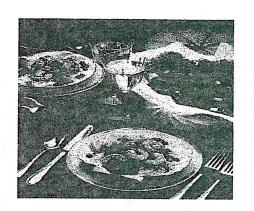
# Dinner at Villa Serena

May 11
Chicken Cutlet or Fish
Vegetable and Potato
Beverage and Dessert
Chicken \$8.00, Fish \$7.00



May 18

Beef Short Ribs or Fish

Vegetable and Potato

Beverage and Dessert

Beef \$8.00, Fish \$7.00

St. Francis Foundation
Villa Voice 6800 Mayfield Road
Mayfield Heights, Ohio 44124

Non-Profit Organization
U.S. Postage Paid
Cleveland, Ohio
Permit No.
175

Monday	Tuesday	Wednesday	Thursday	Friday
Mother's Day Sunday, May 13	1 3:30 Rosary	2 9:00 Sewing 1:00 Art Class 2:00 Exercise	3 10:00 Stay Well Nurse	4
	7:00 Game Night			
7	8 V.E. Day	6	10	American American
9:30 Ceramics	3:30 Rosary	9:00 Sewing 1:00 Art Class 2:00 Exercise	10:00 Stay Well Nurse 1:30 to 4:00 Program	5:00 Dinner 6:00 Program
6:00 Cards	7:00 Game Night			
14	15	16 0.00 Sexxing	17 10:00 Stav Well Nurse	18 2:00 Mass
9:30 Ceramics	3:30 Rosary	1:00 Art Class		5:00 Dinner
6:00 Cards	7:00 Game Night	Z.00 LACIOUS		6:00 Program
21 Victoria Day –	22	23 9.00 Sewing	24 10:00 Stay Well Nurse	25
9:30 Ceramics	3:30 Rosary	1:00 Art Class 2:00 Exercise	12:30 Lunch 1:00 Bingo	
6:30 Program	7:00 Game Night			3
28 Memorial Day	29	30	31 10:00 Stav Well Nurse	
Office Closed	3:30 Rosary	1:00 Art Class		
	7:00 Game Night			

# Birthdays and Anniversaries May 2001

Birthdays May	2	Louis Balazs	#218	May	25	Mary Masseria	#304
May	2		#210	iviay	26	Cecile Arlen	
	_	Arlene Kleppel	11605	1,000	20	Julia Rehark	#212
	5	Elizabeth Glady	#605	1	20		<i>π</i> Δ1Δ
	6	Ben Pinzone	#824	1 31	28	Dorothy Callaly	
	8	Jennie Marvin	#401	n i sajan	30	Valerie Guisto	11000
	9	Bernice Catania	#209			Robert O'Brien	#802
40		Laura Hanes				Ann Wingfield	#513
		Dorothy Wilson	#514		31	Mary Aveni	#305
	10	Mildred Rastatter	#228				
	11	Irene Lane	#726				
		George Zedlar	#421	100			
	12	Roberta Fumich					
	13	Jennie Cellura #317		<u>Anniversaries</u>			
	15	Sarah Pinter		May	13	M/M Andrew Fur	rey #618
	of a lag it	Berta Warszawski			16	M/M Sam Parise	#830
	16	Harold Levine				M/M Julius Raso	etti
		Julius Rasoletti			21	M/M Stanley Cap	olinski
	17	Shirley Vallee			24	M/M John Hruska	
	20	Julia Balazs	#218		25	M/M Joseph Arci	uri
	22	Rita DiLauro	#430		27	M/M Howard J. I	

A group of men and women were asked whether they thought computers were male or female. The women said male, because in order to get their attention, you have to turn them on, and as soon as you commit to one, you realize you could have gotten a better one. The men said female, because no one understands their internal logic, even your smallest mistakes are stored in long-term memory, and accessories for them are horrendously expensive.

Monday Night Pi	nochle					
April 2	A CONTRACTOR OF THE PARTY OF TH	April 9		April 16	<u>April 23</u>	
Laila Nagy		Ernie Fioritto	566-2:25	Vera Kozak	530 2.00 Marcy Stianche	566 2.00
Mitzi Weber	549 2.00	Dorothy Wilson	523 2:00	Mitzi Weber	527 1 75 Stella Benjamin	-547 1,75
Marcy Stianche	532 1.25	Joe Damanti	507 1.25	Mary Welker	521 1 25 Nancy Menage	521 1,25
Jack Wells	530 1.00	Jack Wells	505 1.00	Stella Benjkamin	502 1:00 Marie Kavalunka	s 511 1.00
					7	

# Meet The New Neighbors By Lucy Morgan

Meet Margaret Conti, who moved into 632 on April 1. Margaret was born in Pensacola, Florida, and grew up in San Diego. She traveled a great deal as



a result of her father's naval career. She moved to Youngstown in 1955, and to Cleveland in 1962. She lived in University Heights before joining us.

She was educated in art while in San Diego, and worked for years as a commercial artist. She later was departmental administrator for the Center for Biomedical Ethics at CWRU School of Medicine. She edited their newsletter and promotional publications. After retiring in 1997, she was a stringer for the Sun newspapers, covering city council and school board meetings.

Margaret has two daughters and two sons, and three grandchildren, two of whom are in the Mayfield school system.

A painter and a published author, this multi-faceted lady is still in school, as a part-time student, studying art and art history. She heard about V.S. from a friend who lives in the Coppertree Apartments on S.O.M. Center across from Eastgate.

Welcome to our home, Margaret.

### More From the Hillcrest Senior Circle

The hospital, in cooperation with Mayfield Heights, is presenting a health fair, called **Spring Into Wellness**, on Wednesday, May 2, from 10:00 A.M. to 2:00 P.M. at De-John Community Center on Marsol Rd. This is free to the public and will provide blood pressure checks as well as screening for cholesterol, blood sugar, and bone density. For information, call **440-442-2626**.

From Creamettes

#### **Braised Pork Chops**

Aglio arrostito is Italian for roasted garlic



8 oz. Penne Rigate, cooked as directed

1 small green bell pepper, cut in strips

1 small red bell pepper, cut in strips

I medium onion, cut into wedges

2 tbsps. extra virgin olive oil

4 (¾ in. thick) center-cut pork chops Salt and pepper

Flour

1 26 oz, jar Roasted Garlic Pasta Sauce

1/4 cup dry white wine

½ tsp. Dried thyme leaves

In large skillet, over medium-high heat, cook peppers and onions in 1 tbsp. Oil until tender-crisp; remove from skillet. Season pork chops lightly with salt and pepper; coat with flour. In same skillet add remaining 1 tsp. Oil; brown pork chops. Reduce heat; add pasta sauce, wine, and thyme. Cover and simmer, 30 minutes or until pork chops are tencer, stirring occasionally. Add vegetable mixture; heat through. Serve with hot penne.

### 4 servings

Creamettes also suggests fettuccine, rotini, and rigatoni as alternate pastas for this menu, and hopes you will use their brand of pastas, Colavita Olive Oil and Classico Sauce.

Bon appetit!

Just an hour's walk a week, even at a medium pace, can lower the risk of heart disease for women, research shows. "Very modest physical activity can reduce the risk by 45%," said I-Min Lee, who led the research at Harvard.

#### Trademarks

Each of the famous people of past and present listed on the left is associated with one of the things listed on the right, Can you match them?



1.	Liberace	a. hat with price tag	
2.	Soupy Sales	b. white bucks	
3.	Dorothy Lamour	c. cigar	
4.	Pat Boone	d. ukulele	
5.	Michael Jackson	e. lariat	
6.	Rudy Vallee	f. candelabra	
7.	Minnie Pearl	g. sarong	
8.	Jack Benny	h. megaphone	
9.	George Burns	i. sequined glove	
10.	Lawrence Welk	j. violin	
11.	Arthur Godfrey	k. cream pies	
12.	Will Rogers	1. bubbles	$Answers \rightarrow$

I. F. 2. K. 3. G. 4. B. 5. I. 6. H. 7. A. 8. J. 9. C. 10. L. 11. D. 12. E.

inswers:

## Just For Laughs...

Any girl can be glamorous; all you have to do is stand still and look stupid. — Hedy Lamarr

Good breeding consists of concealing how much we think of ourselves and how little we think of the other person. — Mark Twain

Charm is a way of getting the answer 'yes' without asking a clear question. -Camus

We are all born charming, fresh, and spontaneous and must be civilized before we are fit to participate in society. – Miss Manners

Cats are smarter than dogs. You can't get eight cats to pull a sled through snow. -Anon

Dogs come when they're called; cats take a message and get back to you. – Mary Bly

Fashions are induced epidemics. -G.B.S.

You'd be surprised to know how much it costs to look this cheap. — Dolly Parton

The trouble with loving is that pets don't last long enough and people last too long. — Anon

A man always remembers his first love with special tenderness, but after that he tends to bunch them. – H. L. Mencken

When you are in love with someone, you want to be with him all the time, except when you are out buying things and charging them to him. – Miss Piggy

In the race for love, I was scratched - Joan Davis

Sex is good, but not as good as fresh sweet corn. – Garrison Keillor

A terrible thing happened last night—nothing.

# Spring

Now Winter's winds are banished from the sky, Gay laughs the blushing face of flowery Spring: Now lays the land her duskier raiment by And dons her grass-green vest, for signal why Young plants may choose themselves appareling.

Now drinking tender dews of generous morn, The meadows break into their summer smile, The rose unfolds her leaves: and glad, the while, In far-off hills the shepherd winds his horn, And his white brede the goatherd's heart beguile.

Now sail the sailors over billowing seas While careless Zephyr fills the canvas fair, And singing crowds with dances debonair Praise Dionysus for the grapes' increase – The berried ivy twisted in their hair.

Forth from the rotting hide the bees are come – Deft craftsmen working well and warily – And in the hive they settle, while they ply Fresh-flowing waxen store, with busy hum, And small pierced cells for their sweet industry.

Now shrilleth clear each several bird his note, The Halcyon charms the wave that knows no gale, About our eaves the swallow tells her tale, Along the river banks the swan, afloat, And down the woodland glades the nightingale.

Now tendrils curl and earth bursts forth anew – Now shepherd's pipe and fleecy flocks are gay – Now sailors sail, and Bacchus gets his due – Now wild birds chirp and bees their toil pursue – Sing poet, thou – and sing thy best for May.

Meleager, translated by Wm. M. Hardinge

"My formula for success? Rise early, work a late, strike oil." J. Paul Getty

# Mayfield Hts. Seniors' Activities

#### **Bus Trips and Excursions:**

Tuesday, May 1, Holmes County Amish, 8:00 A.M. to 6:30 P.M.. Bus from the City Park Gazebo on Marsol Rd. Cost, \$30 per person, covers transportation and family-style lunch. Register at City Hall.

#### June 29, Cedar Point

Sunday, May 20, Pancake Breakfast, De-John Community Center on Marsol Rd. \$4 in advance, \$5 at the door.

## From The Plain Dealer, April 10

"Hillcrest Hospital in Mayfield Heights soon will have room to grow. The (Cleveland) Clinic, which owns the hospital, is buying the Friedman Buick-GMC Truck property across Mayfield Rd... two buildings on 6.34 acres, according to county figures.

'Hillcrest plans to add 150 beds and 200,000 square feet... said Charlie Miner, chief operating officer for the Clinic's Eastern Region.

"Miner said that the hospital system is always interested in buying property, but that no other deals are in the works."

# Cleveland Area Events of Interest May, 2001

5/3 - 5/20, **Peter Pan**, Ohio Theater

5/11 - 5/13, Otello, State Theater

5/15 - 5/20, **Rent**, Palace Theater

5/22, "Arts on the Air," Kathleen Lee Reid, Ritz-Carlton

Great American Rib Cook-off, Burke Lakefront Airport

# Hillcrest Hospital Senior Services

The Meridia Senior Circle of Care has a wide variety of services available, Call 440-449-4804.

- Healthcare Counselors to help you with your bills. This service is free and available to seniors. Call for appointment.
- Senior Circle Supper Club. Third Tuesday of every month. Tuesday May 15; at 3:30 PM (new time), hospital cafeteria, Roast Pork, Potatoes with Gravy, Vegetable, and Lemon Meringue Pie. Bingo! Cost, \$3:50 All meals include a salad, side dishes, beverage and dessert. Tickets at the hospital cashier; in the Hillerest Atrium Lobby 9:00-3:30 weekdays.
- Free Healthcare Lectures. Wednesday, May 9, at DeJohn Community Center, 6306 Marsol Rd., "Bringing OASIS to You—Arts, Flumanity, and More," Opportunities and programs available through OASIS, Elizabeth Fiordalis, Program Manager. Free refreshments at 9:30 AM, lecture from 10:00 to 11:00. Reservations required in advance, Please call 216-430-8432.
- Senior Fitness Programs. Classes are held at Our Savior Lutheran Church, 2154 SOM Center Rd., every Tuesday and Thursday from 9:30 to 10:30 A.M. Cost, \$2.00 per session. Call for information 440-449-4804.
- Matinee Movies. <u>Tuesday</u>, May 22, at 2 00 P.M., "My Giant" starring Billy Crystal and Gheorghe Muresan, PG, 1 hr. 44 min., in the Hill-crest Hospital Ross Auditorium, (Lower Level). Movie, popcorn, and soft drinks are free. Reservations at 216-430-8432.
  - Watch and Fragrance Sale, May 3 & 4,

Thanks to Karla Lindsey

## From St. Francis of Assisi's Bulletin

In the Book of Esther, we find the Queen in deep prayer. "Save us by Your power and help me, who am alone and have no one but You, O Lord. You know all things."

Many of us in our declining years are like Queen Esther. In spite of willing hearts, we often know there is no one but God who can truly help us. Although we often look to God as the answer to our prayer, we fail to really trust our God, who knows and sees more than we can imagine.

In Matthew's Gospel, we hear Jesus say to His disciples, "Ask and you shall receive." And so, we set out to give God all the demands that will make life "better." God does not expect us to lay out in specific detail what we are praying for, but to simply trust Him in all things. We need Esther's trust: "You know all things." We need confidence in God, confidence that God will do what is best whether it is what we pray for or not. Possibly, more prayer should be asking to be in tune with God, rather than asking for specific things which we think we absolutely need. Prayer doesn't really change things around us. It does not alter physical laws. Prayer changes us. Too bad that so many of us do not take prayer seriously. Only a persistence of prayer, a regular intentional practice of prayer, can teach us how life-changing it can be. In the words of St. Teresa of Jesus, "Let nothing trouble you, let nothing frighten you. Everything passes, God is faithful. Patience reaches everything. Whoever has God lacks nothing. God is enough."

Nothing is so strong as real gentleness, nor as gentle as real strength.

# The villa

# Voice

May, 2001

Volume XXXIV Number 5

eautiful May! Warm weather has returned at last to North East Ohio and the trees, shrubs and flowers are again at their youthful best. We celebrate Mothers Day Sunday, May 19 by remembering those who nurtured us and those we nurtured. May of us receive bright hand-made cards from grandchildren and great-grandchildren. A Crayola Card – from those who care enough to send the very best! Bless the many women raising children today for they have a big job to do.

Memorial Day we honor the many men and women who have our country in the armed forces. Flags and parades commemorate the many who have lost their lives in the armed services. Our prayers go to the many who today are spread over the globe protecting democracy.

Wonderful programs are planned for this "Merrie Month of May". May is Better Hearing Month and you may take the opportunity to prove it. **Richard Fantl,** Audioprosthologist, will offer free hearing screening tests **May 10** from 1:30 to 4 PM.

Richard is licensed and Board Certified in Hearing Instrument Sciences and believes hearing aids should be fit properly and be adjusted so they are used – just like a properly fitting shoe. Call the office and schedule your 15 minute appointment.

Crowd pleaser Mike Jacobs returns to The Villa May 11th. Wonderful food and wonderful music are standard fare here so call soon to order tickets.

Mark your calendar for May 18 when Tops Cardone brings his great sound to our diners and dancers. Tops' music is a big favorite you won't want to miss.

Newcomer **Phil Bodanza** will play and sing a variety of old standard melodies for your evening enjoyment **May 21st.** Phil has played for coffee houses and ballrooms for 30 years and has a wide following. Be at The Villa at 6:30 to hear this fine performer.

Brown Bag Bingo will be Thursday, May 24th. Bring your lunch and happy smiles and enjoy a day with friends. Dessert and coffee provided by Villa Serena-as always!

St. Francis Foundation and Villa Serena

VIIIA Serena

Senior Citizens

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Mayfield Hts., Ohio

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Mother's Day