

Dinner at Villa Serena

November 13

Ham or Fish

Sweet Potato Special

Vegetable

Dessert

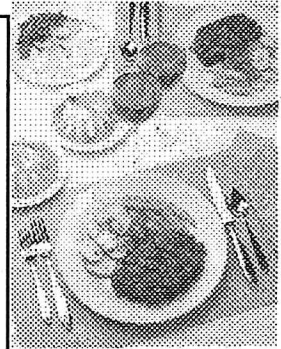
Ham \$8.00, Fish \$7.00

November 20 – Thanksgiving

Turkey with All Trimmings

Dessert

\$8.00



Villa Voice 6800 Mayfield Road
Mayfield Heights, Ohio 44124

Non-Profit Organization
U.S. Postage Paid
Cleveland, Ohio
Permit No.
175

Monday	Tuesday	Wednesday	Thursday	Friday
2 All Souls Day 9:30 Bocci 9:30-12:00 Ceramics 6:30 Cards	3 Election day 10:00-11:30 Blood Pressure 3:30 Rosary 7:00 Game Night	4 9:00-1:00 Sewing 9:30 Bocci 7:00 Cards	5 6:00 Bocci	6
9 9:30 Bocci 9:30-12:00 Ceramics 6:30 Cards	10 3:30 Rosary 7:00 Game Night	11 Veterans' Day 9:00-1:00 Sewing 9:30 Bocci 7:00 Cards	12 6:00 Bocci	13 5:00 Dinner 6:30 Program
16 9:30 Bocci 9:30-12:00 Ceramics 6:30 Cards	17 3:30 Rosary 7:00 Game Night	18 9:00-1:00 Sewing 9:30 Bocci 7:00 Cards	19 12: Brown Bag Lunch 1:00 Bingo 6:00 Bocci	20 5:00 Dinner 6:30 Program
23	24	25	26 Thanksgiving	27
30 9:30 Bocci 9:30-12:00 Ceramics 6:30 Cards	MOVIE NIGHT Sunday, November 15 6:30 PM			

Birthdays and Anniversaries November 1998



Birthdays

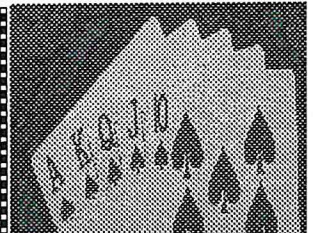
November	1	Mary Ann Tobin	#514			
	2	Kathleen Compiseno	#409			
	2	Magdalene Strache				
	3	Ann Fitzpatrick				
	4	Tillie Patete				
	4	Sophie Robbins		20	Beatrice Epstein	
	5	Jack Higgins	#420	21	Joseph D'Amato	
	7	Mike Ward	#713	21	Tony Gentile	
	8	Mary Turos		21	Catherine Haggerty	
	9	Theresa Yacobucci		21	Chester Oleksak	#629
	10	Philomena Barbita		21	Andy Sworan	#825
	10	Aldy Regalbuto		22	Irene Doyle	#219
	10	Mary Weimer	#608	23	Marjorie Andrews	
	11	Nate Cohen		23	Norman Kobel	#318
	11	Leo Perry		24	Marianna Skarnus	
	13	Elaine Anderson		25	Domenic Trozzi	#316
	13	Jennie Iannetta	#731	26	Jeanne Earl	#421
	13	Ray Klocek	#803	26	Rose Miklos	#225
	13	Mary Robertson		27	Frank Heinrich	
	14	Walter Haffey	#721	27	Michael Turocy	#217
	16	Clarina Rosa		28	Mary Amling	#532
	16	Mary Secura		28	Elisa Raines	#213
	17	Dorothy Mullen	#720	29	Eleanor Petti	
	18	Angie Federico		29	Ann Trozzi	#316
	18	Lillian Hruska		30	Betty Teachout	
	18	Natalie Mihelvic				
	19	Marie DeGeorge				
	20	Sally Berlin				
				<u>Anniversary</u>	23 M/M Dominic Trozzi	#316

Monday Night Pinochle

<u>September 21</u>		<u>September 28</u>		<u>October 5</u>		<u>October 12</u>					
Marie Stoll	622	2.00	Gert Pierce	585	2.00	Eddie Mark	540	2.00	Mitzi Weber	611	2.50
Anne Panichi	589	1.75	Mitzi Weber	556	1.75	Mary Blasko	514	1.75	Ed Mack	555	2.00
Helen Balutis	566	1.25	Thelma Lilje	535	1.25	Mitzi Weber	512	1.25	Howard Barnes	542	1.50
Ed Mark	565	1.00	Anne Panichi	529	1.00	Thelma Olsen	503	1.00	Jennie Cellura	540	1.00
									Andy Sworan	540	1.00

Wednesday Night Cards

<u>September 23</u>		<u>October 7</u>	
1. Rudy Derdul	4. Thelma Lilje	1. Jennie Cellura	4. Howard Barnes
2. Marcella Stianche	5. Jennie Cellura	2. Marcy Stianche	5. Thelma Olson
3. Marie Stoll	6. Eddie Mack	3. Rudy Derdul	6. Mary Blasko



New Carpeting Brightens Hallways

One of our oldest permanent fixtures was unceremoniously relegated to the dumpster during the weeks of October 11 and 18 when Villa Serena's original hallway carpeting was replaced by the Pearl Carpeting Co.

The new carpet was chosen for color complement and cheery brightness, as well as for environmental properties. The old carpet gave good service for all these years, but had seen its best days, and had, like so many of us, reached retirement age.

The new flooring is made of a synthetic fiber called Olefin. This material is in



compliance with all the fire safety regulations that are set down by HUD and FHA, the glue used is environmentally friendly, and it has no unpleasant odor.

The carpeting is stain, mold, mildew, fade, and static resistant, and is another in a series of ongoing major improvements to our beautiful home. The fact that residents were dispossessed or confined to

quarters for a few hours is a small price to pay for this marked upgrade.

Just For Laughs...

How to Know You're Getting Older – III

You feel like the morning after, but you haven't been anywhere

You finally reach the top of the ladder and find it against the wrong wall

Your favorite part of the newspaper is the "20 Years Ago Today" feature

A fortune teller offers to read your face

You see a pretty girl and your pacemaker causes the garage door to go up

That old gray haired lady that you helped across the street is your wife

There's too much room in the house and not enough in the medicine cabinet

You know all the answers, but nobody asks you the questions anymore

You think the print on this page is

Too Darn Small!!!

Smile, Darn Ya, Smile

Researchers at the Human Interaction Lab at the University of California found that a fake smile produces the same change in brain activity and heart rate as the real thing does!



These were supplied by an anonymous friend.

Our thanks, and if you want credit, just say so.

A man said his wife is an angel: always up in the air and harping.

The older generation thought nothing of getting started at 5 AM. The younger generation doesn't think much of it, either.

The world would be a better place if people were as patient in all things as in waiting for a fish to bite.

For disappearing acts, it's hard to beat the where the eight hours go that are left after eight hours of sleep and eight hours of work.

Faith, Hope, and Charity...

On September 24, the Plain Dealer ran an article concerning American's charitable habits. It pointed out that individuals annually give \$110 billion to charity, more than ten times as much as is given by all charitable foundations combined. 89% of this came from people earning less than \$100,000 a year. In addition, 93 million Americans do volunteer work, averaging 4 hours per week.

We here at Villa Serena are blessed, indeed, to have what we have, and should feel a sense of gratitude. For those of us who can afford it, writing a check to one's favorite charity is as easy as paying the rent. For those who feel pinched financially, ask yourselves if you don't have a couple of hours of free time that you could devote to making life a little nicer for someone else. Opportunities are all around us, if we just look for them.

Imagine if everyone at V.S. volunteered five hours of time and donated \$5 per week. At the end of one year we would have contributed nearly 60,000 hours and \$60,000! Don't think that a small effort doesn't mean anything; political scientist James Q. Wilson says "Restoring dignity and autonomy to people is done one person at a time."

If you can't think of a good selfless reason to do something charitable, think of a good selfish one: *it makes you feel better about yourself.*

... but the greatest of these is Charity.

National Elections Tuesday, November 3

Be sure to vote this year. It's your civic duty and it couldn't be easier than it is here at the Villa.



A Couple of Brain Teasers

1. A boy has 15 coins, dimes and quarters, totaling \$2.25. How many of each denomination does he have?

2. Jim can paint a house in 6 days, and John can do it in 3 days. How long would it take them working together?

3. Arnie and Ann have 14 apples. If Arnie had twice as many as he has, he would have one more than Ann has. How many does each of them have?

(Answers at the bottom of the page)

Saint Francis Cherubs Entertain

Mayfield Heights' version of the Singing Angels regaled an appreciative audience in the Red Room on September 25, with concerts at 10:45 and 2:00. Mrs. Mazzeo and Sister Myra brought the preschoolers, aged 4 and 5 to sing songs and pass out homemade greeting cards. The V. S. concert-goers were delighted and amused by the tots, who were a charming mixture of shy and outgoing, and whose smiles would melt the heart of the worst Scrooge among us. Many thanks to the folks at St. Francis and please hurry back.

The "Titanic" managed to avoid icebergs long enough to sail into the Red Room for viewing on September 20 and 21. Watch for this month's movie!

Answers

1. 10 dimes, 5 quarters.
2. 2 days.
3. Ann 9, Arnie 5.

More Good Old Stuff

In the November, 1991 issue of *The Voice*, a remembrance of Eileen Bentler, a long time resident who was recently deceased, included this Thanksgiving prayer which she contributed.

Dear Father, thank you for bringing us all to another Thanksgiving Day. Each year, as we celebrate this old and beautiful holiday we turn our thoughts, which have a habit of getting lost in the hustle and bustle of everyday life— to You. To tell You that we are grateful for Your blessings, our safe, warm home, neighbors and friends who have become so dear to us, something to do, something to love, and something to hope for; for Your love, Father, which has enriched our lives since the first

breath that we drew, good and loving parents, sisters and brothers; for education, employment, recreation, and above all the chance to establish our own home and family and, with Your help, to send our own precious children out to start the cycle of life over again.

We thank you, Father, particularly for your grace and help which has brought us through the storms and helped us over the rough spots, especially the grace to face our senior years with serenity, with a little more kindness, a little more loving, helping, smiling, giving, patience, tenderness and courage and a little more trust in our fellow man and in You, Father, our most gracious benefactor. May the sun never set on a single day that has not echoed our grateful thanks.

Amen.

Reminders

Residents: Be sure the office has your current phone and license plate number.

Members: Don't let your card expire. Get your membership fee in if it is due.

Handicapped Parking Spaces Added

It was good news for those of us who have a bit of trouble getting around. On October 1st, Villa Serena added 13 handicapped spaces on the west side facing the building.

Villa Victor

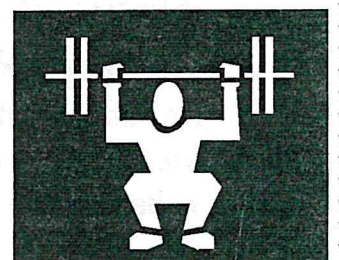
Klocek Wins Power Lifting Title

Ray Klocek, of #803, has brought a bit of reflected glory to our domicile in the form of a championship trophy. Ray, a resident since this summer, won the bench press event in the National Seniors' power lifting competition at the Bedford Recreation Center at the end of September.

Ray, who had always kept in good shape, got into lifting two years ago. He works out for two hours about three times a week, and he says that it is particularly bene-

ficial for maintaining bone density. He has now qualified for international competition in Germany, and hopes to see it as an Olympic sport someday.

This year's competition included entrants from all 50 states, and from Tonga, in the Fiji Islands. About 150 men and women competed. They vary in age from teens to septuagenarians and are classified by weight and age. Good work, Ray, and keep it up!



Summer's Floral Grandeur

Fall! Ah, how sad!! We surely had a great summer, and how beautiful our home looked.

Nancy Menage, of #630, and myself, Bert Morehart of #717, wish to thank each and every one of you for your help and support in the yard and garden.



Whether you watered, fertilized, trimmed bushes, cut trees, mowed the lawn, or simply said a few words of encourage-

ment to those of us who did, you were all great and I'm sure you have more stars in your crown for it. Thanks.

We are quite a team. Remember, our home is what we make of it. It's great to see so many care.

Have a good winter, and look forward to spring when we can blossom and work side by side with our neighbors and friends. Thanks again—you're all great. -Bert

Personal note: The flowers were spectacular this year. I add my thanks. -Ed

Energy Conservation Tips

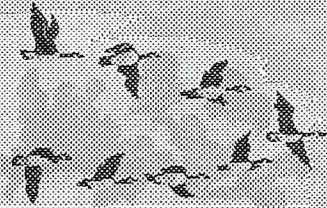


Cold Weather Ahead

It's fall, and winter's coming. Time to remember some of the energy saving tips we should all be conscious of here at the Villa, just as we were in our own homes.

1. Keep your windows closed. If your apartment becomes overheated, report it to the office.
2. On sunny days, open curtains and drapes to let the sun help warm your apartment.
3. Report any plumbing leaks immediately, and conserve the use of hot water. You can help with this by washing full loads, rather than small loads one at a time.
4. Conserve by the way you cook and

use small appliances. **TURN OFF LIGHTS, TELEVISIONS, IRONS AND OTHER APPLIANCES** when not in use, and **ESPECIALLY WHEN YOU GO OUT.**



5. Stoves are not for heating. They are for cooking.
6. Do not block air outlets and returns with furniture, curtains, or other items.

We really need your help. Utility bills in all apartment buildings today are becoming a very serious problem, with higher bills arriving every month.

You can help greatly by conservative use of water, electricity, and heat wherever possible.

The Joys of Aging

I have become quite a frivolous Old Gal. I'm seeing five gentlemen every day! As soon as I awake, Will Power helps me out of bed. When he leaves I go to see John. Then Charley Horse comes along, and when he's here, he takes a lot of my attention. When he leaves, Arthur Ritis shows up and stays the rest of the day. He doesn't like to linger in one place, so he takes me from joint to joint. After all that, I'm tired and ready for bed with Ben Gay. What a life. -Bert

The cooler, shorter days of November speed us towards the beginning of the holiday season. These are the times we gather with friends and family to celebrate our many blessings. We also step-up our shopping and cooking to fill holiday needs for gifts and goodies.

Thanksgiving, it is said, is more a year-round attitude than a November holiday. And, psychologists tell us that the happiest people are those who are grateful. We at The Villa are grateful indeed so of course we are some of the happiest people anywhere! We are grateful for family, friends and good neighbors. We give thanks for those in the armed services protecting the peace within our shores.

Have you ever tried to be thankful for one new thing each day? How many days before you really had to think hard for something

new? Try writing down one thing for which you are grateful each day and see how many days go by before you start to scratch your head for a different blessing.

This month's Birthday and Anniversary dinner will be celebrated **November 13th** with a fine night of wonderful Villa Serena food and the great music of **Mike Jacobs** and his band. Mike's four man band of dance music is always a treat.

Our traditional **Thanksgiving Dinner** will be celebrated **November 20th** with a complete turkey dinner and all the special trimmings. Afterwards we will enjoy the **SELREC Singers** perform a fine collection of seasonal music. Join the Villa family for a wonderful feast and beautiful music.

Also, be sure to note another afternoon of **Brown Bag Bingo** on **Thursday, November 19th**. See you there!

Villa Serena
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