

VILLA VOICE
6800 Mayfield Road
Mayfield Hts., Ohio
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VILLA SERENA DINNER MENU

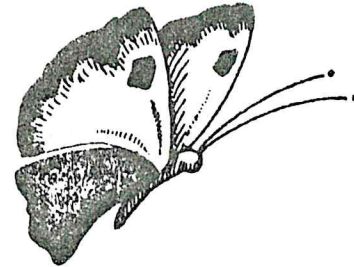
MONTH OF MARCH, 1996

SUNDAY, MARCH 10th

PANCAKE BREAKFAST

Juice
Pancakes
Sausage
Coffee
Tea

\$ 3.50 per



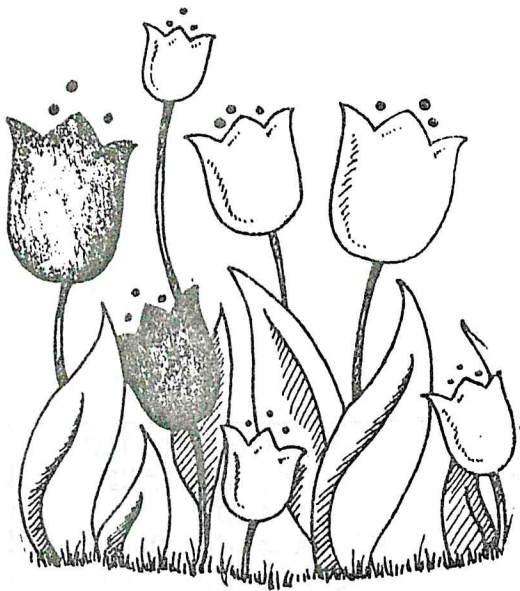
FRIDAY, MARCH 15th

ST. PATRICK'S DAY DINNER

Corned Beef and Cabbage
and all the trimmings

"including that special
brew"

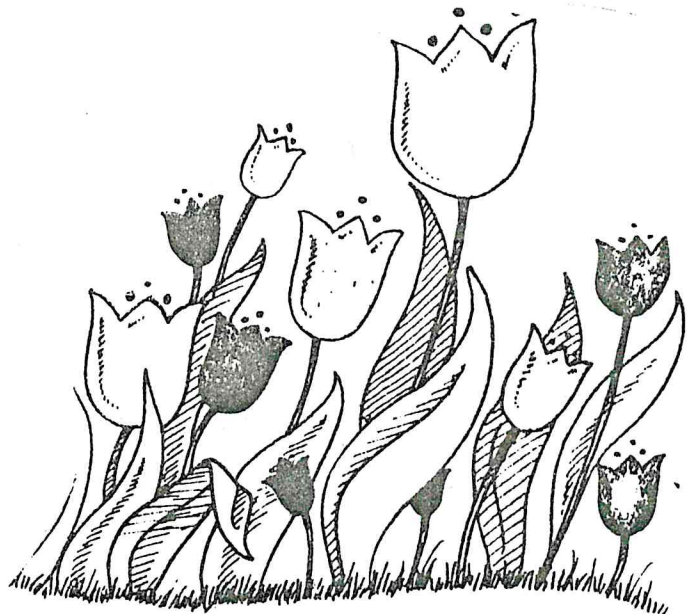
\$ 7.50 per



FRIDAY, MARCH 29th

Choice of Baked Fish
or Chicken Cutlet
Potato
Vegetable
Dessert

\$ 6.00 per



YOU ARE WHAT YOU EAT

Everyone has a favorite recipe, so why not share with us. I have one that has been around for many years, simple, healthy and good.

CHOPPED EGGPLANT

1 large eggplant (baked)
¼ cup oil (canola or olive)
½ onion (chopped)
2 cloves garlic (chopped)
pepper
salt (optional)

Bake eggplant until soft, approximately 1 hour, let sit for ½ hour and peel. Chop or mash and add above ingredients. I sometimes add chopped tomato and cucumber. Keep refrigerated.

Alda Rose

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MONDEL BREAD

For those who have tasted these cookies have asked for the recipe. I am sure we remember when they didn't have measuring cups so it was a handful of this and a pinch of that and they just felt the consistency. This is pretty much like that. I will get as close as I can to the proper amount of ingredients.

4 eggs
1 cup sugar
1 cup oil
1½ teas. baking powder
2-3 cups flour
1 cup chopped walnuts

Mix all ingredients in above order and spread onto cookie sheet in loaf form. Bake at 350 for approximately 20 minutes, remove from oven and slice about 2 inches wide, turn and toast on both sides,

approximately 10 minutes.

GOOD LUCK

Alda Rose

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APPLE CAKE

3 eggs
1 cup oil
1 cup sugar
1 teas. baking soda
1 tsp. cinhamon
2 cups flour
3 to 4 apples, peeled and sliced

Fold apples into batter and place in 9 x 13 greased pan. Bake at 375 approximately 45 minutes.

Mamie Damanti

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CHERRY CRUNCH

1½ cups flour
¾ cup quick rolled oats
1 cup brown sugar packed firm
½ tsp. soda
½ cup (1 stick) butter
1 can prepared cherry filling

Combine dry ingredients and mix well, but butter till crumbly. Put half of mixture into an ungreased 9 inch square pan. Cover crumb layer with pie filling, sprinkle remaining crumb mix over filling and bake at 350 for 45 minutes. Serve warm or cold.

Eleanor Nagy

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

VILLASERENA ACTIVITIES

				1
<p>4 9:30-12:00 Ceramics 11:30-12:30 Dancing</p>	<p>5 1 - 2 Exercise 3:30 Rosary</p>	<p>6 9 - 1 Sewing 7:00 Memories</p>	7	8
<p>11 9:30-12:30 Ceramics 11:30-12:30 Dancing</p>	<p>12 1 - 2 Exercise 3:30 Rosary</p>	<p>13 9 - 1 Sewing 7:00 Cards</p>	14	15 5:00 Dinner 6:30 Program
<p>18 9:30-12:30 Ceramics 11:30-12:30 Dancing</p>	<p>19 1 - 2 Exercise 3:30 Rosary</p>	<p>20 9 - 1 Sewing 7:00 Cards</p>	21	22
<p>25 9:30-12:30 Ceramics 11:30-12:30 Dancing</p>	<p>26 1 - 2 Exercise 3:30 Rosary</p>	<p>27 9 - 1 Sewing 7:00 Joe Frank</p>	28	29 5:00 Dinner 6:30 Program
<p>6:30 Pinochle</p>	<p>7:00 Game night</p>	<p>7:00 Game night</p>	<p>7:00 Game night</p>	

PINOCHLE WINNERS

<u>Jan. 29</u>		
Bill Dilley	584	\$2.50
Vic DiBartolo	565	2.00
Howard Barnes	560	1.50
Ed Mack	552	1.00
Jennie Cellura	537	1.00
<u>Feb. 5</u>		
Bill Dilley	593	2.50
Ed Mack	569	2.00
Vera Kozak	553	1.50
Thelma Olson	549	1.00
Mamie Damanti	529	1.00
<u>Feb 12</u>		
Carl Schock	638	2.50
Ed Mack	576	2.00
Thelma Olsen	568	1.50
Vic DiBartolo	556	1.00
Marcy Stianche	555	1.00
<u>Feb. 19</u>		
Ed Mack	613	2.50
Howard Barnes	587	2.00
Agnes Puro	565	1.50
Vera Kozak	550	1.00
Bill Dilley	520	.50
Thelma Olsen	520	.50

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WEDNESDAY CARD PARTY WINNERS

Jan. 24
 Jennie Cellura, Marcy Stianche,
 Rose Schock, Mary Blasko,
 Helen Lysko and Carl Schock
 were the winners.

Feb 7
 Helen Lysko, Mary Blasko,
 Thelma Lilje, Vera Kozak,
 Evelyn DeFlorentis and Amelia
 Nagy were the winners.

Feb. 21
 Mary Blasko, Vera Kozak,
 Helen Lysko, Carl Schock,
 Thelma Lilje and Evelyn
 DeFlorentis were the winners.

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COMING EVENTS

Wed. 6th 7:00 Memories
 Sun. 10th 10:00-1:00 Pancake
 Breakfast
 1:30 Big Bingo
 Fri. 15th 5:00 Dinner
 6:30 Program
 Fri. 29th 5:00 Dinner
 6:30 Program

NEWS REPORTER JOE FRANK

Joe Frank is scheduled to be here on the last Wednesday of March at 7:00. Come and hear his views of the news. Comments? Questions? Just let us hear your opinions. Everyone welcome to attend.

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ASH WEDNESDAY SERVICES

The beginning of the Lenten season began on Ash Wednesday and many of our tenants participated in the services at the Villa Serena. We were very fortunate as Clara Corea conducted the prayers and the giving of ashes. It was a great convenience for many residents as they would not be able to attend their own church for the services.

Thank you, Clara.

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WALK FOR YOUR LIFE!!!!

A report on a conference made public by the Nat'l Institute of Health reveals that walking normally has been found to stop demineralization of bones, reduce aging of the lungs and the cardiovascular systems, helps control obesity, improve your circulation, reduce arthritic problems, greatly reverse late onset diabetes in overweight people, and improve your mental attitudes.

Most of us don't realize that even a mild, short walk causes the heart to beat rapidly and work harder, raising the pulse rate. If that happens for a short time every day, the heart's stamina is comfortable and safe for most people. Unless you are in training for the Olympics, (which you are certainly not) it isn't necessary to do more.

A misconception about walking is that it stimulates the appetite and will cause you to eat more. On the contrary, a half hour walk will make you feel more keenly alive, and you will be less bored, hence you will want to eat less.

Walking puts every part of your body to work, particularly the muscles of the feet, calves, the thighs, buttocks and the abdomen. As these muscles expand and contract, they will help your heart pump its every 24 hour quota of about 72,000 quarts of blood through over 100,000 miles of capillaries, veins and arteries that make up your body's circulatory system

(cont'd to next column)

WALK FOR YOUR LIFE (cont'd)

The column on this page was reprinted from a past issue of Modern Maturity Magazine.

It is something that all of us should be aware of and is specifically printed so that those of you who do not exercise a little by walking can make a resolution to do so.

Many people would desire to have a walking facility with such beauty as we have at the Villa Serena and yet so many are content to just sit and complain about their aches and pains.

We guarantee you would not have any if you took a lovely walk around our beautiful grounds each day. Especially with the warmer weather coming our way.

TRY IT - YOU'll LIVE LONGER!!!!

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IF YOU ARE HUFFIN' AND PUFFIN' LIKE THIS, BETTER GET OUT THERE PRETTY FAST!!!!

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EXERCISE CLASS NEWS

I know that at this time of the year I am so anxious for springtime that I do not handle stress as I should or I allow those blues to take over. One thing that helps me feel calm and in control of my emotions is to listen to music. Music is like a shot of medicine for the soul. Try taking some time for yourself and just sit and listen to your favorite type of music. Let the melody rush over you. Let the flow of rhythm carry your thoughts to another place. Let your mind wander and think of good times past. Let your body sway to the tempo. Feel the stress leave your entire being. If you like a fast tempo tunes you will feel the energy from the beats fill you with a new attitude.

LINE DANCING

Beth will be back the first and third Monday of March for class. Keep up the good work!

Beth Parnin

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COMMUNION SERVICE

As usual, communion services will be on the first Friday of the month. On March 1st, a minister from St. Francis Church will be here at 3:00 to administer communion.

SEWING CLASS NEWS

Well, it is supposed to be nice and spring-like as I write this, but it is snowing furiously. The children at the school next door are sliding down a huge pile of snow. They think it is great but we can't wait for warmer weather and the sunshine we miss on these dark days. In spite of it all we are not hibernating but are keeping busy to pass the winter away.

Our work includes repairs, re-makes, alterations and new garments as well. Of course, making something new is much more fun but the other chores have to be done also. When spring finally arrives we will have our fix-ups finished so we can concentrate on those wonderful new outfits for spring.

Sally Kinney

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ON YOUTH

"Youth is entirely a time of life -- it is a state of mind.

"Nobody grows old by merely living a number of years. People grow old only by deserting their ideals. "In the central place of every heart, there is a recording chamber" so long as it receives messages of beauty, hope, cheer and courage, YOU ARE YOUNG.

When the wires are all down and your heart is covered with the snows of pessimism and the ice of cynicism, then, and only then have you grown "old".

Alda Rose

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SQUARE DANCE REPORT!!!

Our dance night with Bob Howell and his square dancing and line dancing was quite a "howl". Everyone had so much fun. Even those of us who just sat and listened to all the gaiety participated. Bob Howell has a special charisma that just makes everyone smile and have a laugh or two.

Bob plays records and keeps up a steady stream of chatter. We had so many great circle dances. I'll admit that some of us just got mixed up in the jumble of instructions. But isn't that all part of the fun of a great evening???

We did the Alley Cat and Ding Dong Daddy from our chairs which prompted much action and laughs.

We had a delicious dinner before the entertainment and we all agreed that:

THE DINNER AND BOB HOWELL WERE JUST MARVELOUS!!!!!!

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WELL, I'm insulted!! I thought we did look better than that!!!!

BUT, HEY!!!! Beauty is in the eyes of the beholder!



OUR MARDI GRAS CELEBRATION!

WELL, the Villa was bustin' out all over for our Mardi Gras Celebration. Over 225 persons were here for dinner just to enjoy our ribs and chicken. Everyone will agree that they "just don't make them any better anywhere". I'll stake my reputation on that!!

The decorations for Mardi Gras were just great and the tables set in a very festive manner. Everything was just delicious.

Then to add to the entertainment for the evening Ed and Gilda Cifani performed in their usual gracious and professional manner. We certainly adore these two lovely people.

Then who should appear, but Sam and Carol Cordaro just dressed to the "teeth" in their very spectacular outfits to lead the grand march of When The Saints Come Marchin' In. They certainly were great sports and helped to create the already festive mood.

The dance floor as usual was crowded with dancers who never seem to tire of tripping the light fantastic. I'll bet they are not that ambitious when cleaning, etc. Their aches and pains just seem to disappear when they are dancing.

Our thanks to everyone who worked, who cooked, and those of you who participated in making this another great evening for all us.

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ISDA WOMEN'S LEAGUE DINNER

It's time again for the Women's League of the Order Italian Sons and Daughters of America Poorman's Dinner and Raffle to raise funds for our center.

We at the Villa Serena have always supported this wonderful group of ladies because it is the funds they raise that help us to continue the many activities in our center.

This year the dinner will be held on WEDNESDAY, APRIL 24th at the Casa DiBorally. Tickets are \$18.00 per person. We want to give them our total support and have as many persons as possible attend dinner.

Not only are you served a very delicious Spaghetti Dinner with wine and pizza, but there are always door prizes galore.

Don't miss this chance for a lovely evening, helping the Women's League - helping our center - and having a good time all in one evening.

Transportation will be provided if you need a ride to the dinner.

Tickets are in the office. Get them early as they sell out very fast!!!!!!

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IT'S SPRING AGAIN!!

Don't look now, but the first day of Spring will be just around the corner.

Then we will all wonder if she comes in roaring like a lion or a sweet baby lamb. But, we will welcome her most gratefully because we have all had enough of that winter snow and all the troubles it causes.

It will be wonderful to see the beautiful early Spring flowers beginning to pop their heads above the ground. Its the beauty of how Mother Nature always seems to know just when the right time comes.

A definition of Spring can be called "a newness of life" when everything begins to turn that lovely color of green and it puts a new feeling within us of growing within our hearts the seeds of peace, health, joy and love, and then may you in turn transplant these same feelings into the lives of those around you.

Tis the wearin' of the green you know this month. Put together your very own symbol of March. Add a petal of love, a petal of kindness and a petal of joy for every blossom you see popping through the ground and you will truly feel the newness of Spring!

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HAPPY
SPRING

A TRIP DOWN MEMORY LANE

How about a bit of that old nostalgia we miss so much in the "good old days" of radio before the boob tube took over our lives.

Join us on WEDNESDAY, MARCH 6th at 7:00 P.M. when you will see on the screen clips from the old radio shows which we listened to so very devoutly. There will be a beautiful narration of the shows. A bit of sing-a-long remembering Kate Smith and the rest of the great stars we admired so much.

It promises to be an evening of such wonderful memories that you would not want to miss it.

MARK YOUR CALENDARS RIGHT NOW, WEDNESDAY, MARCH 6th

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TO ALL RESIDENTS!!!

IF YOU HAVE NEW TELEPHONE LISTINGS OR YOUR NEXT OF KIN HAVE NEW ADDRESSES AND TELEPHONES OR YOU HAVE A NEW LICENSE NUMBER OR DOCTOR -- BE SURE TO SEE THAT IT IS REPORTED TO THE OFFICE SO THAT OUR RECORDS CAN BE KEPT UP TO DATE. IT IS FOR YOUR PROTECTION!!!

TO ALL MEMBERS!

DON'T LET YOUR MEMBERSHIP EXPIRE. CHECK YOUR CARD -- SAVE THE OFFICE TIME AND GET YOUR DUES IN ON TIME. IT WILL HELP US TREMENDOUSLY!!!

* * * * *

THE HOLY SEASON OF THE YEAR!

The end of the month of March and the first week of April will see the ushering in of the season of Holy Week, Easter and Passover all at one time. It is a wonderful feeling to celebrate these holidays together.

Although our prayers may sound a little different, they all ask the same God for the very same thing; that there be contentment, good health, goodwill toward each other and a forgiveness of our sins, not only toward the laws of God but to one another as well.

All of us represent so many diverse backgrounds and religions, but each one of us in our own way is capable of compassion and understanding of of each other.

Let us enter this season of the year with a new resolve to encompass everyone in our daily lives, to understand each other better with great tolerance and patience.

Management and staff of the Villa Serena take this opportunity to wish everyone a very happy Easter and Happy and Sweet Passover.

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CANCELLATION

In keeping with the traditions of the holiday season and its meaningfulness to all, there will be no regularly scheduled activities during the week of March 31st through April 7th.

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VALENTINE REMEMBRANCE

Many of our residents will remember Valentine Day '96 with kind thoughts. They received Valentine Day cards handmade by the young students from Center School in Mayfield Heights. The cards were artistically designed as only the young can do and it was most appreciated. We would like the students and their teachers to know that many a heart was touched by such kindness. It helped to brighten the day. Thanks again.

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A COMMUNITY PROJECT

On Thursday, February 1st, the Horticulture students of Mayfield Heights High School became teachers as they gave individual lessons to Clara Corea, Rose Miklas, Mary Cordaro, Justine Pretnar, Agnes Puro, Marge Trivissono and Ann Wingfield on how to make lovely corsages. They wore their corsages all day and they certainly looked great.

This was a high school project for the students' community involvement. We are most appreciative for their consideration of our residents.

As one of our residents remarked, "I'm glad I came down.". If the group returns, maybe you will be in the next class. We're never too old to learn!!!

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DINNER AND ENTERTAINMENT

Come and break bread with us on FRIDAY, MARCH 29th. Please note our dinner menu and get your tickets early.

This will also be the special day when we will honor all the birthday and anniversary celebrants. As always, we want to remind you that you must let us know in advance that you are celebrating your special day so that the discount will be available to you, and of course, you would not want to miss that very special Happy Birthday balloon we give to everyone. It just adds to the fun of celebrating your day.

We like doing it and bringing a smile or two to all who so faithfully support our dinners.

After dinner, we will once again welcome the fabulous SELREC SINGERS to entertain us with their beautiful songs and dances. They are a very special group of very talented performers and it promises to be a very fun evening of the kind of songs we all like to hear.

REMEMBER, FRIDAY, MARCH 29th

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TO OUR LOYAL DINNER SUPPORTERS

We want to once again to thank our loyal dinner supporters for the fine cooperation you have always given us.

We still pledge to continue our desire to serve only the best and finest foods.

Your suggestions are always welcome and remember to give our kitchen help a "little thank you" now and then. They really work very hard to please!!

* * * * *

PANCAKE BREAKFAST

BINGO

SPECIAL PANCAKE BREAKFAST

We will begin the new month of March with one of our now famous Sunday Pancake Breakfasts on SUNDAY, MARCH 10th. Serving time will be from 10:00 A.M. TO 1:00 P.M.

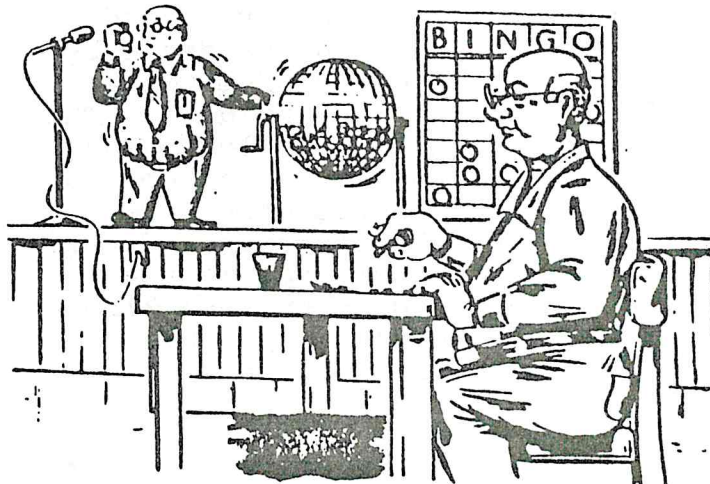
There have been so many requests for our Pancakes because as you all know, they are the best and super tasting. Don't tell the people at "Bob Evans" though, they might want our secret recipe!

To add to the enjoyment of the breakfast, you will all be served by our very handsome men of the Villa Serena. They will of course, be assisted by our ladies, because you know men can never do anything "all alone". I guess I now have made a lot of enemies in the men but it is the truth and I will "love them anyway". So come to our Pancake Breakfast on Sunday, March 10th and give them a big boost. You won't even have to leave a "tip". They'll be glad to serve you.

Cost is \$3.50 per person for Juice, Pancakes, Sausage, Coffee or Tea. Invite your family and friends, maybe you can celebrate a special day for all of them.

You'll love it, we guarantee!!

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SUPER "BIG" BINGO

Beginning at 1:30 P.M. after our Pancake Breakfast, we invite you to enjoy the rest of the afternoon with us for our "SUPER BIG BINGO" with special "added" surprises.

The cost is merely 3 cards for \$5.00. It comes with the usual opportunity to win \$200.00 if you have Bingo in "57" numbers.

This could be your lucky day. Its Sunday, March 10th.

Anyway, even if you don't win, we will try to make this a very pleasant and happy day for you.

Don't forget to bring along your friends!!!!!!!!.

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BIRTHDAYS AND ANNIVERSARIES

MARCH

1	Eleanor Nagy	517
	Mabelle Heidy	511
2	Mary Hillen	406
4	Elizabeth Kiss	526
5	Alberta Jilek	604
11	Jacob Heintz	207
	Joseph Oleksy	628
12	Florence Turk	820
13	John Mallinach	316
	Joseph Nagy	517
14	Jenny Gatta	302
17	Genevieve Dolfi	303
	Elizabeth Strimaitis	510
19	Mary Hentemann	318
21	Hortense Gordon	432
26	Catherine Menier	419
28	James Waller	730
29	Mildred O'Neil	603
31	Margaret Vara	212

!!HAPPY BIRTHDAY!!

ANNIVERSARIES

MARCH

2	Mr. & Mrs. M. Yanoska	817-50th
3	Mr. & Mrs. Al Brauer	
28	Mr. & Mrs. Charles Kozak	416

!!HAPPY ANNIVERSARY!!

MARCH

1	Marie Amata
	Helen Kizas
	Blanche David
	Rae Himmel
	Rose Garaway
	Adam Falzarano
2	Bernice Hylan
	Nettie Kaufman
	Mary Lundeen
3	Filomena DiFranco
	Florence Chesler
	Blanche Rini
	Susan Mauceri
4	Mary Tarbet
	Helen Volland
6	Mary Keegan
8	Edward Markewitz
9	Ida Zupnick
	Dee Hoffman
	Rose Keilen
10	Arthur Benes
	Irene Persky
11	Irv Buchler
	Anna Marie Piccirillo
13	Miriam Greenberg
14	Edith Spiegel
17	Mary Glowacki
18	Barbara Lovely
23	Mary Clemente
25	Anne DiNunzio
26	Marie Matelock
	Nellie Weiss
27	Loretta Ruggie
28	Marge Strolka
29	Linda Laro
30	Jane Pless
	Ida Levine
16	Rose Cohen

!!HAPPY BIRTHDAY!!

T H E V I L L A V O I C E

Volume XXIX

MARCH, 1996

Number 3

THE VILLA SERENA SENIOR
CITIZENS CENTER
6800 Mayfield Road
Mayfield Hts., OH 44124
Phone: 449-3977

Howard I. Chesler,
Administrator

STAFF

Carole Clay, Josephine Gentile,
Gene Zachery, Ruby Jacobs,
Dorothy Mullen, Dorothy Penkava,

Editor: Genevieve Devney
Printer: Gino Colage
Advisor: Mary L. Calogero

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ITS THE DAY FOR THE IRISH!!!

Well, it might be a day for the Irish, but we at the Villa Serena celebrate it too, right along with them. Its great to be a 'bit of Irish" for one day because you know they really do "celebrate".

So naturally as has now become our custom, we will celebrate St. Patrick's Day on FRIDAY, MARCH 15th. And, naturally, the celebration would not be complete if we did not serve the most traditional food for this day of Corned Beef and Cabbage with all the trimmings and to go along with that we can never ignore that extra "Irish Cheer" (hic) which you will be enjoying.

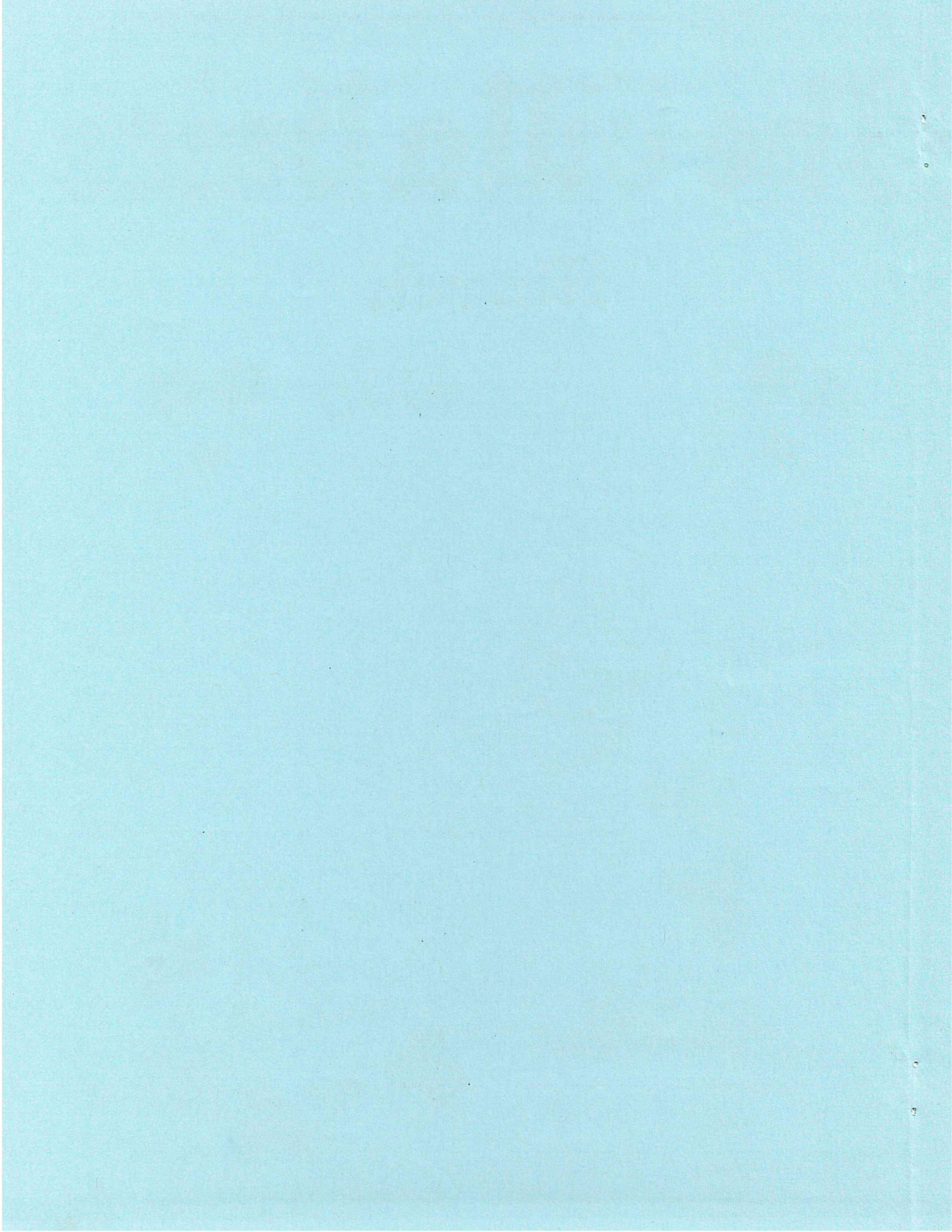
Don't forget after dinner, we will have a lot of fun with music, song and Irish Blarney and entertainment.

Let's all join in for this special night and share a large dose of "Irish Happiness" ...(And we all know how happy the Irish can be on those large doses). Don't forget to be a wearin' your special "greens" to honor our Irish friends in their true tradition.

*No matter what we are, we are all Irish on St. Patrick's Day. It's the best excuse we have to indulge and have fun!!!!

See you on the 15th - all decked out in green!!!!

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The Villa Voice

March



1996

