

Dinner at Villa Serena

November 16

Thanksgiving Turkey

All the trimmings

Dessert

\$8.50

November 30

Pork Chop or Fish

Macaroni and cheese

Vegetable

Dessert

Pork Chop \$8.50

Fish \$7.50

St. Francis Foundation

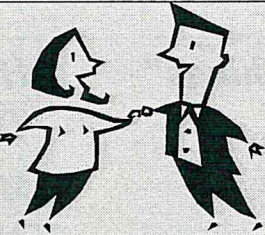
Villa Voice 6800 Mayfield Road
Mayfield Heights, Ohio 44124

Non-Profit Organization
U.S. Postage Paid
Cleveland, Ohio
Permit No.
175

Monday	Tuesday	Wednesday	Thursday	Friday
		1 All Saints Day 9:00 Sewing 2:00 Exercise	2 10:00 Stay Well Nurse	2
5 1:00 Ceramics 6:00 Cards	6 Election Day 3:30 Rosary 7:00 Game Night	7 9:00 Sewing 2:00 Exercise	8	9
12 Veteran's Day 1:00 Ceramics 6:00 Cards	13 3:30 Rosary 7:00 Game Night	14 9:00 Sewing 1:00 Craft Class 2:00 Exercise	15 10:00 Stay Well Nurse	16 2:00 Mass 5:00 Dinner 6:30 Program
19 1:00 Ceramics 6:00 Cards 6:30 Program	20 3:30 Rosary 7:00 Game Night	21 9:00 Sewing 1:00 Craft Class 2:00 Exercise	22 Thanksgiving	23
26 1:00 Ceramics 6:00 Cards	27 3:30 Rosary 7:00 Game Night	28 9:00 Sewing 1:00 Craft Class 2:00 Exercise	29 10:00 Stay Well Nurse	30 5:00 Dinner 6:30 Program

Meet the Neighbors

by Lucy Morgan



Welcome **Joan Jelinek**, our new neighbor in #610, who moved in in October. Joan was born on the east side of Cleveland, and lived in Bedford before, and Maple Heights after, her marriage. She is a graduate of South High School. She worked for the Standard Oil Company (remember them?) in the Midland Building on Public Square, as a keypuncher. She later was promoted to the tabulating room for two years.

Joan has one daughter, who lives in Euclid and works as a secretary for Eaton Corp. Her daughter referred her to Villa Serena.

She is an avid pinochle and bingo player. She is also a baseball fan, as are so many of us these days, and she loves to see the Tribe win.

Hi, Joan, glad you're here! Check out the Villa's activities on the calendar on page 7.

Thanks, Lucy

Editor's note: A little bit of Cleveland history: the Midland Building was home for many years to headquarters for 4 major Cleveland corporations: Republic Steel, the Erie Railroad, the Standard Oil Co., and Sherwin-Williams, Inc. They cooperatively set up a management firm for the building which they called RESS, from the first letter of the four corporation's names. Employees ate in the RESS Cafeteria.

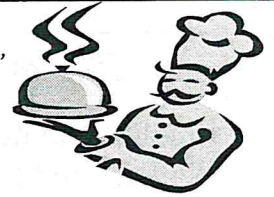
Excerpted from the Wall Street Journal:

"Americans are looking for pills to help them cope with these turbulent times... prescriptions for antidepressants in September... increase(d) 16% from the same period last year. Others are fearful of bioterrorism and have asked for sleeping pills.

"For many, it may not be appropriate to start medication intended for a chronic illness to address an immediate stress."

As always, follow your doctor's advice.

From "Home for the Holidays,"
published by the V. F. W.



Tortellini Soup

- 3 lbs, Italian sausage
- 1 large onion, chopped
- 2 cloves garlic, minced
- 1 small bag baby carrots
- 3 cups beef bullion
- 3½ cups tomato sauce
- 4 cups tomatoes, drained and crushed
- 1 cup water
- 2 tbsps. dried parsley
- 2 tbsps. dried oregano
- ½ tsp. celery salt
- 1 bay leaf
- 2 (9oz.) packages cheese tortellini,
prepared as directed
- fresh Parmesan cheese

Saute sausage and drain fat. Add onion and garlic and saute until onions are transparent. In a large pot, add all ingredients except tortellini. Simmer for 1½ to 2 hours. Add cooked tortellini and serve. Sprinkle with Parmesan. This soup freezes well, says the book.

6 hearty servings

Bon appetit!

Why do leaves change color? Leaves are basically food making machines. They use the green pigment chlorophyll to help in the process. As the days shorten and leaves absorb less light, trees prepare for autumn by stopping the food production line. Consequently, the production of chlorophyll drops off, turning leaves orange, yellow, and red, according to the tree, and much to our delight, despite what this all portends.

Sing to "A Few of My Favorite Things"

Maalox and nosedrops and needles for knittin',
Walkers and handrails and new dental fittin's,
Bundles of magazines tid up with string,
These are a few of my favorite things.

Cadillacs, cataracts, hearing aids, glasses,
Polident, Fixodent, false teeth in glasses,
Pacemakers, golf carts, and porches with swings,
These are a few of my favorite things.

When the pipes leek, when the bones creak, when the
knees go bad, Then I remember my favorite things, and
then I don't feel so bad.

Hot tea and crumpets, and corn pads for bunions,
No spicy hot food and no food with onions,
Bathrobes and heat pads and hot meals they bring,
These are a few of my favorite things,

Back pains, confused brains, and no fear of sinnin',
Thin bones and fractures and hair that is thinnin',
And we won't mention our short shrunken frames
When we remember our favorite things,

When the Joints ache, when the hips break, when the eyes
grow dim, Then I remember the great life I've had, and
then I don't feel so bad!

From the Internet, reproduced by request

Hillcrest Senior Circle Bus Trips

Madrigal Dinner

At Stan Hywet



Hall & Gardens, Akron, Ohio

Thursday, November 8, 2001, \$ P.
M. to 11:30 P.M. Cost, \$59 per
person. The mansion decked out
for the holidays, trumpet fanfare
for the procession of the boar's
head, and a festive evening filled
with an Elizabethan feast and
songfest. Transportation, tour,
beer, wassail, steak, potatoes, and
the works.

Greektown Casino, Detroit, Fri-
day, November 16, 2001. 7:00 A.
M. to 11:00 P.M. Cost, \$30 per
person. Voted the "Best Casino
and Best Slots" in the Detroit area.
More nickel slots than any other
Detroit area casino. Transporta-
tion and Greektown Casino Bonus
of \$20 in coin.

Call **216-491-7111** for all reserva-
tions and further information.

For all our conspiracy theorists: Didja ever stop to think? Villa Serena, over the spring and summer, spent well into six figures on brick work, increasing the value of the building. Would they have done that if the place were for sale? Would the hospital pay for it? Obviously, if you've seen the Clinic on Carnegie Ave., they would only want the land, not an improved building.

We don't want it to come as a shock, so be aware that the Social Security adjustment will probably be 2½% on Jan 1. That's \$25 on a \$1000 benefit.

Cleveland Area Events of Interest, November, 2001

Cleveland Museum of Art — Picasso

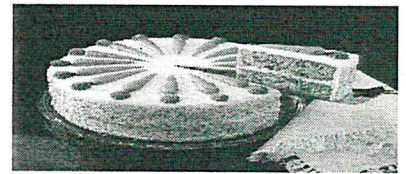
10/21 to 1/6/02 The Artist's Studio

10/30 to 12/30 Object in Focus, Still Life Under a Lamp, 1962

11/19 to 1/27/02 The Stamp of Impulse: Abstract Impressionist Prints

November 22, Thanksgiving Day

Birthdays and Anniversaries November 2001



Birthdays

November 3	Bill Gemma		November 20	Beatrice Epstein	
	John Ondak	#506		Angela Molli	
4	Sophie Robbins		21	Joseph D'Amato	#512
7	Frances Balske	#330		Tony Gentile	
	Madeline Cannovino			Catherine Haggerty	
	Mike Ward	#713		Chester Oleksak	#629
9	Grace Barber		22	Irene Doyle	#230
	Theresa Yacobucci		23	Norman Kobal	#318
10	Philomena Barbitta		24	Catherine Boothe	#528
	Harris Rosewater	#623		Marianna Skarnus	
	Ted Turlik	#503		Luvert Thomas	#525
13	Jennie Iannetta	#731	25	Dominic Trozzi	#213
	John Kochis	#331	26	Rose Miklos	#225
	Mary Roberts		27	Frank Heinrich	
14	Walter Haffey	#721		Michael Turocy	#217
15	Laila Nagy	#831	28	Joan Jelinek	#610
16	Mary Secura			Elizabeth Pymn	#808
18	Lillian Hruska		29	Donald Calderone	
	Mary Manocchio		30	Ida Caruso	#613

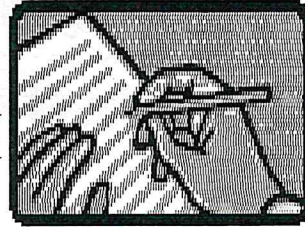
MANY THANKSto area merchants who so generously donated gift certificates to winners of the Halloween Costume contest. The Villa Serena staff hopes you will patronize the following businesses: **PANERA BREAD & RESTAURANT, TOPS MARKETS, WALGREENS, BOB EVANS RESTAURANT, BUCA DI BEPPO RESTAURANT, JOHN ROBERT'S HAIR SALON and FOX AND HOUNDS RESTAURANT.** Your thoughtfulness is much appreciated.

A NEW CLASS is offered to residents and Senior Center members. Jean Balas, who taught our art class in the spring, will teach a four week craft class concentrating on Thanksgiving and Christmas projects. Table and door arrangements using pine cones, seed pods and pressed flowers will be taught. Learn to make place mats and napkin holders, holiday bows and lots more. Classes begin Wednesday, November 14th, and last from 1 to 2:30 P.M. Join the gang and have some fun.

<u>Monday Night Pinochle</u>							
<u>September 24</u>		<u>October 1</u>		<u>October 8</u>		<u>October 15</u>	
Marcie Stianche	607 1.50	Marcie Stianche	552 2.25	Stella Benjamin	573 2.50	Marcie Stianche	578 2.00
Mitzi Weber	547 1.00	Jack Wells	530 2.00	Joe Damanti	551 2.00	Ernie Fioritto	570 1.50
Jennie Cellura	487 1.00	Ted Johnson	544 1.25	Jack Wells	542 1.75	Marie Kavalunas	539 1.00
		Stella Benjamin	525 1.00	Marcie Stianche	536 1.25	Laila Nagy	530 1.00

Adding Letters

Add the same letter to the front of each of the words given in one group reading across and you'll get five new words. In the example, add "A" to each word to get the new words.



Example: __ bout __ base __ corn __ gain __ greed

1. __ lope __ on __ rode __ vent __ state
2. __ one __ rag __ airy __ itch __ ream
3. __ ink __ use __ eel __ over __ after
4. __ arm __ inch __ hip __ heat __ ebbd
5. __ each __ and __ rave __ ring __ out
6. __ am __ ounce __ oust __ ade __ argon
7. __ earn __ ours __ east __ owl __ ear
8. __ licked __ act __ ire __ latter __ reed
9. __ ill __ own __ otter __ ease __ angle
10. __ hone __ lace __ it __ ace __ art

Answers

Answers:

1. E 2. D 3. R 4. W 5. B 6. J 7. Y 8. F 9. T 10. P

Just For Laughs...

The closing years of life are like the end of a masquerade party, when the masks are dropped.— *Schopenhauer*

Old age is not for sissies.— *Anon*

Old age is when the liver spots show through your gloves. — *Phyllis Diller*

Old age is like a plane flying through a storm. Once you are aboard there is nothing you can do.— *Golda Meir*

When I was young, there was no respect for the young, and now that I am old, there is no respect for the old. I missed out coming and going.— *J. B. Priestley*

You know you're old when you notice how young the derelicts are getting.— *Jeanne Phillips*

After age seventy it's patch, patch, patch.— *Jimmy Stewart*

Big deal. I'm used to dust. *Erma Bombeck's proposal for her own gravestone epitaph*

They say such nice things about people at their funerals that I'm sorry I'm going to miss mine by a few days. — *Garrison Keillor*

What Einstein was to physics, Babe Ruth was to home runs, Emily Post was to manners... that's what Edward G. Robinson was to dying like a dirty rat.— *Russell Baker*

Hillcrest Hospital Senior Services

The Meridia Senior Circle of Care many services available, Call **440-449-4804**.

Healthcare Counselors to help you with your bills. This service is free and available to seniors. Call for appointment.

Senior Circle Supper Club. Third Tuesday of every month in the hospital cafeteria, at 3:30 P.M. Cost, \$3.50 All meals include a salad, roll, beverage. November 20, Breaded pork chop, stuffing with, green bean casserole, and apple pie, followed by entertainment by **Grand Pointe Retirement Community**. Tickets at the hospital cashier, in the Hillcrest Atrium Lobby 9:00-3:30 weekdays.

Free Healthcare Lectures. Wednesday, October 10, at DeJohn Community Center, 6306 Marsol Rd., "*Med\$ave: Identifying and Reporting Medicare and Medicaid Fraud, Waste, and Abuse,*" Western Reserve Area Agency on Aging. Free refreshments at 9:30 AM, lecture from 10:00 to 11:00. Reservations required in advance. Please call **216-430-8432**.

Senior Fitness Programs. Classes are held at Our Savior Lutheran Church, 2154 SOM Center Rd., every Tuesday and Thursday from 9:30 to 10:30 A.M. Cost, \$2.00 per session. Call for information **440-449-4804**.

Matinee Movies. Tuesday, August 28, at 2:00 P.M., "Shakespeare in Love" starring Gwyneth Paltrow and Ralph Fiennes, rated R, 2 hr. 2 min., in the Hillcrest Hospital Ross Auditorium, (Lower Level). Movie, popcorn, and soft drinks are free. Reservations at **216-430-8432**.

Thanks to Karla Lindsey

From the St. Francis of Assisi Bulletin

The members of the congregation were asked if they had any announcements or prayer requests. Bob said, "I'd like to announce our 37th anniversary is coming up Wednesday." At the obvious prompting of his wife, he added, "Make that our 38th." A voice in the back was heard to say, "I'd like to offer a prayer for Bob."

Senior years need not be filled with frustration, bitterness, anger, or remorse. Aging is but another stage of life, a doorway rather than a dead end.

Robert Browning so beautifully expresses:

Grow old along with me! The best is yet to be,/ The last of life for which the first was made:/ Our times are in His hand, Who saith, "A whole/ I planned, Youth shows but half, trust God."

Just as we tend to our physical body, we need to probe, care for, stimulate, and nurture our souls. Over the years we have given roots to our being and developed our wings to fly home.

Feelings and emotions are gateways that lead us to the light of our inner beauty. Feelings are not positive or negative. They are part of the total us. We are not accountable for our feelings, but for how we act them out. Feelings denied do not go away. Jesus showed us how to touch, recognize, and express feelings, in His display of love, concern, empathy, and even anger.

Psalm 139 says, "Lord... You understand my thoughts from afar." May God lead us to explore the innermost thoughts and feelings that touch who we really are.

Message on the back of a taxi: "Don't drink and drive. My fee: \$25 per hour. Your attorney's fee: \$200 per hour."

In times of trouble or grieving it is often difficult to appreciate, or even notice, one's blessings. The crisis this nation has experienced for the past few months causes many to be fearful because of the countless unknowns. Are we blessed even now? This Thanksgiving holiday we count the blessings of living in a strong, democratic nation with good leaders and patriotic citizens. We are thankful for the new camaraderie felt by Americans for one another and the tightening of the family unit. We are thankful for the perspective added to our lives as to what is truly most valuable. We ask the Lord's blessings on our leaders and those in the armed forces and we give thanks for His love of us all.

We will celebrate Thanksgiving at Villa Serena in the traditional way on **November 16th** by serving our wonderful turkey dinner with as many trimmings as one could consume. Afterwards, enjoy the **SEL-REC Singers** perform a program of music and song that will delight one and all, so plan to join us.

On **November 19** at 6:30 join your

friends here for **Dale Arvay and Marla Mock** who return to The Villa for an evening of tunes. Marla is vocalist and flute player while Dale plays piano and leads us down memory lane in a lyrical reverie. This pair has always been a hit and you will be glad you didn't miss them.

Spend a pleasant afternoon with friends and neighbors at **Brown Bag Bingo** on **November 29th**. Bring your lunch and enjoy beverage and dessert provided by Villa Serena. What a fine way to spend a chilly afternoon!

The Euclid Senior Band, **The Silvertones**, have been delighting music and dance lovers in our Red Room for many seasons and will return **November 30th**. We always enjoy this group and this will be no exception. This is our Birthday and Anniversary dinner so advise the office to get a discounted ticket.

Win a free dinner and 2 free bingo cards by bringing a new member to the Senior Center in November, December or January. For each new member, you're the winner of the Bingo & Dinner prize.

St. Francis Foundation and
Villa Serena
Senior Citizens
Center
6800
Mayfield Rd.
Mayfield Hts.,
Ohio 44124
440-449-3977
Cathy Jaspersen,
Administrator
Mike Ward, Editor
Genevieve Devney
Editor Emeritus
Staff
Josephine Andrews
Naomi Carle
Carole Clay
Bert Morehart
Lucy Morgan
Dorothy Penkava
Gene Zachary



Thanksgiving