as quickly as possible to a hospital that offers 24-hour emergency cardiac care.

IS TPA USED IN CONJUNCTION WITH OTHER MODES OF DIAGNOSIS AND TREATMENT?

Yes. Once a heart attack has been halted by the administration of TPA, the patient remains at risk. Angiography, a diagnostic procedure that enables the medical team to visualize blood flow and pinpoint the location of blockages, may be required. Crucial decisions must then be made, including whether the patient may need bypass surgery or balloon angioplasty (in which a balloon-tipped catheter is used to dilate blocked arteries and restore blood flow). TPA, then, is part of a larger picture. It is not a drug to be used in isolation, but as an important addition to the cardiologist's arsenal.

SEWING CLASS

By the time you read this the worst part of winter will be behind us--yea! The next thing we know it will be time for spring cleaning--ugh! One look in your closet will probably make you discouraged but take heart. We can help you fix up those tired clothes and perhaps encourage you to make something new to go with the something still wearable. How about a T-shirt or a wrap skirt or an unlined jacket -- all these are very easy and with the pretty spring fabrics you would enjoy making something for yourself. It's time to "think spring" because in Cleveland if you wait too long winter becomes summer overnight. Stop by and visit us and let me get you outfitted for spring.

Sally Kinney

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DANCERCISE CLASS

Thank you for the warm welcome. I have really enjoyed my first few weeks of classes and am eager to get to know everyone involved in this program. It is very inspirational for me to see your great spirit and the rapport you have with each other. Caring for each other is very important for overall wellness because it must come from a person who first cares for and takes care of herself. Exercise is one of the most important gifts you can give yourself. Exercise has a positive effect on every system of your body.

(Continued next column)

If you have no stopped in at our class, please feel free to do so. We always have room for another friend. Come! Do what you can. Feel great!

I want to give a special thank you to Flossie who has been very helpful to me, made me feel comfortable and assisted in my understanding of the program. I know you are all grateful to her for the years of teaching she gave you.

Beth Parnin

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RELIGIOUS INSPIRATION

Every Thursday at 10:00 a minister from the area visits the Villa Serena to conduct services. The ministers for the month of March are

3rd Rev. Robert Cline
Messiah Lutheran Church

10th Rev. Chris Taylor
Highland Sixth United
Presbyterian Church

17th Rev. Terry Taylor
St. Bartholomew Episcopal Church

24th Rev. Claudia Lewis
Faith United Church of
Christ

31st Rev. Richard Falkenberg
Lyndhurst Baptist Church

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HAVE YOU MET.....

.....Ann Piccozi? Ann and her husband Edward moved to the Villa Serena 17 years ago.

Ed studied at the Cleveland Institute of Music and had been a violinist. He taught violin but because of a heart problem had to give it up. Ann went to work for the Schoenberger Company as traffic manager. When she broke her hip, it was a slow recovery. She retired after 30 years with the company.

Ann said they made a wise choice when they moved into Villa Serena and she has never regretted it. Ann has been widowed since 1983. Ann had served coffee and helped in the kitchen for 12 years.

Her son and his wife live in Palm Springs, California. She speaks lovingly of her daughter-in-law. Her granddaughter and grandson are both lawyers and still single. Ann keeps hoping she will receive a wedding invitation in the near future. She would love to have some great-grandchildren!

If you walk into the Villa Serena and Ann happens to be in the lobby, you will always receive a bright smile and a warm "hello". She is smiling and gracious always. Ann loves the Villa Serena and she doesn't hesitate to sing its praises. Keep smiling, Ann. You make us smile too.

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SHOWCASE CLASS

The Showcase class has been busily working during the dark days of January and February to put some lovely items in the showcase. Some of our items are sold out from under our very noses before they even get in the case! Our beautiful baby dolls continue to be popular and if you are interested perhaps you'd better place an order directly with us. They are only \$17.00 (a real steal) and, believe me, they get snapped up before you see them. Any item we've made in the past can probably be ordered -- if at all possible. Just see us on Wednesday.

We could also use some more volunteer help. I'd love to have some help with the sewing machine. This work can be done in your own apartment, too. We've really got more ideas than time or workers so please consider how you can help.

Sally Kinney

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MONDAY ART CLASS

Now that the worst of the winter cold weather is almost over the art class looks forward to the fresh colors of Spring.

It is a good time for anyone interested in painting to join the Monday afternoon art class-- for beginners or those who have had some previous instructions in drawing or painting.

You are invited to look in on the class any Monday afternoon from 1:00 to 3:00 P.M.

Harold Dielman

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MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

SPECIAL EVENTS

PAGE 6

	1 9 - 1 Sewing 2 - 3 Dancercise 3:30 Rosary	2 10 - 12 Boutique 1-3 Boutique	3 10:00 Rel. Insp. 1-4 Needlework	4 1-3 Bridge 5:00 Dinner 7:00 Bingo
7 9:30-12:30 Ceramics 12:30 Bowling 1 - 3 Art	8 9 - 1 Sewing 2 - 3 Dancercise 3:30 Rosary	9 10 - 12 Boutique 1 - 3 Boutique	10 10:00 Rel. Insp. 1-4 Needlework	11 1-3 Bridge
7:30 Pinochle	7:30 Game night	7:00 Card Party	7:30 Game night	
14 9:30-12:30 Ceramics 12:30 Bowling 1 - 3 Art	15 9 - 1 Sewing 2 - 3 Dancercise 3:30 Rosary	16 10 - 12 Boutique 1 - 3 Boutique	17 10:00 Rel. Insp. 1 - 4 Needlework	18 1-3 Bridge
6:30 Men's Club 7:30 Pinochle	7:30 Game night	7:00 Card Party	7:30 Game night	
21 9:30-12:30 Ceramics 12:30 Bowling 1 - 3 Art	22 9 - 1 Sewing 2 - 3 Dancercise 3:30 Rosary	23 10 - 12 Boutique 1 - 3 Boutique	24 10:00 Rel. Insp. 1 - 4 Needlework	25 1-3 Bridge 5:00 Dinner
7:30 Pinochle	7:30 Game night	7:00 Heart Assoc.	7:30 Game night	
28	29	30	31	

HOLY WEEK

ALL ACTIVITIES ARE CANCELLED THIS WEEK
7:00 Prof. Kall

V I L L A S E R E N A A C T I V I T I E S

M A R C H 1 9 8 8



FRIDAY, MARCH 4th

5:00 Dinner
7:00 Big Bingo

FRIDAY, MARCH 25th

Special Fish Dinner

Check full page announcement

for serving times

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BIG BINGO REPORT

On Friday, February 5th, after our usual delicious dinner, we took our places at the tables waiting for lucky numbers to be called for Bingo.

Mary Calogero called for a variety of games which made losers smile and losers frown. Door prizes were awarded too. Mr, Chesler called for the final fill-up game which would pay \$200.00 if won in 57 numbers. However, no one won in the allotted number so \$40.00 was paid to two guests as consolation prizes.

Margaret Rose

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HEART TO HEART

A very interesting program for seniors will be presented on Wednesday, March 23rd, at 7:00.

We will have a speaker from the Heart Association who will talk about heart health for senior citizens. This is something we should all be concerned with and this is your chance to learn a few facts about your heart, possibly for your safety or the safety of a loved one.

There will be a question and answer period so think about the questions you would like to ask.

The date again is Wednesday, March 23rd, at 7:00. We urge everyone to attend so they can learn the latest techniques and data on a healthy heart.

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ITALIAN LANGUAGE CLASSES

We have had many people interested in learning the Italian language so on Thursday, March 3rd, we will begin classes. If you are interested, please sign up in the office now. There will be 10 sessions and the cost is just \$5.00 for the course.

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MENTOR MALL

Wednesday, March 16

Sign up 9:00 A.M.

Bus leaves 10:00 A.M.

MEN'S CLUB NEWS

At the February 8th meeting, we discussed the possibility of a pancake breakfast in the near future. The one held last year was well attended and the Men's Club would like to promote another one this year.

We had two birthdays to celebrate. Lou Strato is now 77 and looking very fit. He gave the club a present of his daughter's baking--the cookies were delicious and he also donated refreshments--drinks for all. Thank you, Lou, and many more happy and healthy birthdays to you.

We also had a birthday for Al McMunn. He made it to 69 but looks like 60. The fellows would sure like to know how he keeps fit and young looking.

We heard that Joe Sturm is in the hospital for an operation and will be there for about a week. We all wish him a speedy recovery and we will send him a get well card.

The meeting closed at 7:15 and refreshments were served. Later the members adjourned to the pool room for some pool. Everyone had a nice time.

The next meeting will be Monday, March 14th, at 6:30.

(Continued next column)

Fifteen members were present at the February meeting. Some of our snowbirds are taking in the sun in Florida, Arizona and California. We will be seeing sun-tanned members coming back soon with lots of stories to tell.

Charles Gudel,
Secy.

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BRIDGE NOTES

On March 18, we will have a Spring Bridge Party. After all, spring is just around the corner, we hope!

This will be a progressive game where you play with the same partner all afternoon but against different opponents. This gives you a chance to meet and get acquainted with other players.

There will be money prizes for high scores and a travelling "Two Prize" for those who get bad cards. After prizes are awarded we will have refreshments.

Play starts at 1:00 and donation is 50¢.

Come join the fun.

Ve Karash

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PROF. KALL

Even though activities are cancelled during Holy Week, Prof. Kall will be at the Villa Serena on Wednesday, March 30th, at 7:00. Do stop in and catch up on the news and comments on the candidates.

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A VERY SPECIAL SUNDAY

On Sunday, February 14th, we had a threefold celebration. Not only did we celebrate the 21st anniversary of the Villa Serena and Valentine's Day, but most importantly the retirement of our friend of 15 years, Dorothy Papcke.

Prior to having dinner, Mr. Chesler lead us all in saying grace followed by a toast to Dorothy by her longtime friend, Mr. Gage.

We all enjoyed a delicious dinner featuring veal cutlet and spaghetti followed by a dessert in honor of George Washington, a cherry turnover.

After dinner a special tribute to Dorothy was held. The speakers included Frank Petrone, Ve Karash, John Curry and Mary Calogero. Mary presented Dorothy with a gift of Precious Moments appropriately inscribed with "You Have Touched So Many Hearts".

Mr. Chesler concluded the program by presenting Dorothy with a lovely plaque commemorating 15 years of dedicated service.

Dorothy thanked everyone for the gifts and good wishes.

After the program ended, we went to the Red Room for dancing to the famous music of the Harry Hershey band. Fun was had by all especially the participants in the chicken dance, the Hokey Pokey and several others.

(Continued next column)

As guest of honor, Dorothy drew the winning raffle tickets for \$75.00, \$50.00 and three \$25.00 prizes. Three lucky losers received cherry turnovers.

It was a grand ending to a truly wonderful afternoon and evening and one which Dorothy will remember for a long time.

Marie Nau

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PINOCHLE TOURNAMENT WINNERS

Jan. 25

Joe Ariezzma	565	\$2.00
Ellen Guarniere	560	1.75
Benno Hentemann	538	1.25
Ruby Jacobs	529	1.00

Feb. 1

Joe Ariemma	603	2.00
Gert Pierce	571	1.75
Mildred McCurdy	564	1.25
Benno Hentemann	553	1.00

Feb. 8

Florence Treichel	593	3.50
Len Shoemaker	569	3.00
Alma Reinke	567	2.50
Amelia Nagy	559	1.50
Thelma Olsen	555	1.50

Feb. 15

Florence Triechel	608	3.50
Gert Pierce	607	3.00
Helen Burns	570	2.50
Joe Ariemma	567	1.75
Vera Kozak	555	1.25

Join the group any Monday at 7:30.

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hear Je!

Announcing! A Big Event!

ST. FRANCIS OF ASSISI CHURCH AND THE VILLA SERENA

ARE SPONSORING

A JOINT "LENTEN" SPECIAL FUND RAISING ACTIVITY

SUPER FISH DINNER

TO BE HELD ON FRIDAY, MARCH 25, 1988

AT

VILLA SERENA
6800 Mayfield Road

DINNERS WILL BE SERVED AT 4:00 P.M. - 5:30 P.M. - 7:00 P.M.

COST: \$5.00 PER PERSON

(you may select your own dinnertime when you purchase
your tickets)

YOU MAY PURCHASE TICKETS EITHER FROM THE VILLA SERENA OFFICE
OR FROM ST. FRANCIS OF ASSISI CHURCH REPRESENTATIVES.

BRING YOUR ENTIRE FAMILY AND FRIENDS

YOU WILL BE HELPING TWO WORTHY CAUSES AND AT THE SAME

TIME ENJOY A SUPER DELICIOUS FISH DINNER!!!!

BIRTHDAYS AND ANNIVERSARIES

MARCH 1988

Flower: Jonquil

Birthstone: Aquamarine

MARCH

1 Mabelle Heidy 511
2 Mary Hillen 103
3 Ruth Rafferty 302
5 Max Michael 407
8 Louise Rossi 517
11 Jacob Heintz 207
13 Wilmer Nau 830
14 Anthony LoCastro 632
16 Joseph Fedor 330
17 Genevieve Dolfi 430
19 Mary Hentemann 318
21 Hortense Gordon 417
26 Loretta Copeland 527
Catherine Menier 419
29 Mary Calabrese 530
Edward Klosinsky 325
31 Ann Shelling 528

ANNIVERSARIES

MARCH

9 Mr. & Mrs. Gordon Groenwold 616
11 Mr. & Mrs. Harry Schwartz 230
28 Mr. & Mrs. Charles Kozak 416

Birthdays Continued

MARCH

26 Marie Matelock
Nellie Weiss
27 Frank Davis
28 Margaret Stralka
30 Dora Kohn
31 Joan Pappas

MARCH

1 Adam Falzarano
Helen Kizas
Iyla Scott
2 William Bratten
Anthony Coletta
Bernice Hylan
Nettie Kaufman
Mary Lundeen
Emma Pestella
3 Filomena DiFranco
Ruth Goldstine
Blanche Rini
4 Florence Smaldone
Mary Tarbot
6 Lillian Abe
Mary Keegan
Mary Sprafka
8 Joseph Ruggi
9 Ida Zupnick
10 Mollie Lebowitz
Gertrude Mandelbaum
12 Aileen Johnson
Wilma Seibert
13 Marion Levey
Joseph Morelli
14 Jean Griffith
William Shay
15 Tillie Boxerbaum
Clara Cobb
Bella Korman
Doris Seigel
Martha Signorelli
17 Mary Glowacki
Josephine Huber
Lillian O'Donnell
19 William Griffith
Rose Ladny
Carl Pistone
21 Dorothy Weisler
22 Lavinia Brainard
Florence Kendis
Margaret Onacila
24 Sadie Haber
Louise Yacobucci

THE VILLA VOICE

VOLUME XX

MARCH 1988

NUMBER 3

THE VILLA SERENA
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Editor: Genevieve Devney

Advisor: Mary L. Calogero

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BIG BINGO TIME AGAIN

Yes, it is time again for an-
other BIG BINGO--our fabulous
BIG BINGO. Mark the date,
Friday, March 4th, at 7:00.

Our usual arrangements will
apply--3 cards for \$2.00 and
you can buy as many cards as
you like.

The prizes are great and es-
pecially for the fill-up. How
about the lucky person who
walks away with \$200.00 if he
or she gets a fill-up in 57

(Continued next column)

numbers? Don't you wish it
will be you? Well then come
on down to dinner at 5:00 and
Big Bingo at 7:00. Good luck
to all players.

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A "BIG" THANK YOU

What a great Party! To all of
you who kissed or hugged me,
shook my hand, or spoke to me,
or just were there, -- my
heartfelt "Thanks".

Those of you members and res-
idents who missed the party,
you were a part of the cele-
bration anyway, for it takes
all of you to "make" the Villa
Serena and good, bad, or in-
different, I consider you all
as friends and yes, -- Family.

My departure from the office
does not take you out of my
thoughts and prayers. I in-
tend to be in touch and hope
that you will be in touch
with me too. I have enjoyed
working with all of you --
to me its been a "Great" 15
years!!!

Dorothy Papcke

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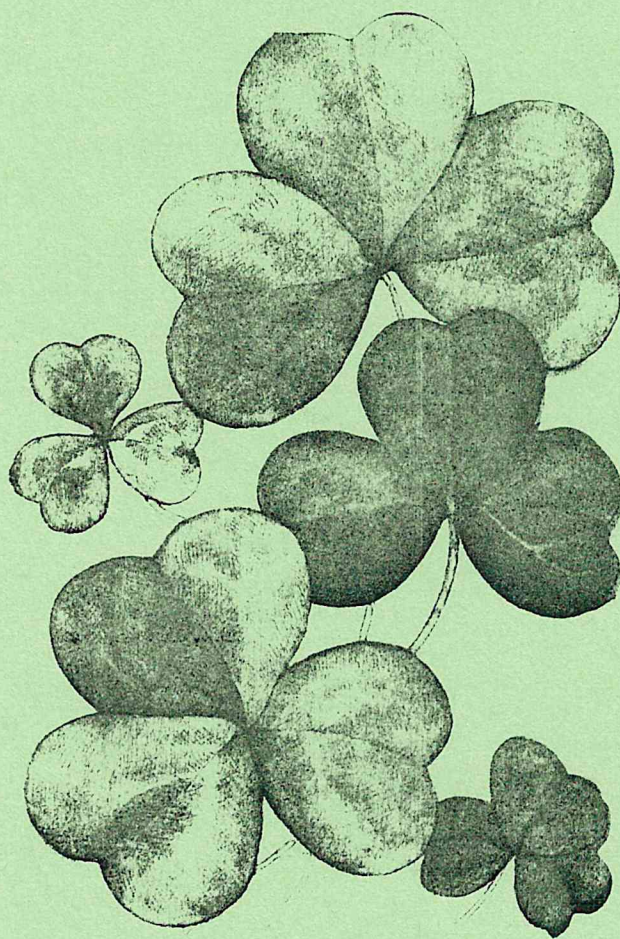
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The Villa Voice

March '88



HAVE A HAPPY

St. Patrick's

Day